



The Light

District 4

Texas East Area 53



**District Officers/
Coordinators**

- District Representative
Margaret F
txedist4rep@yahoo.com

- Alt District Representative
Paulette N
Pnemec.fo@gmail.com

- Secretary
Vacant

- Treasurer
Kim R
kreber@comcast.net

- Public Outreach
Sheri D
sheridenton@ymail.com

- Alateen Coordinator
Renee G
prolawnmail@yahoo.com

- Archivist
Joyce Y
jyodat@aol.com

- Spanish Coordinator
Nora F
norafirma822@gmail.com

- Spanish Translation
Rosario C
rosariocarothers@outlook.com

- ISR Liaison
Sharon E
sehrenkranz@stlaurence.org

- Newsletter
Laura B
laurabafg1972@gmail.com

District Representative Report

Summer has shown up early. Hope everyone has fun plans for the summer. I plan to take it easy and enjoy life as it comes. Plan to visit some of the groups in the district.

Samantha A. has resigned as the District Secretary. A new secretary will be elected at the June 11th meeting. Please be willing to step up and serve. Remember "When I Got busy...I Got Better". Also, will need someone to be willing to take minutes of this meeting.

The Day in Al-Anon on March 26th brought together approximately 80 participants from far and near. They enjoyed workshops centered around "...In All Our Affairs – Making Crises Work for You". Lots of fun, fellowship, and food was had. A big thank you to Houston Intergroup for supplying a vast array of literature to sell and the panelist of the workshops. Their participation was well received and appreciated.

Planning for the 2022 Fall Assembly – SOS- Save Our Serenity- (November 4-6, 2022) continues. Everything seems to be coming together, Volunteers are needed in all areas. Please talk in your groups and encourage participation. Hospitality volunteers are needed as well as raffle items. Come be a part of!

If your group's CMA is not able to print out *The Light Newsletter* to bring to your groups, please consider having an email person for your group. This person could email it to all the group members.

The Texas East website should be posting the new change forms soon. These forms are: registering a new physical Al-Anon Group (face to face), one for making changes to an existing group, and one for registering an electronic group.

Just returned from the 2022 Spring Assembly in Corpus Christi. What an experience... Great workshops, speakers, and the business meeting was short and to the point. Kudos to the eleven Group Representatives that attended. Always fun to travel with friends and have a meeting coming and going. Will have more information at district meeting.

The district meeting will be June 11, 2022, at Alvin Taylor Street Club. Fellowship starts at 9:00am and business at 9:30am. Natanya A., Area Website Coordinator will be hosting a workshop and overview of the Texas East website. Come learn and get familiar with the website. All are welcome. There will be a potluck lunch – bring your favorite dish as I feel it might be someone else's also. Don't leave me hanging!

Your trusted servant,
Margaret Ferguson
District 4 Representative
"Participation is the key to harmony" Concept 4

INSIDE THIS ISSUE

DR Report	1	Minutes	2-3
Agenda	4	Financial Report	5
General Information	6	Calendar of Events	7
Alateen Report	8	Archives Report	8
Group Reports	8	Lamplighters Anniversary	9
Face to Face Flyer	10	ATTAAC Flyer 2023	11

District 4 Minutes

District Group Meeting, Alvin, TX
Saturday, March 12, 2022
Alvin Taylor Street Club

The meeting opened with the Serenity Prayer then the Traditions and Concepts were read. Each member introduced themselves. There were 20 attendees that included 9 Group Representatives or Alternate Group Representatives. A vote was taken to accept majority rule for voting, and it passed.

Renee G. made motion to accept meeting minutes with corrections. Delia second it. Passed

Kim R. gave financial report as presented in The Light newsletter. A list of contributions from World Service Organization was passed around. The World Service Office spends \$263.00 per group each year.

Sheri D., Public Outreach Coordinator talked about her outreach program and the difficulties she is having with trying to go into the rehab facilities due to COVID restrictions. Ask that she be informed if anyone knows of any rehabs that might like information or any Health Fairs that the district could help facilitate.

Renee talked about the next AMAIS Certification class coming up on March 19, 2022. She noted that although teens had the opportunity to meet by Zoom, they had less participation. Mattie suggested that teens were less likely to participate due to not having privacy at home.

Nora F., Spanish Coordinator reported that the Spanish meetings are coming back. They are seeing some return to meetings. Leslie V. came with Nora because she is interested to see how it is to be a Group Representative. Delia will talk to Leslie and Nora about getting a translator for A Day in Al-Anon on March 26, 2022.

The Audit Committee reported that expenses and deposits for 2021 balanced. They recommend that no changes be made. Have sent to Coordinators for review.

New Service manuals will be online in May and the hardcopy will be available later.

Mattie T, Area 53 Delegate, needs love gifts by April 12th. All Groups are encouraged to send love gifts that are either purchased or a handmade craft. They can be sent to Mattie at 4118 Midstream Dr., Missouri City, TX 77549. She sends love gifts to other delegates of the World Service Conference which is April 26-30th. The Theme is: Enhancing Our Recovery Through Unity, Abundance and Understanding. The average cost of an envelope that she mails is \$5.00 and she sends about 100 envelopes. Discussed and voted to give a donation or a love gift. Stacy F. made a motion that we donate \$100 as a Love Gift to be used as needed to Mattie T., Delegate, for World Service Conference. Delia seconded the motion. 8 out of 9 voted yes. Motion passed.

Mattie encouraged everyone to start saving for the next Al-Anon International Conference which is June 29-July 1, 2023, in Albuquerque, NM.

Deadline for The Light reports will be May 25, 2022. Please send group reports.

Meeting continued after lunch:

Minutes Continued Page 3

Minutes continued from Page 2

2022 Fall Assembly discussions:

The cost of catering the Fall Assembly in Lake Jackson will be \$2955.50 for 200 people. This amount does not include gratuity or plates/plastic ware. Last year had 132 people. Volunteers are needed. This amount will be adjusted possibly according to how many signs up for the luncheon.

Paulette N., Literature coordinator, stated Intergroup will expect the district to pay for any literature and sell it. If it does not sell, then Intergroup would not take any books for return and/or refund. Discussion on what to do about purchasing literature to have available. Mattie will contact the President of the Board of Intergroup to see what other options there are for providing literature.

Linda F., Decoration Chair is needing slogans for SOS and needing round Life preservers for Decorations.

Hospitality was discussed: we have coffee pots; donated snacks and water will be needed.

Signs will be needed for the tables and to direct registrants. A writing workshop was suggested. Mattie suggested Kay or Joyce. to chair a writing workshop on Sunday morning. Skits were discussed.

Donation basket was passed. It was decided to give the \$118 to the Alvin Taylor Street Club.

Notes respectfully submitted by
Cynthia Godsey
Group Rep. "A Better Way" Bay City
979-216-6862

MESSAGE FROM PAULA H, AREA CHAIR:

"The phone number for the Comfort Suites is wrong. Should be 979-297-5545. Please change on any flyers you may be passing out."

"Reservations at the Best Western can be made starting May 31, 2022.

"This Link will be ready for use on Saturday, it usually takes BW Corp. 24 hours to put this link into action. We have all of your rooms set up in our system and they can be booked today through Oct. 21st to receive the \$109.00 rate."

[Best Western Plus Lake Jackson Inn & Suites - TX](#)

Tentative Agenda for District 4 Group Representative Meeting
June 11, 2022
Alvin Taylor Street Club

9:30 Open with Serenity Prayer

Traditions and Concepts

Welcome and Introductions

9:50 March 2022 Minutes. (As reported in The Light Newsletter)

10:00 Treasurer Report – Kim R. (reported in The Light Newsletter)

10:15 Website Workshop – Natanya A.

To Follow:

Coordinator reports: (if not in The Light or needs update) 2 minutes please

Alternate District Representative/Literature – Paulette N

Archives – Joyce Y.

Public Outreach – Sheri D.

Alateen Coordinator – Renee G.

Spanish Speaking Coordinator – Nora F.

Spanish Translation – Rosario C.

Newsletter/ Intergroup Liaison – Laura B.

Intergroup Liaison – Sharon E.

Lunch – 45 minutes

District Representative – Margaret F.

Old Business:

A Day in Al-Anon – Delia B.

2022 Fall Assembly Committee reports – Committee Chairs

New Business:

Elect new Secretary

Alternate GR expenses

Other

Adjourn:

Close with Al-Anon Declaration

Future Events:

Next District meeting – September 10, 2022 – Alvin Taylor Street Club

Face to Face – September 25, 2022 – Houston

Road Trip - You and Your Board Connect- October 29, 2022 – Cleveland, Ohio

2022 Fall Assembly – November 4-6, 2022 – Lake Jackson, Texas

District meeting – December 10, 2022 - Alvin Taylor Street Club

Al-Anon International – June 29 – July 1, 2023 – Albuquerque, New Mexico

FINANCIAL REPORT

	2021 Actual	1st QTR Jan-Mar	2nd QTR April-June	3rd QTR July-Sept	4th QTR Oct-Dec	2022 Actual	Budget for 2022
INCOME							
Contributions	\$ 1,532.60	\$ 128.35	\$ 645.55			\$ 773.90	\$ 2,000.00
A Day In Al-Anon	\$ -	\$ 290.00	\$ 1,601.73			\$ 1,891.73	\$ 200.00
Silent Auction	\$ 32.00					\$ -	\$ 275.00
TOTAL INCOME	\$ 1,564.60	\$ 418.35	\$ 2,247.28	\$ -	\$ -	\$ 2,665.63	\$ 2,475.00
EXPENSES							
A Day in Al-Anon	\$ -					\$ -	\$ 100.00
Alateen Coordinator	\$ -					\$ -	\$ 250.00
Alateen Training	\$ 45.49					\$ -	\$ -
Alt. District Representative	\$ -					\$ -	\$ 50.00
Archivist	\$ -					\$ -	\$ 50.00
Conference Call Service	\$ -					\$ -	\$ 250.00
Delegate	\$ -					\$ -	\$ 200.00
District Representative	\$ 453.25		\$ 79.47			\$ 79.47	\$ 800.00
Miscellaneous (Love Gifts)	\$ -		\$ 100.00			\$ 100.00	\$ 100.00
Public Outreach Coord.	\$ -					\$ -	\$ 1,500.00
Secretary	\$ -					\$ -	\$ 100.00
Service Arms	\$ 1,433.00	\$ 300.00	\$ 300.00			\$ 600.00	\$ 1,200.00
Treasurer	\$ 213.81		\$ 128.60			\$ 128.60	\$ 225.00
TOTAL EXPENSES	\$ 2,145.55	\$ 300.00	\$ 608.07	\$ -	\$ -	\$ 908.07	\$ 4,825.00
TOTAL NET							
	\$ (580.95)	\$ 118.35	\$ 1,639.21	\$ -	\$ -	\$ 1,757.56	

Bank Balance as of 5/16/22 \$ 8,670.71

Less Prudent Reserve \$ 1,000.00

Working Balance \$ 7,670.71

GENERAL INFORMATION**AL-ANON/ALATEEN WORD HELP
FREQUENTLY USED ACRONYMS**

AA – ALCOHOLIC ANONYMOUS
AFG – AL-ANON FAMILY GROUP
AAPP – AREA ALATEEN PROCESS PERSON
AIS – AL-ANON INFORMATION SERVICE (AKA INTERGROUP)
AMIAS – AL-ANON MEMBER INVOLVED IN ALATEEN SERVICE
AT – ALATEEN
ATAAC – ALL TEXAS AL-ANON/ALATEEN CONFERENCE
AWSC – AREA WORLD SERVICE COMMITTEE (TEXAS EAST AREA 53)
CAL – CONFERENCE APPROVED LITERATURE
CMA – CURRENT MAILING ADDRESS
**D4 – DISTRICT 4 (ALL OF FORT BEND, MATAGORIA, BRAZORIA,
GALVESTON, WHARTON COUNTIES)**
DAC – DISTRICT ALATEEN COORDINATOR
DR – DISTRICT REPRESENTATIVE
ETAAA – EAST TEXAS AREA AL-ANON/ALATEEN ASSEMBLY
GR – GROUP REPRESENTATIVE
ISR – INFORMATION SERVICE REPRESENTATIVE
LDC – LITERATURE DISTRIBUTION CENTER

If you are not able to attend a meeting in person please check the electronic meeting list on Al-Anon.org to find a meeting you can call in to or attend via an app.

Al-Anon Declaration

Let It Begin with Me

**When anyone, anywhere, reaches out for help,
let the hand of Al-Anon and Alateen always be
there, and — Let It Begin with Me.**

CONTRIBUTIONS TO DISTRICT 4 - EAST TEXAS AREA 53

(Please attach this form to your check or money order) **PRINT ALL INFORMATION**

Group Name: _____ Group # _____

City: _____ ST: _____ Zip: _____

Amount: _____ CK/MO #: _____

Sent by: _____

Send Self Addressed Stamped envelope (SASE) or

Email Address for receipt: _____

Make checks payable to: District 4 AFG. Please do not send cash by mail.

Mail to: District 4 Treasurer, [112 Sunflower Ln., Lake Jackson, TX 77566](#)

Calendar of Events

- June 11, 2022 District 4 Mtg
Taylor St
- June 25, 2022 Lamplighters Anniv.
- September 10, 2022 District 4 Mtg
Taylor St
- December 11, 2022 District 4 Mtg
Taylor St
- Feb 10-12, 2023 ATAAC 2023
Pflugerville, TX
- June 29-July 2, 2023 Al-Anon Int Conv
Albuquerque, NM

Links of Service Contributions

District 4 Check Payable to:
District 4

Mail to: District 4 Treasurer
112 Sunflower Ln,
Lake Jackson, TX 77566,

Area Contributions:
Check Payable to: ETAAA
Mail to:
ETAAA
P O Box 450675
Laredo, TX 78045

Al-Anon World Service Office
Check Payable to: AFG, Inc.

Mail to:
1600 Corporate Landing Parkway
Virginia Beach, VA 23454

Al-Anon Family Group Services (Intergroup)

Check Payable to: AFGS
Mail to:
9800 Northwest Freeway. Ste 201
Houston, TX 77092

Please submit reports or articles to:

Laura Bowen
laurabafg1972@gmail.com

By
August 20, 2022
For next issue



ALATEEN COORDINATOR REPORT

Howdy! Summer has arrived and unbelievably we have made it through another quarter of the current year. Hoping everyone is doing well, staying cool and enjoying themselves.

I'm happy to report that on March 19th we held new and rectification training for Al-Anon Members in Alateen Service (AMIAS) along with District 5. We had a total of 12 attend, 6 of which were new and 6 of which were recertifications. I was very pleased and excited over the attendance. It was a wonderful day of fellowship and sharing.

For anyone that did training and is reading this, please be reminded that forms for certification are required to be post-marked no later than May 27th so that our Area Records Alateen Chair, Ilene, can update the WSO. If anyone needs the information on where to send the forms or need to know what forms are required, please reach out to me.

Currently we still only have one active Alateen group in District 4, the SOS – Students of Serenity Alateen, that meet at the Bay Area Club on Tuesday evenings from 6:30 – 7:30.

Did you know that Alateen can be found on Facebook and Twitter? There is also the new app, Al-Anon Family Groups. If you don't have a meeting near you and are asked about Alateen please be sure to make mention of these resources. Let's see what the next quarter brings.

With Gratitude of Service,
Renee G.
District 4 Alateen Coordinator

ARCHIVES REPORT

Lois W., Al-Anon co-founder, stated "it takes only one person to start something, but many others to carry it out." (*Many Voices, One Journey, B-31, page 99*). District 4 is rich in Gratitude in Action through Service at all levels - Group, District, Area, and Intergroup. Through the years, five from our District have served at the Area level as Delegates to the World Service Conference, the largest group conscious of the Fellowship of Al-Anon. These Past Delegates are: Celia H., Suzie S., Dee L., Marilyn L., and Joyce Y.

Thank you to all who share at any level in service and for your willingness to be a part of Concept 4 - Participation is the key to Harmony.

Please share your personal or group history for inclusion in our District Archives to keep this rich record for those who will follow after us.

Joyce Y
Archivist

GROUP REPORTS

Hello from Alvin AFG!

Our Thursday night meeting is consistently attended by several regular members, some new ones and an occasional visitor. The hybrid format is serving us well. We always love seeing new faces or those we haven't seen in a while. The Step, Tradition and Concept monthly meetings seem to be well-liked and exposing lots of good readings throughout our CAL. Our first Fifth Thursday Speaker meeting was wonderful! and we're looking forward to the next one in June. A Community Health Fair took place at Alvin Taylor Street Club (ATSC) in April and Al-Anon Family Groups were well represented with members from Alvin groups and our district. If you're in the Alvin area we'd love to have you join us for a meeting- Thursday nights at 8:00 PM at ATSC or you can join us from anywhere on Zoom (ID:852 9404 3278 and PW:463250).

Love in service,
Delia Blair
Alvin AFG Group Representative

TO BE HELPFUL IS
OUR ONLY AIM

**LAMPLIGHTERS 36TH
ANNIVERSARY CELEBRATION**

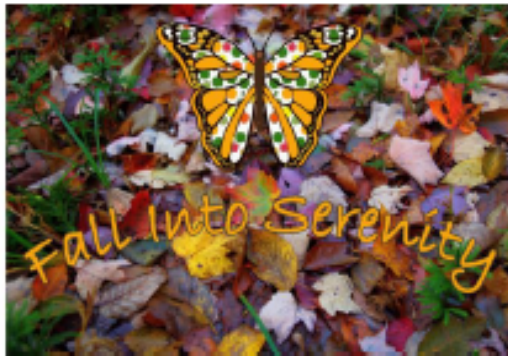
JUNE 25TH, 2022

10 AM - 4 PM

**LOCATION: LANDMARK
100 Louisiana St.
Missouri City, Tx 77489**



**Join us in celebrating
Lamplighters Anniversary with
speakers, food and fellowship!
Family and friends are
welcome.**



Al-Anon/Alateen
FACE2FACE
 Houston Intergroup Fundraiser

"FALL INTO SERENITY"



Saturday, September 24, 2022 - 9:00 am to 3:30 pm

St. Christopher's Episcopal Church

1656 Blalock Road, Houston, TX 77080

Speakers	Workshops	Lunch	Alateen Program	Ice Cream Social
Raffle Baskets			For more information contact:	
Raffle Baskets containing various selfcare items, literature, snacks, and other items of value.			713-683-7227	

Mail-in Registration for only \$30 /\$35 @ the door

Please register early to ensure adequate lunch availability

Online registration <https://www.eventbrite.com/e/fall-into-serenity-face2face-2022-tickets-335792984857>

Eventbrite: #Face2Face or #Houstonafg

Donate a scholarship for someone else. All donations are very much appreciated.

Name: _____

Phone Number (if questions): (_____) _____

Email Address: _____

Badge Name/ Home Group: _____ \$30.00

Additional Pre-Registrations:

Badge Name/ Home Group: _____ \$30.00

Badge Name/ Home Group: _____ \$30.00

Alateen Badge Name/ Home Group: _____ \$5.00

Name of responsible adult for Alateen: _____

Event Scholarships**:

Total Amount Enclosed: \$ _____

Make checks Payable to: Alanon Family Group Service

Mail Registration to: Face to Face c/o Alanon Family Group Service
 9800 Northwest Freeway, Suite 201
 Houston, Texas 77092

* Alateens must be accompanied by a responsible adult

As Tradition 7 states "Every group ought to be fully self-supporting, declining outside contributions."

Limited Scholarships available, contact the office. **Excess scholarship contributions will be donated to the Houston Intergroup Office.

Online Preregistration cutoff date is September 22, 2022

Mail-in Registrations should be received by Monday, September 19, 2022

SAVE THE DATE

.....

ATAAAC *2023*

.....

February 10-12, 2023

Courtyard Austin Pflugerville and
Pflugerville Conference Center, 16100
Impact Way, Pflugerville, TX, 78660

All Texas Al-Anon Alateen Conference