



# The Light

## District 4

### Texas East Area 53



#### District Officers/ Coordinators

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Pnemec.fo@gmail.com

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sehrenkranz@stlaurence.org

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laurabafg1972@gmail.com

## District Representative Report

### District 4 Representative

Is it that time already? Seems like I just sent the District report for The Light. Time surely does seem to move faster this time of the year.

It is good to hear that the meetings in District 4 are going well whether in person, hybrid or electronic. Have visited a couple of very good meetings that I had never been to before. It is good to see the program from others perspective.

Thanks to the groups that have updated their group records information. It really helps that a newcomer or someone visiting the area to find meetings easily. It also helps me make sure each group is getting information that is useful from the Area and WSO.

By the time this is read, the 2021 Fall Assembly will be behind us. I am sure we had a good representation from District 4 and there were lots of fun and fellowship along with the business that needed to be attended to.

Plans are on- going for the 2022 Fall Assembly that is being hosted by District 4 and supported by District 3. Volunteers are needed still and if you are willing to help in any way, please contact me. I will send information about chairpersons soon. There was a "Save the Date" page available at the Assembly. Remember..... November 4<sup>th</sup>, 2022 will get here pretty fast.

"A Day in Al-Anon" is being planned for March 26<sup>th</sup>, 2022 at Alvin Taylor Street Club. This is a District fundraiser to help with the Assembly and other projects that might happen next year. Volunteers are needed for this event also. Fun, food, and fellowship "In all our Affairs".

"Participation is the key to harmony". Concept 4

"Before Al-Anon we were often cut off from normal interaction with our family, neighbors, our community. Then in the fellowship we found a place where we could belong. The Concepts (P-57)pg. 10-11

With gratitude I am-

Margaret Ferguson

### SERENITY PRAYER

GOD, GRANT ME THE SERENITY TO ACCEPT THE THINGS I CANNOT CHANGE, COURAGE TO CHANGE THE THINGS I CAN, AND THE WISDOM TO KNOW THE DIFFERENCE.

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## District 4 Minutes

Moment of Silence followed by the Serenity Prayer lead by District Representative Margaret Ferguson  
Readings from Service Manual with Twelve Traditions, Concepts of Service and Warranties-group participation  
Introductions of 20 members with position and group name with 14 GRs Present-New Record!

Review the Minutes of the previous district meeting as printed in The Light – Teresa D. motioned to accept previous minutes as printed. Delia B. second motion.

Review Treasurers report from Kim R. – moment for questions or changes. Margaret F. accepted report as printed.

Paulette N. Public Outreach report and literature coordinator. Sharing's needed for the Forum.

Joyce Y.- Archives- Alvin AFG put in the Light about how they managed meetings during COVID. Requesting more groups to provide shares on how and what we did to adjust to the changes with Zoom or stayed Face to Fac., Did your group shut down temporarily or made group hybrid?

Sheri D., Public Outreach Coordinator -Al-Anon will have table set up for annual Walk for Recovery 9/25 in Lake Jackson. Brings all of Brazoria County resources on sharing services to the public. Attendees will walk the park in a large group to show solidarity with food, testimonials, and entertainment. Al-Anon will have table at AA's Mouth of the Brazos conference. 10/8-10/10 at Lake Jackson Civic Center. Goal is to pass out literature and answer questions about Al-Anon and survey for youth to re-establish Alateen in Brazosport area. Possible PSA to be put in the local paper regarding Al-Anon. Sherry will partner up with Kim R. regarding literature to have for the events to sell. Also, inquire about funds for PSA of Al-Anon in local paper.

Margaret F. states in last district meeting we did discuss the available funds for PSA for local paper.

Pam J., Area Public Outreach Coordinator discussed the past process of selling books at events from intergroup. Delia B. commenting of finding brochure of Al-Anon Faces Alcoholism and will give them to Judge Hufstetler for Brazoria County courthouse.

Margaret F. mentions if you know of any health fairs, please inform Sheri D. or Margaret F. to organize a booth or table to set up in fair.

Renee G., Alateen Coordinator explained the fact that Alateen for the area was put on hold, due to a deadline with WSO of 6/15 to get certification done and sent to WSO. However, WSO sent email to area about failure to complete and submit forms for Alateen Sponsorship requirements. Pro-bono attorney reviewed documents needed for WSO approval, completed, and approved by WSO.

1 hour meeting required with check off form for the Area to be AMIAS, certification was approved. Bay Area Club has 2 sponsors for the only Alateen group for the area, currently. Serenity Seekers in Lake Jackson seeking new location to have Alateen meetings.

Spring Spanish Al-Anon beginning Alvin/League City/Galveston.

Group Representatives reported how groups are conducting their meetings, either face to face, Zoom exclusively or hybrid.

Discussion regarding everyone's role and what to expect for each night of Fall Assembly in 2022.

Respectfully,

Samantha A. - Secretary

## Planning Meeting

2022 Fall Assembly Planning Meeting  
September 11, 2021

A planning meeting for the 2022 Fall Assembly to be hosted by District 4 with District 3 support was held after the District GR Meeting.

Volunteers for Committee Chairs were accepted as follows:

Assembly Chair: Margaret Ferguson

Co-Chair: Joyce Yoder

Voice: Teresa Dinning and Linda Fiegenger

Secretary: Samantha Alvarez

Treasurer: Kim Reber

Registration: Kimmy Marino

Public Outreach: Delia Blair

Alateen Coordinator: Renee Grimes

Taper: James Vandiver

Decorations: Linda Fiegenger

Raffle: Lakeeta Hammond / Linda Fiegenger

Luncheon: Renee Grimes

Need someone for Hospitality, Entertainment and Literature. Please consider to be willing to serve in any capacity. Contact information is available from Margaret at [mmfodat79@yahoo.com](mailto:mmfodat79@yahoo.com) if you would like to help on a committee.

The Assembly will be at the Lake Jackson Civic Center November 4-6, 2022. Hotels have been contacted and are ready for reservations. "Save the Date" reminders will be available at the Assembly on November 12-13, 2021. Theme – SOS- Save Our Serenity. One speaker has been chosen and has accepted.

Contact Margaret Ferguson for any questions.

# TREASURER REPORT

Date: 1/1/2021 - 12/31/2021	2020 Actual	1st QTR Jan-Mar	2nd QTR April-June	3rd QTR July-Sept	4th QTR Oct-Dec	2021 Actual	Budget for 2021
<b>Income</b>							
Contributions	\$ 965.20	\$ 106.35	\$ 695.80	\$ 81.63	\$ 412.82	\$ 1,296.60	\$ 2,000.00
A Day In Al-Anon	\$ -					\$ -	\$ 200.00
Literature Sales at SETA	\$ 499.41					\$ -	\$ -
Silent Auction	\$ -				\$ 32.00	\$ 32.00	\$ 275.00
<b>TOTAL INCOME</b>	<b>\$ 1,464.61</b>	<b>\$ 106.35</b>	<b>\$ 695.80</b>	<b>\$ 81.63</b>	<b>\$ 444.82</b>	<b>\$ 1,328.60</b>	<b>\$ 2,475.00</b>
<b>Travel Expenses</b>							
Alateen Coordinator	\$ -					\$ -	\$ 250.00
Alt. District Representative	\$ -					\$ -	\$ 50.00
Archivist	\$ -					\$ -	\$ 50.00
Delegate's Expense	\$ -					\$ -	\$ 200.00
District Representative	\$ 98.84		\$ 118.61		\$ 191.68	\$ 310.29	\$ 800.00
Public Outreach Coord.	\$ -					\$ -	\$ 1,500.00
Secretary	\$ -					\$ -	\$ 100.00
Treasurer	\$ -		\$ 91.28	\$ 65.18		\$ 156.46	\$ 225.00
<b>TOTAL TRAVEL EXPENSES</b>	<b>\$ 98.84</b>	<b>\$ -</b>	<b>\$ 209.89</b>	<b>\$ 65.18</b>	<b>\$ 191.68</b>	<b>\$ 466.75</b>	<b>\$ 3,175.00</b>
<b>Other Expenses</b>							
Alateen Training	\$ 7.80		\$ 45.49			\$ 45.49	\$ -
Conference Call Service	\$ 295.37					\$ -	\$ 250.00
A Day in Al-Anon	\$ -					\$ -	\$ 100.00
Literature Purchases	\$ 587.90					\$ -	\$ -
Miscellaneous (Love Gifts)	\$ 77.94					\$ -	\$ 100.00
Service Arms	\$ 4,700.00	\$ 300.00	\$ 533.00	\$ 300.00	\$ 300.00	\$ 1,433.00	\$ 1,200.00
<b>TOTAL OTHER EXPENSES</b>	<b>\$ 5,669.01</b>	<b>\$ 300.00</b>	<b>\$ 578.49</b>	<b>\$ 300.00</b>	<b>\$ 300.00</b>	<b>\$ 1,478.49</b>	<b>\$ 1,650.00</b>
<b>TOTAL EXPENSES</b>	<b>\$ 5,767.85</b>	<b>\$ 300.00</b>	<b>\$ 788.38</b>	<b>\$ 365.18</b>	<b>\$ 491.68</b>	<b>\$ 1,945.24</b>	<b>\$ 4,825.00</b>
<b>Total Net</b>	<b>\$ (4,303.24)</b>	<b>\$ (193.65)</b>	<b>\$ (92.58)</b>	<b>\$ (283.55)</b>	<b>\$ (46.86)</b>	<b>\$ (616.64)</b>	

Bank Balance as of 11/6/21                   \$ 4,158.55

Less Prudent Reserve                                 \$ 1,000.00

Working Balance   \$ 3,158.55

**GENERAL INFORMATION****AL-ANON/ALATEEN WORD HELP  
FREQUENTLY USED ACRONYMS**

**AA – ALCOHOLIC ANONYMOUS**  
**AFG – AL-ANON FAMILY GROUP**  
**AAPP – AREA ALATEEN PROCESS PERSON**  
**AIS – AL-ANON INFORMATION SERVICE (AKA INTERGROUP)**  
**AMIAS – AL-ANON MEMBER INVOLVED IN ALATEEN SERVICE**  
**AT – ALATEEN**  
**ATAAC – ALL TEXAS AL-ANON/ALATEEN CONFERENCE**  
**AWSC – AREA WORLD SERVICE COMMITTEE (TEXAS EAST AREA 53)**  
**CAL – CONFERENCE APPROVED LITERATURE**  
**CMA – CURRENT MAILING ADDRESS**  
**D4 – DISTRICT 4 (ALL OF FORT BEND, MATAGORIA, BRAZORIA,  
GALVESTON, WHARTON COUNTIES)**  
**DAC – DISTRICT ALATEEN COORDINATOR**  
**DR – DISTRICT REPRESENTATIVE**  
**ETAAA – EAST TEXAS AREA AL-ANON/ALATEEN ASSEMBLY**  
**GR – GROUP REPRESENTATIVE**  
**ISR – INFORMATION SERVICE REPRESENTATIVE**  
**LDC – LITERATURE DISTRIBUTION CENTER**

If you are not able to attend a meeting in person please check the electronic meeting list on [Al-anon.org](http://Al-anon.org) to find a meeting you can call in to or attend via an app.

**Al-Anon Declaration**

**Let It Begin with Me**

**When anyone, anywhere, reaches out for help,  
let the hand of Al-Anon and Alateen always be  
there, and — Let It Begin with Me.**

CONTRIBUTIONS TO DISTRICT 4 - EAST TEXAS AREA 53

(Please attach this form to your check or money order) **PRINT ALL INFORMATION**

Group Name: \_\_\_\_\_ Group # \_\_\_\_\_

City: \_\_\_\_\_ ST: \_\_\_\_\_ Zip: \_\_\_\_\_

Amount: \_\_\_\_\_ CK/MO #: \_\_\_\_\_

Sent by: \_\_\_\_\_

Send Self Addressed Stamped envelope (SASE) or

Email Address for receipt: \_\_\_\_\_

Make checks payable to: District 4 AFG. Please do not send cash by mail.

Mail to: District 4 Treasurer, [112 Sunflower Ln., Lake Jackson, TX 77566](#)

**Calendar of Events**

Mar 26, 2022	Day in Al-anon
Nov 4, 2022	Fall Assembly
Feb 10-12, 2023	ATAAC 2023 Pflugerville, TX
June 29-July 2, 2023	Al-anon Int Conv Albuquerque, NM

**LINKS OF SERVICE  
CONTRIBUTIONS**

**District 4 Check Payable to:**  
District 4

**Mail to:** District 4 Treasurer  
112 Sunflower Ln,  
Lake Jackson, TX 77566,

**Area Contributions:**  
**Check Payable to:** ETAAA

**Mail to:**  
ETAAA  
P O Box 450675  
Laredo, TX 78045

**Al-Anon World Service Office**  
**Check Payable to:** AFG, Inc.

**Mail to:**  
1600 Corporate Landing Parkway  
Virginia Beach, VA 23454

**Al-Anon Family Group Services  
(Intergroup)**

**Check Payable to:** AFGS  
**Mail to:**

9800 Northwest Freeway. Ste 201  
Houston, TX 77092

**Please submit reports or articles to:**

**Laura Bowen**  
**laurabafg1972@gmail.com**

**By**  
**February 25, 2022**  
**For next issue**



## ALATEEN COORDINATOR REPORT

Hi! Unbelievably, we have approached the last quarter of 2021 and I am pretty sure I just put up the Christmas tree a few days ago and it's time to put it out once again.

It has been an interesting year for Alateen. As earlier reported, Texas East Alateen groups had to halt meetings in mid-June, however I am happy to report that our area chairs moved quickly to resolve the issues and satisfy the WSO requirements to begin meetings again in mid-September.

As of November 1<sup>st</sup>, District 4 only has one active Alateen group, Students of Serenity, and they returned to their first meeting on November 2<sup>nd</sup> and had one participating Alateen. The group currently has four AMIAS overseeing it. Here is the meeting information:

*Students of Serenity*

Bay Area Club

2111 Webster St

League City, TX 77573

**Meet: Tuesdays from 6:30 – 7:30 pm**

The Lake Jackson Alateen group remains inactive with no date currently set to re-open. Will keep you posted.

If anyone hears of someone in our District interested in Alateen, please be sure to encourage them to reach out to me. I would love to hear from them.

Look forward to seeing you at our next District meeting.

Renee G.

District 4 Alateen Coordinator

(979)709-8833

Serenity4me@gmail.com

## GROUP REPORTS

Report for "A Better Way" Al-Anon family group in Bay City, TX

The Bay City "A Better Way" Al-Anon Family group meets two times a week on Mondays and Thursdays at 6:30PM at Calvary Baptist church. We currently have 4 steady members who attend at the church location and 3 members who attend by zoom.

On October 15-17, 2021 the four of us members attended the Heart 2 Heart Women's AA and Al-Anon retreat in Trinity, Tx.

The beautiful campsite of Camp Olympia provided a peaceful weekend getaway to connect with our Higher power and meet new friends. On November 1, 2021, I was voted in as Group Representative. Another member and I will be attending Assembly in San Marcos, TX on November 12 and 13, 2021.

Respectfully submitted,

Cynthia G.

Group Rep, "A Better Way", Bay City, TX

The "Progress not Perfection" family group continues to meet each Monday at noon at Christ's Church, Sugar Land, Texas. On average, attendance runs around eight members, including "zoomers". Outreach to potential new members has been by word of mouth with modest success as newcomers have replaced longstanding members who have departed due to changes in their work schedules

Regrettably, there is little else to report.

Marty Adams

**Alvin AFG is doing well. We've gotten into a good routine of meeting hybrid. And often have several join the meeting in person, as well as on Zoom. We've updated our status so you can find our meeting information easily. In October Al-Anon participated in a 1st Annual Health Fair in Friendswood. Alvin AFG had several members serve at the event manning the booth and planting the seeds of Al-Anon. We'd love to have you visit our meeting as we all go through the Holiday's one day, and one meeting at a time!**

Thanks,

Delia B.

Alvin AFG Group Representative

## GROUP REPORTS CONTINUED

Greetings from Galveston!

Things are looking up at our face-to-face meetings at the club in 33 & P on Saturday mornings at 10AM.

We have welcomed a few newcomers and visitors; it is so nice to see them come back. Sometimes with a smile on their faces.

Yours truly and Stacie F had the opportunity to share our stories recently. If I may say so myself, I think both went very well. I personally was unable to attend Stacie's sharing meeting, but I have heard a lot of wonderful things.

We are looking forward to the Fall Assembly.

Lucy Corral

Hope for Today AFG Group Representative.

Our Group is called Parent of Alcoholics AFG and we meet every Friday Evening at 7:00 PM in the Parkway United Methodist Church which is located at 5801 New Territory Blvd, Sugar Land, TX 77479. Our meeting continues to have about 10 attendees each week. Mostly they are regular attendees with the occasional new attendee. We meet afterwards for dinner to continue our fellowship with those that can join us.

After a vote at a recent Group Conscience, we chose to eliminate the ability to attend our meeting virtually. Online attendees were having trouble hearing and following the meeting and during the meeting we had too much trouble moving the laptop and microphone around the room.

Masks are no longer required by the church, attendees who feel better wearing a mask continue to do so. Holding hands or giving and receiving hugs has resumed.

If you need any additional information, please let me know.

Sincerely,  
James M

**WEBSITE ACCESS**

**[texas-al-anon.org](http://texas-al-anon.org)**



SAVE THE DATE



# *ALTAONAL* 2023



February 10-12, 2023

Courtyard Austin Pflugerville and  
Pflugerville Conference Center, 16100  
Impact Way, Pflugerville, TX, 78660

All Texas Al-Anon Alateen Conference