



# The Light

## District 4

### Texas East Area 53



#### District Officers/ Coordinators

District Representative  
Margaret F  
mmfodat79@yahoo.com

Alt District Representative  
Paulette N  
Pnemoc.fo@gmail.com

Secretary  
Samantha A  
samgr108@yahoo.com

Treasurer  
Kim R  
kreber@comcast.net

Public Outreach  
Sheri D  
sheridenton@gmail.com

Alateen Coordinator  
Renee G  
prolawmail@yahoo.com

Archivist  
Joyce Y  
jyodat@aol.com

Spanish Coordinator  
Nora F  
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Spanish Translation  
Rosario C  
rosariocarothers@outlook.com

ISR Liaison  
Sharon E  
sehrenkranz@stlaurence.org

Newsletter  
Laura B  
laurabafg1972@gmail.com

## District Representative Report

Hello District 4 Family Groups,

As I sit here listening to the rain on the tin roof, I realize how grateful I am for the AI-Anon Family Groups in Texas East District 4. There are 32 groups listed as active by the World Service Office (WSO). Of these groups some are meeting in person, some on Zoom only and some Hybrid (in person with Zoom at same time). Most days anyone can find a meeting, if needed.

I encourage each group to look at their group records to see if the correct information is available for any newcomer trying to find a meeting. Your information can include many things – parking, type of meeting (in person, Zoom, hybrid), where to enter meeting, logins for Zoom and hybrid or phone number to get logins, and any other that would help anyone searching for a meeting. If you need help with any of this, please contact me. Send any new information and/or updates to Peggy T., Area Group Records Coordinator, [grouprecordsarea53@gmail.com](mailto:grouprecordsarea53@gmail.com) . and include the Group name and group number.

The District 4 Group Representative meeting will be Saturday, September 11, 2021 at Joyce Y's. home at 2214 Willow Blvd., Pearland, TX 77581. Fellowship starts at 8:30am and the business meeting will begin at 9:00am. Please plan to attend. Anyone can attend and will be welcomed. If your GR cannot attend, please send an alternate. If you are unable to attend in person, I am trying to set up on Zoom. I will notify all GRs at a later date. All the groups' voices are important. Plans have started for District 4 with support from District 3 for the Fall 2022 Assembly. Volunteers are needed in order for this to be the best Assembly ever. Need a few Committee Chairs and a theme - think and pray about being of service.

I was unable to attend the Area World Service Committee meeting August 7<sup>th</sup> due to family emergency. Will get a report from the Chair about that meeting and will share information at the District meeting.

Hope everyone is well and enjoying the summer – rain and heat included. Until we meet again, let the peace and love of the program grow One Day at a Time.

Let it begin with Me

Margaret Ferguson

## District 4 Minutes

District 4 Meeting Minutes, June 12, 2021

Open with a moment of silence followed by the Serenity Prayer.

The 12 Traditions, 12 Concepts and Warranties were read with group participation lead by District Representative Margaret F. from Al-Anon/Alateen service manual.

Margaret F., District Representative, welcome everyone. Each attendee introduced themselves with name, meeting name, time, and day.

Attendee's present: Group representatives -Kimmy M, Teresa D, Cindy F, Donna B, Alternate GR, Linda F, Joyce Y, District Archivist, Kim R, Treasurer, Samantha A, District Secretary, Renee G, GR/Alateen Coordinator, GR, Mattie T, Area Delegate, Margaret F, District Representative/Alternate GR, Paulette N, Alternate District 4 Representative, and Laura B., Newsletter Editor.

One visitor present- Flo Y.

The minutes were presented as printed in The Light. There were no corrections recommended. Cindy F. motioned to accept the minutes as submitted, Teresa D. second. Motion passed.

Financial Report-Treasurer, Kim R. reviewed the financial report. She gave the address for contributions to the Area; Treasurer ETAAA at P.O. Box 450675, Laredo, TX 78045. Mattie T. ask if group contributions were separated

Margaret F. – purchased Zoom account to be used for District meetings. Cost for zoom account is \$112/year plus tax. Per financial report from Teresa D., allowed \$98.84 for zoom reimbursement for the previous District Rep Paulette N. motioned to reimburse Margaret F. and Linda F. second. Motioned passed. This should be set up and ready for the next meeting.

Literature Report in The Light by Paulette N.

Archives- Report by Joyce Y. Joyce discussed forms and district meeting minutes from previous years. Joyce also presented forms for group history on "How You Came Through the Pandemic." She brought for display letters from other groups to Lillian M. in 1985-1986 when Lillian was delegate for the area.

Public Outreach- Margaret read on behalf of Sheri D. - Brazos Place Rehabilitation Center in Freeport has reopened and has Al-Anon and AA meetings on site. Clients and family are made aware. Sheri D. and her husband chair meetings on site to share their experience, strength, and hope to those who seek it. Sheri also mentions publicized outreach in local paper and wants group input on budget to pay cost of posting. Budget amount for public outreach is \$1500.00 and Linda F. mentions that Sheri D. does have the authority to move forward with the newspaper posting.

Newsletter and Intergroup - Laura B. stated that all reports for The Light from Officers, Coordinators and groups are to be turned in by August 10, 2021.

Renee G., Alateen Coordinator, reported participants from District 5 and District 4 attended training for Al-Anon Members in Alateen Service (AMIAS) in May. Bay Area Club is the only active Alateen group, but Lake Jackson is still open; they are looking for a new location. Discussion of reimbursement for refreshments bought by Renee G. on the day of the training.

Mattie T. Area Delegate, Panel 61, is presenting a Delegate Chat Zoom Meeting on 7/9 to discuss the introduction of electronic meetings. GR 1 form needs to be updated with the information on whether or not your meeting will stay face to face, Zoom or hybrid.

New Business:

A basket was passed to collect contributions for "Al-Anon's 70<sup>th</sup> Birthday" to send to WSO. It was suggested to donate the number of years of attendance in Al-Anon. Kim R. announced the "Birthday basket" collection was \$233.00. In keeping with the 7<sup>th</sup> tradition, we are self-supporting through our own contributions.

Linda F. - discussion on how long financial records should be retained. It was mentioned that 5 years is the minimum amount of time to retain financial records, after which they can be destroyed. Discussion was not completed and will be tabled until further notice.

Houston Intergroup inquired if District 4 would be able to host a Book and Bake Sale in the future. Margaret proposed combining with A Day in Al-Anon. Intergroup has not yet given feedback regarding this. (Tabled until more information given to Margaret F.)

Planning the 2022 Fall Assembly is a priority now.

Area Survey form discussed; forms need to be returned to Margaret by June 20<sup>th</sup>.

District 4 will host Fall Assembly 2022 with support from District 3 in November 4-6, 2022 at Civic Center in Lake Jackson. Margaret F. to chair and Joyce Y. to co-chair. Several people volunteered to Chair Committees, but some are still needed. Several suggestions were made for the Friday night schedule. Suggestions for a Theme are needed. Raffle approved because of non-profit status if assembly is under area and not directly under district.

The next Group Representative meeting is September 11, 2021 at the home of Joyce Y. Fellowship starts at 8:30am and the Business meeting starts at 9:00am.

Announcements:

July 10<sup>th</sup> is Al-Anon's 70<sup>th</sup> Birthday Celebration on Zoom

Road Trip on October 23<sup>rd</sup> in Cleveland, OH for World Service Assembly, meet the Trustees.

Fall Assembly, November 12-13, 2021 in San Marcos, Tx \$42.50 for Al-Anon and lunch.

May 13-14, 2022 Assembly in Corpus Christi, TX

International Assembly Albuquerque, NM 2023

International Newcomer's Zoom Group: Step work, Sunday 7 PM

Zoom ID: 868-6352-3563

Password: newafg

Meeting closed with the Al-Anon/Alateen Declaration

Respectfully submitted

Samantha A.

## TREASURER REPORT

| Date: 1/1/2021 - 12/31/2021  | 2020 Actual          | 1st QTR<br>Jan-Mar | 2nd QTR<br>April-June | 3rd QTR<br>July-Sept | 4th QTR<br>Oct-Dec | 2021 Actual               | Budget for<br>2021 |
|------------------------------|----------------------|--------------------|-----------------------|----------------------|--------------------|---------------------------|--------------------|
| <b>Income</b>                |                      |                    |                       |                      |                    |                           |                    |
| Contributions                | \$ 965.20            | \$ 106.35          | \$ 695.80             | \$ 81.63             |                    | \$ 883.78                 | \$ 2,000.00        |
| A Day In Al-Anon             | \$ -                 |                    |                       |                      |                    | \$ -                      | \$ 200.00          |
| Literature Sales at SETA     | \$ 499.41            |                    |                       |                      |                    | \$ -                      | \$ -               |
| Silent Auction               | \$ -                 |                    |                       |                      |                    | \$ -                      | \$ 275.00          |
| <b>TOTAL INCOME</b>          | <b>\$ 1,464.61</b>   | <b>\$ 106.35</b>   | <b>\$ 695.80</b>      | <b>\$ 81.63</b>      | <b>\$ -</b>        | <b>\$ 883.78</b>          | <b>\$ 2,475.00</b> |
| <b>Travel Expenses</b>       |                      |                    |                       |                      |                    |                           |                    |
| Alateen Coordinator          | \$ -                 |                    |                       |                      |                    | \$ -                      | \$ 250.00          |
| Alt. District Representative | \$ -                 |                    |                       |                      |                    | \$ -                      | \$ 50.00           |
| Archivist                    | \$ -                 |                    |                       |                      |                    | \$ -                      | \$ 50.00           |
| Delegate's Expense           | \$ -                 |                    |                       |                      |                    | \$ -                      | \$ 200.00          |
| District Representative      | \$ 98.84             |                    | \$ 118.61             |                      |                    | \$ 118.61                 | \$ 800.00          |
| Public Outreach Coord.       | \$ -                 |                    |                       |                      |                    | \$ -                      | \$ 1,500.00        |
| Secretary                    | \$ -                 |                    |                       |                      |                    | \$ -                      | \$ 100.00          |
| Treasurer                    | \$ -                 |                    | \$ 91.28              | \$ 65.18             |                    | \$ 156.46                 | \$ 225.00          |
| <b>TOTAL TRAVEL EXPENSES</b> | <b>\$ 98.84</b>      | <b>\$ -</b>        | <b>\$ 209.89</b>      | <b>\$ 65.18</b>      | <b>\$ -</b>        | <b>\$ 275.07</b>          | <b>\$ 3,175.00</b> |
| <b>Other Expenses</b>        |                      |                    |                       |                      |                    |                           |                    |
| Alateen Training             | \$ 7.80              |                    | \$ 45.49              |                      |                    | \$ 45.49                  | \$ -               |
| Conference Call Service      | \$ 295.37            |                    |                       |                      |                    | \$ -                      | \$ 250.00          |
| A Day in Al-Anon             | \$ -                 |                    |                       |                      |                    | \$ -                      | \$ 100.00          |
| Literature Purchases         | \$ 587.90            |                    |                       |                      |                    | \$ -                      | \$ -               |
| Miscellaneous (Love Gifts)   | \$ 77.94             |                    |                       |                      |                    | \$ -                      | \$ 100.00          |
| Service Arms                 | \$ 4,700.00          | \$ 300.00          | \$ 533.00             | \$ 300.00            |                    | \$ 1,133.00               | \$ 1,200.00        |
| <b>TOTAL OTHER EXPENSES</b>  | <b>\$ 5,669.01</b>   | <b>\$ 300.00</b>   | <b>\$ 578.49</b>      | <b>\$ 300.00</b>     | <b>\$ -</b>        | <b>\$ 1,178.49</b>        | <b>\$ 1,650.00</b> |
| <b>TOTAL EXPENSES</b>        | <b>\$ 5,767.85</b>   | <b>\$ 300.00</b>   | <b>\$ 788.38</b>      | <b>\$ 365.18</b>     | <b>\$ -</b>        | <b>\$ 1,453.56</b>        | <b>\$ 4,825.00</b> |
| <b>Total Net</b>             | <b>\$ (4,303.24)</b> | <b>\$ (193.65)</b> | <b>\$ (92.58)</b>     | <b>\$ (283.55)</b>   | <b>\$ -</b>        | <b>\$ (569.78)</b>        |                    |
|                              |                      |                    |                       |                      |                    |                           |                    |
|                              |                      |                    |                       |                      |                    | Bank Balance as of 8/8/21 | \$ 4,190.41        |
|                              |                      |                    |                       |                      |                    | Less Prudent Reserve      | \$ 1,000.00        |
|                              |                      |                    |                       |                      |                    | Working Balance           | \$ 3,190.41        |
| Prepared by Kim R. 8/8/21    |                      |                    |                       |                      |                    |                           |                    |

**GENERAL INFORMATION****AL-ANON/ALATEEN WORD HELP  
FREQUENTLY USED ACRONYMS**

**AA – ALCOHOLIC ANONYMOUS**  
**AFG – AL-ANON FAMILY GROUP**  
**AAPP – AREA ALATEEN PROCESS PERSON**  
**AIS – AL-ANON INFORMATION SERVICE (AKA INTERGROUP)**  
**AMIAS – AL-ANON MEMBER INVOLVED IN ALATEEN SERVICE**  
**AT – ALATEEN**  
**ATAAC – ALL TEXAS AL-ANON/ALATEEN CONFERENCE**  
**AWSC – AREA WORLD SERVICE COMMITTEE (TEXAS EAST AREA 53)**  
**CAL – CONFERENCE APPROVED LITERATURE**  
**CMA – CURRENT MAILING ADDRESS**  
**D4 – DISTRICT 4 (ALL OF FORT BEND, MATAGORIA, BRAZORIA,  
GALVESTON, WHARTON COUNTIES)**  
**DAC – DISTRICT ALATEEN COORDINATOR**  
**DR – DISTRICT REPRESENTATIVE**  
**ETAAA – EAST TEXAS AREA AL-ANON/ALATEEN ASSEMBLY**  
**GR – GROUP REPRESENTATIVE**  
**ISR – INFORMATION SERVICE REPRESENTATIVE**  
**LDC – LITERATURE DISTRIBUTION CENTER**

If you are not able to attend a meeting in person please check the electronic meeting list on [Al-anon.org](http://Al-anon.org) to find a meeting you can call in to or attend via an app.

**Al-Anon Declaration**

**Let It Begin with Me**

**When anyone, anywhere, reaches out for help,  
let the hand of Al-Anon and Alateen always be  
there, and — Let It Begin with Me.**

CONTRIBUTIONS TO DISTRICT 4 - EAST TEXAS AREA 53

(Please attach this form to your check or money order) **PRINT ALL INFORMATION**

Group Name: \_\_\_\_\_ Group # \_\_\_\_\_

City: \_\_\_\_\_ ST: \_\_\_\_\_ Zip: \_\_\_\_\_

Amount: \_\_\_\_\_ CK/MO #: \_\_\_\_\_

Sent by: \_\_\_\_\_

Send Self Addressed Stamped envelope (SASE) or

Email Address for receipt: \_\_\_\_\_

Make checks payable to: District 4 AFG. Please do not send cash by mail.

Mail to: District 4 Treasurer, [112 Sunflower Ln., Lake Jackson, TX 77566](#)

**Calendar of Events**

|                      |                                       |
|----------------------|---------------------------------------|
| September 11         | District Meeting<br>9:00 AM           |
| October 2            | 70th Anniversary<br>Missouri City, TX |
| October 23           | Road Trip<br>Cleveland, OH            |
| November 12-13       | Fall Assembly<br>San Marcos, TX       |
| December 11          | District Meeting<br>9 :00 AM          |
| June 29-July 2, 2023 | Alanon Int Conv<br>Albuquerque, NM    |

**LINKS OF SERVICE  
CONTRIBUTIONS**

**District 4 Check Payable to:**

District 4 Treasure

**Mail to:** District 4 Treasure

112 Sunflower Ln,  
Lake Jackson, TX 77566,

**Area Contributions:**

**Check Payable to:** ETAAA

**Mail to:**

ETAAA

P O Box 450675

Laredo, TX 78045

**Al-Anon World Service Office**

**Check Payable to:** AFG, Inc.

**Mail to:**

1600 Corporate Landing Parkway  
Virginia Beach, VA 23454

**Al-Anon Family Group Services  
(Intergroup)**

**Check Payable to:** AFGS

**Mail to:**

9800 Northwest Freeway. Ste 201  
Houston, TX 77092

**Please submit reports or articles to:**

**Laura Bowen**

**[laurabafg1972@gmail.com](mailto:laurabafg1972@gmail.com)**

**By**

**November 11, 2021**

**For next issue**



## ALATEEN COORDINATOR REPORT

As of June 15, all Alateen meetings were suspended in Texas East Area. There is an ongoing process to rectify this situation and meeting will hopefully resume September 1, 2021

If you have any questions contact Renee G.

Margaret F  
DR District 4

## GROUP REPORTS

Howdy from Alvin AFG!

Last year, 2020, was a year of change and seems like forever ago. Alvin AFG handled all the changes and challenges with few bumps to keep our meeting going! It's hard to believe we're already in August (September when you read this) of 2021. Many of us who thought Zoom was just a childhood kids show have learned it is much more. And now we can Zoom like pros! During the time that we predominately met on Zoom our group continued to thrive. We have had regular attendance of long-time members, as well as some newcomers. Alvin AFG has begun meeting hybrid- in-person and on Zoom. The in-person meeting is on Thursdays at 8:00PM at Alvin Taylor Street Club (upstairs and down the hall). The meeting is also accessed through Zoom at the same time- (Meeting ID: 852 9404 3278 Password: 463250). We have been enjoying the opportunity to get face-to-face. It's been great seeing familiar and new faces in meetings again and glad to be able to offer meeting attendance through Zoom as well. Come join us any way you can! We'd love to see you on Thursday nights!

Delia Blair  
Alvin AFG Group Representative

## SERENITY PRAYER

GOD, GRANT ME THE SERENITY TO ACCEPT  
THE THINGS I CANNOT CHANGE, COURAGE  
TO CHANGE THE THINGS I CAN, AND THE WIS-  
DOM TO KNOW THE DIFFERENCE.

**DISTRICT MEETING AGENDA**

Tentative Agenda for District Meeting  
(May change)  
September 11, 2021

9:00 Open with Serenity Prayer

Welcome and Introductions

9:15 June 12, 2021 Minutes (as reported in The Light Newsletter)

9:25 Treasurer Report up date (reported in The Light Newsletter)

9:35 Coordinator reports: (if not in The Light or needs update)  
Alternate District Representative/Literature – Paulette N  
Archives – Joyce Y.  
Public Outreach – Sheri D.  
Alateen Coordinator -- Renee G.  
Spanish Speaking Coordinator – Nora F.  
Spanish Translation – Rosario C.  
Newsletter/ Intergroup Liaison – Laura B.  
District Representative – Margaret F.

10:00 Old Business:  
Financial Retention Policy  
Book/Bake sale for Intergroup

10:30 New Business  
December meeting (virtual/hybrid/in person)  
2022 Fall Assembly:  
Theme  
Chairpersons for:  
Registration  
Hospitality  
Speaker suggestions

Close with the Al-Anon Declaration

# Removing Our Masks



**2021 ETAAA Fall Assembly**  
 November 12<sup>th</sup> & 13<sup>th</sup>, 2021

**Holiday Inn & Convention Center**  
**of San Marcos**  
 105 Bintu Drive  
 San Marcos, Texas. 78666  
 (512) 805-1000

## Saturday night Speaker: Stephanie B., Granite Shoals, Tx.

- Room Rates: Ask for **Block code ETA** of \$84.00 per night plus tax, for either a king or two queen beds room
- Deli-lunch w/Soup & Salad can be purchased @ \$12.50 per person
- Rooms are blocked for both Friday and Saturday night

### Hotel & Assembly Registration Deadline 11/01/21

Name: \_\_\_\_\_ Name on Badge \_\_\_\_\_

Email Address: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City/State and Zip \_\_\_\_\_

Home Group Name \_\_\_\_\_ District #: \_\_\_\_\_

Check all that apply: GR\_\_\_ DR\_\_\_ AMIAS\_\_\_ First Assembly: Y/ N Years in program \_\_\_\_\_

Al-Anon \$30\_\_\_\_\_ Alateen \$5 \_\_\_\_\_ A.A. / Special Guest \$30\_\_\_\_\_

Deli-lunch tickets @ \$12.50 \_\_\_\_\_

Total Registration: \$ \_\_\_\_\_

Would you like Spanish Translation services? Y / N

Make check payable to **District 12 ETAAA** and mail this form, along with payment to:

**District 12 ETAAA**  
**P. O. Box 242**  
**Bulverde, Texas 78163**

For further information please contact: Lynn S. [amias200387@yahoo.com](mailto:amias200387@yahoo.com)

Deb A. [beachbumsdr@mindspring.com](mailto:beachbumsdr@mindspring.com)

**Alateen Notice:** When registering, all Alateens should turn in a completed ETAAA Behavioral Guidelines form and be accompanied by a registered adult. Notarized Permission and Medical forms are to be kept by the responsible, registered adult. Forms can be located on East Texas Website: [Texas-al-anon.org](http://Texas-al-anon.org)



# 70<sup>th</sup> Anniversary Virtual Celebration

## Al-Anon Family Groups—Serving Members for 70 Years



The celebration of the remarkable 70-year history of Al-Anon Family Groups continues in the *Al-Anon Family Groups Mobile App* starting in August and continuing through November!

Each one-hour session will include recordings of both speakers. Up to 300 attendees per language (English, French, and Spanish) will be able to join the 70<sup>th</sup> Anniversary Replay meetings in the Mobile App on a first come, first serve basis, giving you more opportunities to listen on your own or with a group of Al-Anon friends.

Below is the schedule of replays to accommodate our worldwide fellowship. We hope that one of these times will work for you:

- Thursday, August 19, 2021 @ 2 am EDT
- Tuesday, September 21, 2021 @ 8 am EDT
- Saturday, October 9, 2021 @ 2 pm EDT
- Wednesday, November 17, 2021 @ 8 pm EST



**Saturday, October 2, 2021**

**11:00am - 3:00pm**

**Missouri City Recreation and Tennis Center**

**Multi-Purpose Room  
2701 Cypress Point Dr.  
Missouri City, TX 77459**

**A walk through the past panels with ALL living  
Texas East Delegates**

Please register at: [70thalanonbirthdaytxe@gmail.com](mailto:70thalanonbirthdaytxe@gmail.com)  
with your name and how many guests