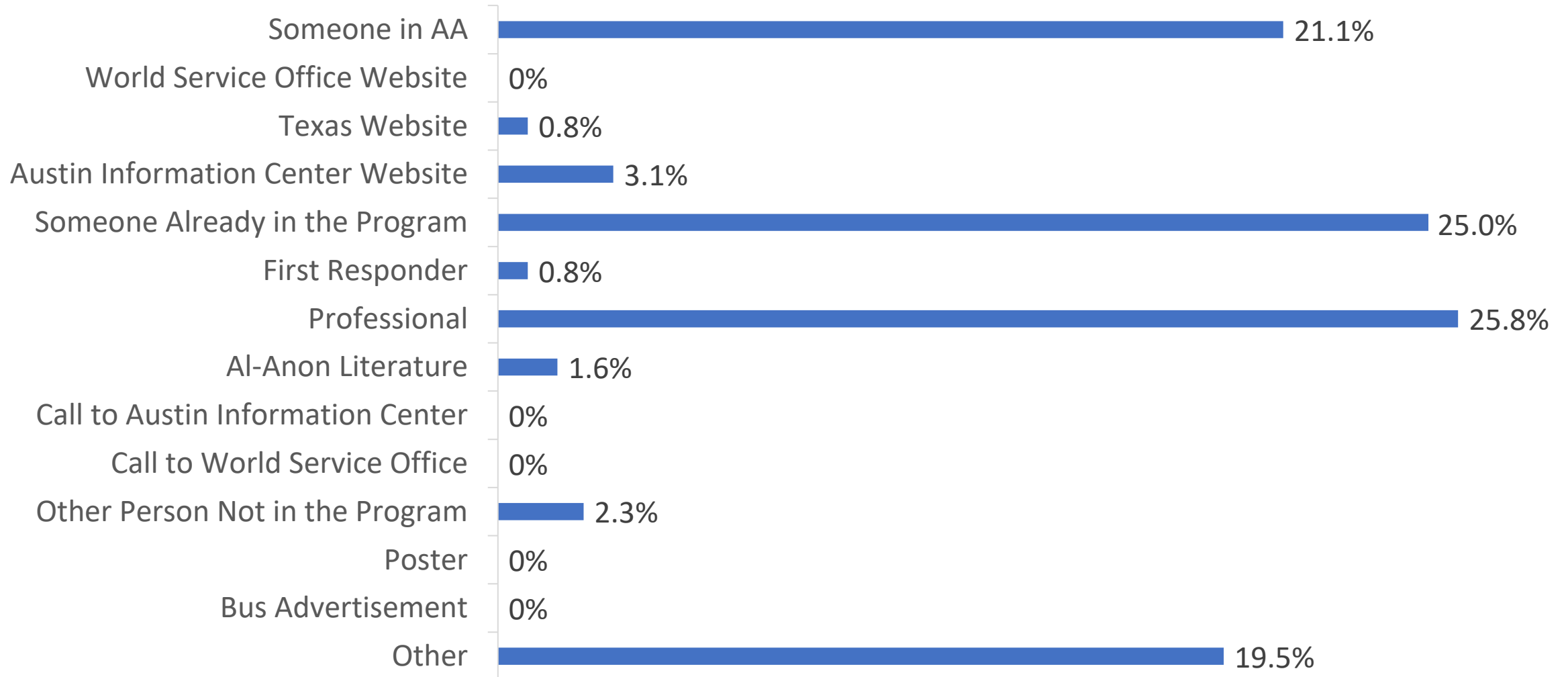


# How did you first hear about the Al-Anon/Alateen Program or Al-Anon Family Groups? (128 responses)



# If you answered "Other" to the previous question, please specify.

Counselor

Therapist

Rehab employee

Treatment center

After-care facility

A couples' counselor referred my husband to a treatment center and told me about Al-Anon.

Deacon at my church directed me to a professional counselor, who after one meeting suggested Al-Anon. I had not heard of Al-Anon before and was 55 years old at the time.

Someone from both AA and Al-Anon

Someone in NA, but I went to Austin website to find meetings in the Temple area.

I went to an AA meeting and they directed me to the Al-Anon room.

I was sent to AA by the State Board of Licenses.

Loretta Young Show on TV in 1950s. I didn't attend until 40 years later.

Sunday newspaper listing

Late night television ad (long ago-I don't see them anymore)

Podcast

A Receptionist at Harris County Health Department, 44 years ago

Friend

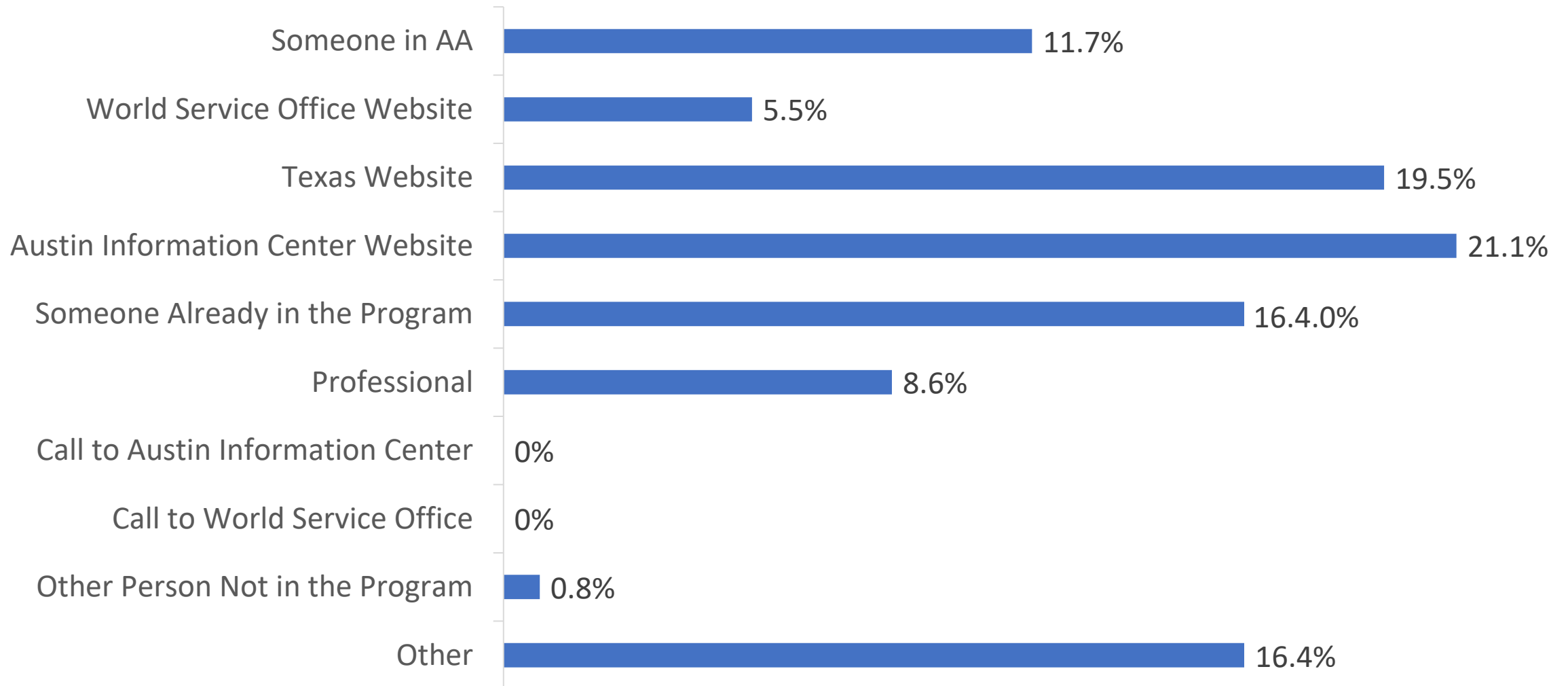
Someone that has participated in the past but is no longer active in 12 Step recovery

I was aware of Al-Anon well before I needed it. I'm not sure how.

Don't recall.

I first came in 1977, and I have no memory of how I heard about Al-Anon.

# What method did you first use to locate a meeting? (128 responses)



# If you answered "Other" to the previous question, please specify.

Professional gave me a meeting list

Counselor gave me meeting list

Treatment center gave me a meeting list

I called an AA number, and they referred me.

Someone in an adult child meeting

A handout-no websites 35 years ago

Newspaper

I was living in St. Louis at the time I started. I used the Yellow Pages and found a listing for Al-Anon.

austinalanon.org—that's how I found my first meeting. And lots more since.

Printed meeting list-I guess from Austin Information Center

alanon.org was first display in web search. I searched a location through it and found my current group.

Googled Al-Anon meeting and found WSO website meetings

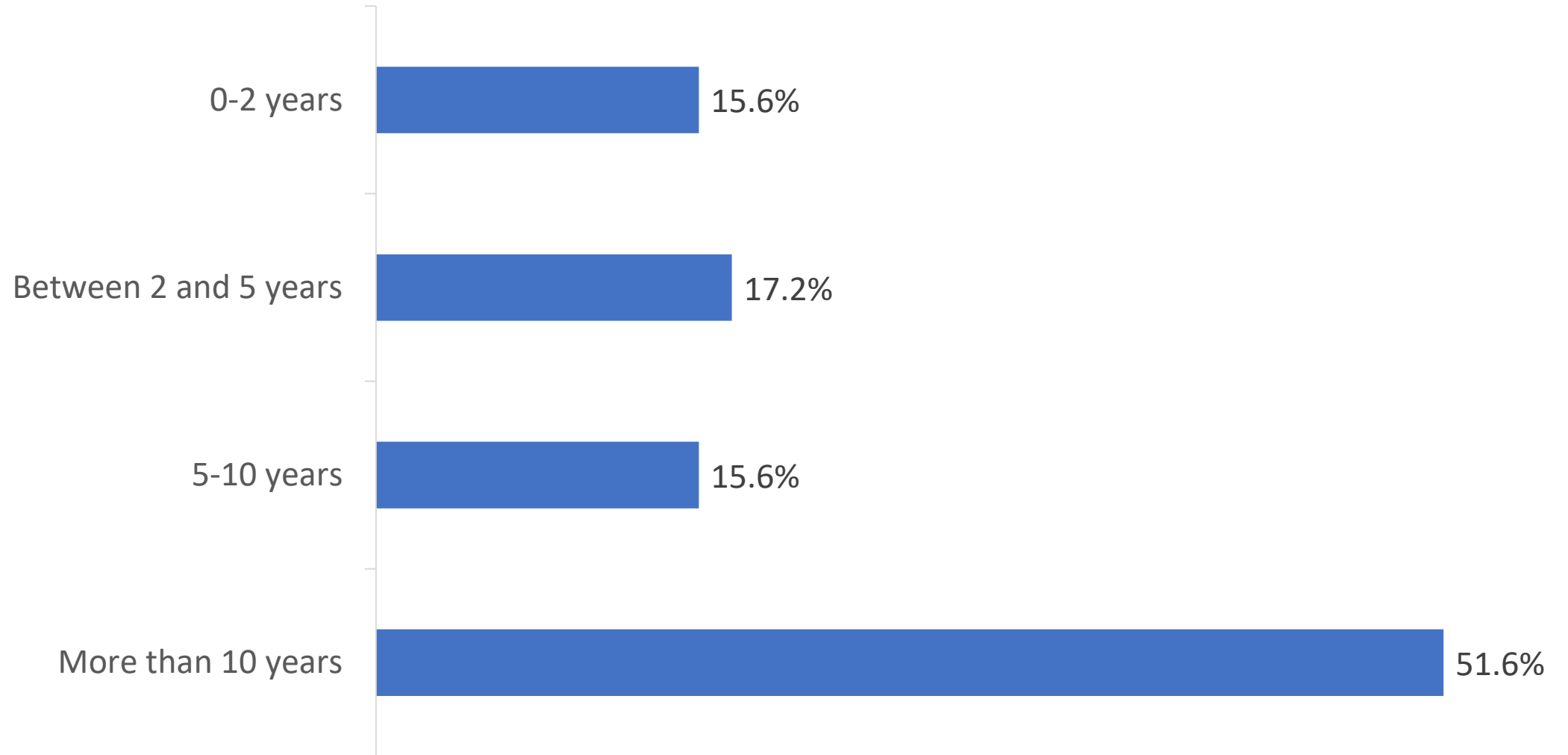
I was living in Indiana at the time, and I used a local website.

It was 31 years ago, and I don't remember.

Don't remember as it was in 1991.

# How many years ago did you attend your first meeting?

(128 responses)



# Did you first attend an Al-Anon or Alateen meeting? (128 responses)

