



The Light



District Officers/ Coordinators

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District 4 - Texas East Area 53

District Representative Report

Happy Thanksgiving and Merry Christmas! I hope this edition of The Light finds you and your family well and enjoying the Holidays in maybe a slightly different way this year. Even with Covid, we can still be grateful for everything we have. It's important to continue to reach out to our friends and family, but maybe in a different way than we're accustomed to.

At our last district meeting we elected and voted in new District officers and coordinators and filled most positions. You can read the meeting notes to see who was elected for each of the positions. We still have the Public Outreach Coordinator position open. This position is what you want to make of it and can be molded to your passion. This position also relies on help from the District and group members to serve at various outreach opportunities so the Coordinator is encouraged to ask for help. Please consider this position and mention in your groups so we can fill it at our December district meeting.

We continue to update our District 4 Zoom meeting list. There's an updated copy in The Light. We have some groups with Zoom only meetings, some meeting only in person and some groups that are taking a hybrid approach and utilizing zoom while also meeting in person. We'll continue to update this list so please send any updates you want published. This list is distributed several places including District 5 (Houston area), our TX-East Area website and the Intergroup's website.

Our September District 4 meeting was done via zoom and it was wonderful to see everyone's faces. We agreed to hold our December meeting via Zoom also. As a reminder, if for some reason video isn't available for you, you can always dial in with just audio. At the December meeting, we'll set the date & times for our District 4 meetings for the calendar year 2021. We'll also elect a Public Outreach Coordinator.

I am really excited to see what the next 3 years holds for our District. We have a great new set of officers and coordinators that have volunteered their service for our District and I couldn't be prouder of each of them for stepping up. They have a tremendous amount of recovery with a huge amount of experience, strength and hope to share with us. It's going to be an active 3 years and I look forward to watching our District grow.

In closing, I can't thank you all enough for your support and participation in District 4 these past 3 years. Service continues to be an integral part of my growth in AI-Anon and learning how to apply the principles in all aspects of my life. I encourage everyone to continue to volunteer for service to reap the many benefits our AI-Anon program has to offer.

Love in Service,
Carol B

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**AL-ANON/ALATEEN WORD HELP
FREQUENTLY USED ACRONYMS**

AA – ALCOHOLIC ANONYMOUS
AFG – AL-ANON FAMILY GROUP
AAPP – AREA ALATEEN PROCESS PERSON
AIS – AL-ANON INFORMATION SERVICE (AKA INTERGROUP)
AMIAS – AL-ANON MEMBER INVOLVED IN ALATEEN SERVICE
AT – ALATEEN
ATAAC – ALL TEXAS AL-ANON/ALATEEN CONFERENCE
AWSC–AREA WORLD SERVICE COMMITTEE (TEXAS EAST AREA 53)
CAL – CONFERENCE APPROVED LITERATURE
CMA – CURRENT MAILING ADDRESS
**D4 – DISTRICT 4 (ALL OF FORT BEND, MATAGORIA, BRAZORIA,
GALVESTON, WHARTON COUNTIES)**
DAC – DISTRICT ALATEEN COORDINTOR
DR – DISTRICT REPRESENTATIVE
ETAAA - EAST TEXAS AREA AL-ANON/ALATEEN ASSEMBLY

ZOOM OR PHONE MEETINGS

Meeting Name	Day	Time	Meeting Location	Meeting Platform	Meeting ID / Access Code	Phone #	Password (if any)	Group Contact
West Isle AFG	Monday	7:00 PM	Moody Methodist Church, Galveston	Zoom	807 744 799	N/A	N/A	Paulette N
Pearland AFG	Monday	8:00 PM	New Life Lutheran Church, Pearland	Hybrid - Conf Call/In-person	166961	425-436-6395	N/A	Sue D
Butterfly Group	Monday	6:30 PM	4215 Ave H, Rosenberg	In-person	N/A	N/A	N/A	Cynthia S
Progress in Session	Mon-Thur	6:30 PM	Bay Area Club	Hybrid - Zoom/In-person (Mon-Wed, Thur Zoom)	611 905 519	N/A	N/A	Lolly H
A Better Way	Mon, Thur	6:30 PM	Calvary Baptist Church, Bay City	Hybrid - Zoom/In-person	423 748 2478	N/A	580707	Velda K
Spring in Your Step	Tues, Thur	12 noon	First United Methodist Church, Pearland	Zoom	640 178 376	N/A	NOON	Connie W
New Leaf AFG	Tuesday	12:15 PM	Rosenberg Library, Galveston, TX	Hybrid - Zoom/In-person	714 220 773	N/A	N/A	Sally G
Al-Anon Works	Tuesday	7:30 PM	Grace Episcopal's parlor room, Alvin	Zoom	885 045 448	N/A	034918	Bev L
Let It Begin With Me	Tuesday	7:30 PM	Chapelwood United Methodist Church, Lake Jackson	In-person	N/A	N/A	N/A	Linda F
Alvin Family Group	Thursday	7:30 PM	Taylor Street Club, Alvin	Zoom	852 9404 3278	N/A	463250	Delia B
Kemah AFG	Thursday	7:15 PM	Kemah Palms Recovery	Zoom	860 5922 2589	N/A	recovery	Kelly R
Acceptance is the Answer AFG	Friday	7:30 PM	Up the Street Club, Webster	Zoom	611 851 406	346-248-7799	606742	Lisa K
Turning Point	Friday	7:00 PM	925 TX 10 Spur, Rosenberg	In-person	N/A	N/A	N/A	Dorothy B
Parents of Alcoholics	Friday	7:00 PM	Parkway United Methodist Church, Sugar Land	Hybrid - Zoom/In-person	870 2404 9929	N/A	766485	Pam J
Hope for Today	Saturday	10:00 AM	Galveston Clubhouse, Galveston	Zoom	876 5590 4425	346-248-7799	588205	Paulette N
Happy Destiny AFG	Saturday	5:00 PM	Bay Area Club	Zoom	409 012 077	346-248-7799	028734	Lisa K

District 4 Minutes

3rd Quarter – September 20, 2020

Meeting Began: 1:00 p.m.

Attendees totaled 21; 12 of which were GRs

Due to Covid-19 and for the purpose of social distancing this meeting took place via Zoom per the vote in the last district meeting of June 13, 2020.

Meeting opened with the Serenity Prayer. Carol then proceeded to talk about the meeting being a voting meeting for District positions and that these positions would begin January 1, 2021 and are for a three-year term. Then there was instruction and discussion on how the voting would be handled with doing via Zoom.

The meeting continued with the reading of the Traditions, Concepts of Service and Warranties.

Carol requested that Renee, District Secretary, do a rollcall. Carol mentioned that if there were any questions for the "Ask It Basket" to use the chat box.

Secretary: Renee presented the last district meeting minutes and asked if there were any corrections. Rosario stated she was present in the last meeting and the minutes showed her absent. Margaret F. made a motion to accept the minutes as corrected; Linda F. seconded; no one opposed, motion passed.

Treasurer- Kim R. presented the treasurer report and asked if there were any questions. Carol made comment that it appeared our expenses have decreased overall. Linda F. asked what was the conference call cost? Carol mentioned that we decided to buy a blue tooth speaker for meetings so when meeting in person, those that could join via teleconference, could be heard by the group. She also mentioned that since not meeting in person hasn't been taking place, the purchase really hasn't been utilized. Once meeting in person again it can be used. Carol also mentioned that the cost of Zoom would be added at some point, which is about \$15 a month. Kim commented that receipts need to be sent in as early as possible. She also made mention of the payments to the Service Arms and the lump sum payment of \$3,500 to the WSO which was voted on last district meeting. Renee G. made a motion to accept the treasurer report as presented; Margaret F. seconded; no one opposed, motion passed.

Alt DR: Sue D. shared that she gets a lot of information from *The Forum* and that the WSO is encouraging us to buy literature and not to buy used to help keep those sales going.

Archivist - Absent

Public Outreach – Pam J. shared that not much is going on due to current events.

Alateen Coordinator – Carol commented that this position is still open and stated we would love to have it filled.

Spanish Coordinator: Rosario C. nothing to report.

Intergroup Coordinator: Laura B. mentioned there is not much happening, including Face to Face Fund Raiser. Joyce Y. stated she is aware that they are going to have Face to Face, however it will be via Zoom and that the information was received via email. There is a flyer and the date is October the 2nd.

Newsletter – Laura B. says she feels she's finally getting good at it. Next deadline for *The Light* is November 16th. Linda F. suggested we should print the on-line meetings in *The Light*.

Joyce Y. mentioned that a zero was missing from the password of the Al-anon Works Tuesday night meeting. 034918 is the correct number. Carol stated she would double check. Joyce also noted that on Houston Intergroup the Thursday night Alvin meeting is showing as a telephone meeting, however it is now a Zoom meeting. Linda F. mentioned that the Let it Begin with Me group, meeting on Tuesday's in Lake Jackson, are now doing hybrid meetings. She will provide the updated information to Carol and Laura to update their meeting list and to have printed in the next edition of *The Light*. Donna mentioned that the Bay Area Club Alateen group is meeting face to face on Tuesday nights.

District Representative: Carol B. noted that the AWSC meeting was held via Zoom. During the meeting there were some mentionable highlights.

One, that the WSO had a record month in June for contributions being the largest in WSO history, however they are still projecting to fall short for the year by over \$400,000 and a lot of that is due to a reduction in literature sales and reduced contributions believed to be contributed to a lack of physical meetings. Any additional contributions possible are greatly appreciated.

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District 4 Minutes Continued

Kay, our Area Delegate, has been doing Delegate chats and she is debating how many more to do. Everyone is invited to attend these.

There is a new mobile app that has come out and they are working to iron out kinks. They are also requesting more sharings for the Cal Corner and there is a new daily reader project that they are no longer accepting sharings. WSO has reduced shipping cost of literature from \$10 to \$5. They are really encouraging to order from the local Intergroups.

The fall assembly was discussed and due to many logistical issues, because of COVID, a decision has been made to make the Assembly a Zoom meeting. The hope is that being a Zoom meeting that doesn't require travel it may be better attended. There was also discussion pertaining to Spanish translation at the assembly. Translation will be provided, and further discussion was regarding supporting documents to help encourage participation.

There is discussion pertaining to the guidelines for Alateen regarding ages and laws.

Carol also announced that she and her husband have an opportunity to travel for a year and will be doing so on or about November 1st, therefore she will not be attending the assembly due to accessibility of internet services. Sue D, as alternate DR, will be handling the duties and representing the district on her behalf. She will also be handling the 4th quarter district meeting. Carol mentioned how much she has enjoyed the position, although a bit disappointing in the last year due to COVID. She noted how much service has been a wonderful thing and encouraged others to participate.

Old Business

Carol asked the committee if there were any updates. Sue stated that everything has come to a halt. Pam noted that since the decision to make the contribution to the WSO that there hasn't been much traction within the committee. She feels there is a reason for that noting a Higher Power. Things moving slower for the committee made the funds available for the WSO which was much needed. Carol asked if we wanted to consider the committee closed and at a future time it could be reformed to re-address, as needed, with the new District chairs. The committee agreed.

Connie W. – an additional voting GR joined the meeting at 1:53 p.m. Changing the number of voting GRs from 11 to 12.

New Business

The group discussed if the December district meeting should be in person or via Zoom. Pam J. made a motion to do the December district meeting on Zoom; Linda F. seconded; no one opposed, motion passed.

Meeting moved to voting for new Chairs: Each current chair gave a brief summary of what is required of the position they hold and any requirements of eligibility.

District Representative: Sue D. volunteered to stand for the position. Margaret made a motion to accept Sue as DR by acclamation; Renee G. seconded; no one opposed, motion passed.

Alternate District Representative: Paulette N. volunteered to stand for the position. Margaret F. made a motion to accept Paulette as Alt. DR. by acclamation; Linda F. seconded; no one opposed, motion passed.

Secretary: Laura B. and Margaret F. volunteered for the position. The first vote was a 50/50 vote. Laura removed her name giving the nomination to Margaret.

Treasurer: Kim R. volunteered to continue with the position. Margaret F. made a motion to accept Kim as treasurer by acclamation; Linda F. seconded; no-one opposed, motion passed.

Alateen Coordinator: Renee G. volunteered to stand for Alateen Coordinator position. Margaret F. made a motion to accept Renee as Alateen Coordinator by acclamation; Kelly R. seconded; no one opposed, motion passed.

Archivist – Joyce Y. volunteered for the Archivist position. Margaret F. made a motion to accept Joyce as Archivist by acclamation; Linda F. seconded; no one opposed, motion passed.

Outreach – No volunteers or accepted nominations.

Newsletter – Laura B. volunteered to continue doing the newsletter. Margaret made a motion to accept Laura by acclamation; Renee seconded; no one opposed, motion passed.

Spanish Coordinator – Nora volunteered to do the Spanish Coordinator position. Renee G. made a motion to accept Nora as Spanish Coordinator by acclamation; Margaret seconded; no one opposed, motion passed.

Discussion continued with the meeting date for the next quarterly meeting.

Sue D. made a motion to hold next district meeting on December 12th at 9:00 a.m.; Pam J. seconded; no one opposed, motion passed.

Closed the meeting with the AI-Anon Declaration.

Meeting Adjourned at 3:20 p.m.

Treasurer Report

Date: 1/1/2020 - 12/31/2020	2019 Actual	1st QTR Jan-Mar	2nd QTR April-June	3rd QTR July-Sept	4th QTR Oct-Dec	2020 Actual	Budget for 2020
Income							
Contributions	\$ 1,955.61	\$ 305.40	\$ 278.95	\$ 170.13	\$ 107.00	\$ 861.48	\$ 2,000.00
A Day In Al-Anon	\$ 2,652.84					\$ -	\$ 200.00
Literature Sales at SETA		\$ 499.41				\$ 499.41	\$ -
Silent Auction						\$ -	\$ 275.00
TOTAL INCOME	\$ 4,608.45	\$ 804.81	\$ 278.95	\$ 170.13	\$ 107.00	\$ 1,360.89	\$ 2,475.00
Travel Expenses							
Alateen Coordinator						\$ -	\$ 250.00
Alt. District Representative						\$ -	\$ 50.00
Archivist						\$ -	\$ 50.00
Delegate's Expense						\$ -	\$ 200.00
District Representative	\$ 523.91		\$ 98.84			\$ 98.84	\$ 800.00
Public Outreach Coord.						\$ -	\$ 1,500.00
Secretary						\$ -	\$ 100.00
Treasurer						\$ -	\$ 225.00
TOTAL TRAVEL EXPENSES	\$ 523.91	\$ -	\$ 98.84	\$ -	\$ -	\$ 98.84	\$ 3,175.00
Other Expenses							
Alateen Training	\$ 58.80		\$ 7.80			\$ 7.80	\$ -
Conference Call Service			\$ 231.65			\$ 231.65	\$ 250.00
A Day in Al-Anon	\$ 962.77					\$ -	\$ 100.00
Literature Purchases	\$ 395.07	\$ 587.90				\$ 587.90	\$ -
Miscellaneous (Love Gifts)					\$ 77.94	\$ 77.94	\$ 100.00
Service Arms	\$ 750.00	\$ 300.00	\$ 3,800.00	\$ 300.00		\$ 4,400.00	\$ 1,200.00
TOTAL OTHER EXPENSES	\$ 2,166.64	\$ 887.90	\$ 4,039.45	\$ 300.00	\$ 77.94	\$ 5,305.29	\$ 1,650.00
TOTAL EXPENSES	\$ 2,690.55	\$ 887.90	\$ 4,138.29	\$ 300.00	\$ 77.94	\$ 5,404.13	\$ 4,825.00
Total Net	\$ 1,917.90	\$ (83.09)	\$ (3,859.34)	\$ (129.87)	\$ 29.06	\$ (4,043.24)	

Bank Balance as of 11/13/20	\$ 4,633.13
Less Prudent Reserve	\$ 1,000.00
Working Balance	\$ 3,633.13

CONTRIBUTIONS TO DISTRICT 4 - EAST TEXAS AREA 53

(Please attach this form to your check or money order) **PRINT ALL INFORMATION**

Group Name: _____ Group # _____

City: _____ ST: _____ Zip: _____

Amount: _____ CK/MO #: _____

Sent by: _____

Send Self Addressed Stamped envelope (SASE) or

Email Address for receipt: _____

Make checks payable to: District 4 AFG. Please do not send cash by mail.

Mail to: District 4 Treasurer, [112 Sunflower Ln., Lake Jackson, TX 77566](#)

Calendar of Events

Dec 12	District 4 Meeting ZOOM MEETING ID: 691 583 2283 PASSCODE: 722365
Dec 30	Courage to Change Speaker Mtg
Feb 19-21 2021	ATAAC 2021 Virtual Meeting
Mar 26-28 2021	POSSE Disciples Oak Camp & Retreat Ctr Gonzales, TX
May 14-16 2021	Spring Assembly Tyler, TX

**LINKS OF SERVICE
CONTRIBUTIONS**

- **District 4**
Check Payable to: District 4 Treasurer
Mail to: District 4 Treasurer—112 Sunflower Ln,
Lake Jackson, TX 77566,
- **East Texas Area Assembly—Area 53**
Check Payable to: ETAAA
Mail to: Treasurer ETAAA—P O Box 1324
Silsbee, TX 77656
- **AI-Anon World Service Office**
Check Payable to: AFG, Inc.
Mail to: 1600 Corporate Landing Parkway
Virginia Beach, VA 23454
- **AI-Anon Family Group Services (Intergroup)**
Check Payable to: AFGS
Mail to: 9800 Northwest Freeway. Ste 201
Houston, TX 77092

Please submit reports or articles to:
Laura Bowen
laurabafg1972@gmail.com
By
February 15, 2021



*Courage To Change, AFG
Missouri City, TX*

5th Wednesday ZOOM SPEAKER MEETING

December 30, 2020

6:30 p.m. CST

Joyce Y

Past Delegate Panel 55

Texas East Area 53

Pearland, T



Everyone is welcome!

ZOOM ID: 570 947 9879

PASSWORD: 776614



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SAVE THE DATE!

MAY 14-16, 2021

SPRING ASSEMBLY IN TYLER

HOLIDAY INN- 5701 SOUTH BROADWAY

TYLER, TX

(903) 561-5800