



# The Light



### District Officers/ Coordinators

District Representative  
Sue D  
alanonsudy@gmail.com

Alt District Representative  
Paulette N  
Pnemoc.ffe@gmail.com

Secretary  
Margaret F  
mmfodat79@yahoo.com

Treasurer  
Kim R  
kreber@comcast.net

Public Outreach  
Sheri D  
sheridenton@gmail.com

Alateen Coordinator  
Renee G  
prolawnmall@yahoo.com

Archives  
Joyce Y  
jyodat@aol.com

Spanish Coordinator  
Nora F  
norafirma822@gmail.com

Spanish Translation  
Rosario C  
rosariocarothers@outlook.com

ISR Liaison  
Sharon E  
sehrenkranz@stlaurence.org

Newsletter  
Laura B  
laurabafg1972@gmail.com

## District 4 - Texas East Area 53

### District Representative Report

Hi everyone. I'm honored to be a part of Al-Anon District 4 and the great service it provides for the next three years. I'm grateful for those who served us before and who are serving now.

I've been visiting via Zoom the groups in this District and I'm impressed with several things. One is how generous our groups are with newcomers – from the sharings to the literature. I note here that the W SO has a newcomer page, and an electronic newcomer package is coming soon, at a cost. The second thing is the group commitment to using Conference Approved Literature (CAL).

We would like to hear from our District members, especially under the conditions imposed by the pandemic. If your group has been experiencing success in any area that would assist other groups, or has a good idea or suggestion, please share it with your Group Representative to discuss at our District meetings. Also do the same with any questions or concerns.

Also, a reminder to update Group information on the Texas Al-Anon website please.

Thank you all.

Sue D

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**District 4 Minutes**

## District 4 Group Representative Meeting

December 12, 2020

The Zoom virtual meeting opened at 9:00am with the Serenity Prayer led by Sue D., Alternate District Representative. Delia B. read the 12 Traditions, Paulette N. read the 12 Concepts and Joyce Y. read the Warranties.

Sue D. welcomed all the participants and thanked Carol B, District Representative for her service for the past 3 years. Each participant introduced themselves with position and group name.

Seven Group Representatives were present; Laura B., Sue D., Cindy F., Paulette N., Delia B., Pam J., and Nora F. There were 9 other participants.

Margaret F. gave the minutes report. After several corrections were noted, a motion was made by Delia B. and seconded by Laura B. to accept the minutes with corrections. Passed unanimously.

Kim R., Treasurer, gave a report of the income and expenses for the year. There is a working balance as of 11/13/2020 of \$3633.13 with a prudent reserve of \$1000.00. Please send your contributions by check to Kim as the bank cannot take electronic transfers for the account. Make checks payable to District 4. There is a form for contributions in the District newsletter – The Light.

Sue D., Alternate District Representative, stated that Literature information was in Mattie T's. report in the Beacon. There is an Al-Anon app available for downloading. Literature shipping from World Service Office is \$5.00.

No new information from Public Outreach Coordinator, Pam J.

Rosario C., Spanish Coordinator, reports the Nuevo Sendero's group is taking Al-Anon information to medical clinics. They need English materials. Nora F. will contact Pam J. for materials.

Laura B., Newsletter/ISR Representative, needs the name, email and phone information of the GR or CMA recipient so that she can send The Light electronically. Please send a report from each group for the Light with flyers, ideas and/or suggestions being used at meetings. "Participation is the key to harmony. – Concept 4". Deadline for submissions is February 15, 2021. There are no new happenings at the Intergroup currently.

## Old Business:

Sheri D. volunteered to stand for Public Outreach Coordinator. Delia B. motioned to accept Sheri as Public Outreach Coordinator and Pam J. seconded. Accepted unanimously.

## New Business:

There will be no transition meeting. Each officer or coordinator can contact each other.

## District meeting schedule for 2021:

March 13, 2021 – 9:00AM - Type of meeting (Zoom, hybrid or face to face) to be determined

June 12, 2021 – 9:00AM

September 11, 2021 – 9:00AM

December 11, 2021- 9:00AM

## Ideas discussed for 2021:

Support the Beacon and form by subscribing. Each group would pay \$6.00 for the Beacon and \$11.00 for the Forum per year. The Beacon can be sent by email or snail mail. Information for subscribing is in the Beacon. Use these subscriptions as Christmas or birthday gifts. Pearland has a donation box and when \$11.00 is reached, someone's name is drawn to receive a year's subscription to the Forum. Joyce Y. will send information regarding subscribing to each of these to The Light.

Put the Texas website address in The Light newsletter so groups and individuals could access more Texas East Area 53 information.

Need a central storage place for skits that can be used by the groups.

The meeting closed with the Al-Anon Declaration.

Respectfully submitted,

Margaret Ferguson, Acting Secretary

**AL-ANON/ALATEEN WORD HELP  
FREQUENTLY USED ACRONYMS**

**AA – ALCOHOLIC ANONYMOUS**  
**AFG – AL-ANON FAMILY GROUP**  
**AAPP – AREA ALATEEN PROCESS PERSON**  
**AIS – AL-ANON INFORMATION SERVICE (AKA INTERGROUP)**  
**AMIAS – AL-ANON MEMBER INVOLVED IN ALATEEN SERVICE**  
**AT – ALATEEN**  
**ATAAC – ALL TEXAS AL-ANON/ALATEEN CONFERENCE**  
**AWSC–AREA WORLD SERVICE COMMITTEE (TEXAS EAST AREA 53)**  
**CAL – CONFERENCE APPROVED LITERATURE**  
**CMA – CURRENT MAILING ADDRESS**  
**D4 – DISTRICT 4 (ALL OF FORT BEND, MATAGORIA, BRAZORIA,  
GALVESTON, WHARTON COUNTIES)**  
**DAC – DISTRICT ALATEEN COORDINTOR**  
**DR – DISTRICT REPRESENTATIVE**  
**ETAAA - EAST TEXAS AREA AL-ANON/ALATEEN ASSEMBLY**  
**GR - GROUP REPRESENTATIVE**

**ZOOM OR PHONE MEETINGS**

<b>Meeting Name</b>	<b>Day</b>	<b>Time</b>	<b>Meeting Location</b>	<b>Meeting Platform</b>	<b>Meeting ID / Access Code</b>	<b>Phone #</b>	<b>Pass-word (if any)</b>	<b>Group Contact</b>
West Isle AFG	Monday	7:00 PM	Moody Methodist Church, Galveston	Zoom	807 744 799	N/A	N/A	Paulette N
Pearland AFG	Monday	8:00 PM	New Life Lutheran Church, Pearland	Zoom	678 051 2057		3LJz3h	Teresa D
Butterfly Group	Monday	6:30 PM	4215 Ave H, Rosenberg	In-person	N/A	N/A	N/A	Cynthia S
Progress in Session	Mon-Thur	6:30 PM	Bay Area Club	Hybrid - Zoom/In-person (Mon-Wed, Thur Zoom)	611 905 519	N/A	N/A	Lolly H
A Better Way	Mon, Thur	6:30 PM	Calvary Baptist Church, Bay City	Hybrid - Zoom/In-person	423 748 2478	N/A	580707	Velda K
Spring in Your Step	Tues, Thur	12 noon	First United Methodist Church, Pearland	Zoom	640 178 376	N/A	NOON	Connie W
New Leaf AFG	Tuesday	12:15 PM	Rosenberg Library, Galveston, TX	Hybrid - Zoom/In-person	714 220 773	N/A	N/A	Sally G
Al-Anon Works	Tuesday	7:30 PM	Grace Episcopal's parlor room, Alvin	Zoom	885 045 448	N/A	034918	Bev L
Let It Begin With Me	Tuesday	7:30 PM	Chapelwood United Methodist Church, Lake Jackson	In-person	N/A	N/A	N/A	Linda F
Alvin Family Group	Thursday	7:30 PM	Taylor Street Club, Alvin	Zoom	852 9404 3278	N/A	463250	Delia B
Kemah AFG	Thursday	7:15 PM	Kemah Palms Recovery	Zoom	860 5922 2589	N/A	recovery	Kelly R
Acceptance is the Answer AFG	Friday	7:30 PM	Up the Street Club, Webster	Zoom	611 851 406	346-248-7799	606742	Lisa K
Turning Point	Friday	7:00 PM	925 TX 10 Spur, Rosenberg	In-person	N/A	N/A	N/A	Dorothy B
Parents of Alcoholics	Friday	7:00 PM	Parkway United Methodist Church, Sugar Land	Hybrid - Zoom/In-person	870 2404 9929	N/A	766485	Pam J
Hope for Today	Saturday	10:00 AM	Galveston Clubhouse, Galveston	Zoom	876 5590 4425	346-248-7799	588205	Paulette N
Happy Destiny AFG	Saturday	5:00 PM	Bay Area Club	Zoom	409 012 077	346-248-7799	028734	Lisa K

**CONTRIBUTIONS TO DISTRICT 4 - EAST TEXAS AREA 53**

(Please attach this form to your check or money order) **PRINT ALL INFORMATION**

Group Name: \_\_\_\_\_ Group # \_\_\_\_\_

City: \_\_\_\_\_ ST: \_\_\_\_\_ Zip: \_\_\_\_\_

Amount: \_\_\_\_\_ CK/MO #: \_\_\_\_\_

Sent by: \_\_\_\_\_

Send Self Addressed Stamped envelope (SASE) or

Email Address for receipt: \_\_\_\_\_

Make checks payable to: District 4 AFG. Please do not send cash by mail.

Mail to: District 4 Treasurer, [112 Sunflower Ln., Lake Jackson, TX 77566](#)


Calendar of Events	
March 13	District Meeting Zoom, Info ID 399 548 3464 Password 965082
May 14-16	Spring Assembly Tyler, TX
June 12	District Meeting 9:00AM
September 11	District Meeting 9:00AM
December 11	District Meeting 9:00AM

LINKS OF SERVICE CONTRIBUTIONS
<ul style="list-style-type: none"> <li>• <b>District 4</b> <b>Check Payable to:</b> District 4 Treasurer <b>Mail to:</b> District 4 Treasurer—112 Sunflower Ln., Lake Jackson, TX 77566,</li> <li>• <b>East Texas Area Assembly—Area 53</b> <b>Check Payable to:</b> ETAAA <b>Mail to:</b> Treasurer ETAAA—P O Box 1324 Silsbee, TX 77656</li> <li>• <b>Al-Anon World Service Office</b> <b>Check Payable to:</b> AFG, Inc. <b>Mail to:</b> 1600 Corporate Landing Parkway Virginia Beach, VA 23454</li> <li>• <b>Al-Anon Family Group Services (Intergroup)</b> <b>Check Payable to:</b> AFGS <b>Mail to:</b> 9800 Northwest Freeway. Ste 201 Houston, TX 77092</li> </ul>

**District Meeting Zoom Info:**  
**ID 399 548 3464**  
**Password 965082**

**WEBSITE ACCESS**  
[texas-al-anon.org](http://texas-al-anon.org)

**Please submit reports or articles to:**  
**Laura Bowen**  
**laurabafg1972@gmail.com**  
**By**  
**May 22, 2021**



## Treasurer Report

### District 4 Financial Report

1st Quarter 2021

Date: 1/1/2021 - 12/31/2021	2020 Actual	1st QTR Jan-Mar	2nd QTR April-June	3rd QTR July-Sept	4th QTR Oct-Dec	2021 Actual	Budget for 2021
<b>Income</b>							
Contributions	\$ 969.20	\$ 106.35				\$ 106.35	\$ 2,000.00
A Day In Al-Anon	\$ -					\$ -	\$ 200.00
Literature Sales at SETA	\$ 499.41					\$ -	\$ -
Silent Auction	\$ -					\$ -	\$ 275.00
<b>TOTAL INCOME</b>	<b>\$ 1,468.02</b>	<b>\$ 106.35</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ 106.35</b>	<b>\$ 2,475.00</b>
<b>Travel Expenses</b>							
Alateen Coordinator	\$ -					\$ -	\$ 250.00
Alt. District Representative	\$ -					\$ -	\$ 50.00
Archivist	\$ -					\$ -	\$ 50.00
Delegate's Expense	\$ -					\$ -	\$ 200.00
District Representative	\$ 98.84					\$ -	\$ 800.00
Public Outreach Coord.	\$ -					\$ -	\$ 1,500.00
Secretary	\$ -					\$ -	\$ 100.00
Treasurer	\$ -					\$ -	\$ 225.00
<b>TOTAL TRAVEL EXPENSES</b>	<b>\$ 98.84</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ 3,175.00</b>
<b>Other Expenses</b>							
Alateen Training	\$ 7.80					\$ -	\$ -
Conference Call Service	\$ 295.37					\$ -	\$ 250.00
A Day in Al-Anon	\$ -					\$ -	\$ 100.00
Literature Purchases	\$ 387.90					\$ -	\$ -
Miscellaneous (Love Gifts)	\$ 77.94					\$ -	\$ 100.00
Service Arms	\$ 4,700.00					\$ -	\$ 1,200.00
<b>TOTAL OTHER EXPENSES</b>	<b>\$ 5,469.01</b>					<b>\$ -</b>	<b>\$ 1,650.00</b>
<b>TOTAL EXPENSES</b>	<b>\$ 5,767.85</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ 4,825.00</b>
<b>Total Net</b>	<b>\$ (4,303.24)</b>	<b>\$ 106.35</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ 106.35</b>	

Bank Balance as of 1/21/21	\$ 4,466.54
Less Prudent Reserve	\$ 1,000.00
<b>Working Balance</b>	<b>\$ 3,466.54</b>

District 4 Financial Report  
2020 Final

Date: 1/1/2020 - 12/31/2020	2019 Actual	1st QTR Jan-Mar	2nd QTR April-June	3rd QTR July-Sept	4th QTR Oct-Dec	2020 Actual	Budget for 2020	
<b>Income</b>								
Contributions	\$ 1,955.61	\$ 305.40	\$ 278.95	\$ 170.13	\$ 210.72	\$ 965.20	\$ 2,000.00	
A Day in Al-Anon	\$ 2,652.84					\$ -	\$ 200.00	
Literature Sales at SETA		\$ 499.41				\$ 499.41	\$ -	
Silent Auction						\$ -	\$ 275.00	
<b>TOTAL INCOME</b>	<b>\$ 4,608.45</b>	<b>\$ 804.81</b>	<b>\$ 278.95</b>	<b>\$ 170.13</b>	<b>\$ 210.72</b>	<b>\$ 1,464.61</b>	<b>\$ 2,475.00</b>	
<b>Travel Expenses</b>								
Alateen Coordinator						\$ -	\$ 250.00	
Alt. District Representative						\$ -	\$ 50.00	
Archivist						\$ -	\$ 50.00	
Delegate's Expense						\$ -	\$ 200.00	
District Representative	\$ 523.91		\$ 98.84			\$ 98.84	\$ 800.00	
Public Outreach Coord.						\$ -	\$ 1,500.00	
Secretary						\$ -	\$ 100.00	
Treasurer						\$ -	\$ 225.00	
<b>TOTAL TRAVEL EXPENSES</b>	<b>\$ 523.91</b>	<b>\$ -</b>	<b>\$ 98.84</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ 98.84</b>	<b>\$ 3,175.00</b>	
<b>Other Expenses</b>								
Alateen Training	\$ 58.80		\$ 7.80			\$ 7.80	\$ -	
Conference Call Service			\$ 231.65		\$ 63.72	\$ 295.37	\$ 250.00	
A Day in Al-Anon	\$ 962.77					\$ -	\$ 100.00	
Literature Purchases	\$ 395.07	\$ 587.90				\$ 587.90	\$ -	
Miscellaneous (Love Gifts)					\$ 77.94	\$ 77.94	\$ 100.00	
Service Arms	\$ 750.00	\$ 300.00	\$ 3,800.00	\$ 300.00	\$ 300.00	\$ 4,700.00	\$ 1,200.00	
<b>TOTAL OTHER EXPENSES</b>	<b>\$ 2,166.64</b>	<b>\$ 887.90</b>	<b>\$ 4,039.45</b>	<b>\$ 300.00</b>	<b>\$ 441.66</b>	<b>\$ 5,669.01</b>	<b>\$ 1,650.00</b>	
<b>TOTAL EXPENSES</b>	<b>\$ 2,690.55</b>	<b>\$ 887.90</b>	<b>\$ 4,138.29</b>	<b>\$ 300.00</b>	<b>\$ 441.66</b>	<b>\$ 5,767.85</b>	<b>\$ 4,825.00</b>	
<b>Total Net</b>	<b>\$ 1,917.90</b>	<b>\$ (83.09)</b>	<b>\$ (3,859.34)</b>	<b>\$ (129.87)</b>	<b>\$ (230.94)</b>	<b>\$ (4,303.24)</b>		
							Bank Balance as of 12/28/20	\$ 4,595.19
							Less Prudent Reserve	\$ 1,000.00
							<b>Working Balance</b>	<b>\$ 3,595.19</b>
Prepared by Kim R. 2/13/21								

# WANTED



# PARTICIPANTS

Program Of Sponsors Sharing Everything

**TEXAS EAST AREA TWENTY-SEVENTH ROUND-UP WEEKEND  
OF AL-ANON MEMBERS INVOLVED IN ALATEEN SERVICE,  
(AMIAS) ADULTS INTERESTED IN ALATEEN GROUP  
SPONSORSHIP AND DISTRICT ALATEEN COORDINATORS**

**WHEN:** MARCH 26, 27, 28, 2021

**WHERE:** DISCIPLE OAKS CAMP & RETREAT, GONZALES, TX

**WHAT:** WORKSHOPS ON: SETTING BOUNDARIES, ATTENDING  
CONFERENCES, SPONSOR RESPONSIBILITIES, STARTING  
NEW GROUPS, PROGRAM IDEAS, AVOIDING BURNOUT

**COST:** \$125.00 PER PERSON - Included in the cost is two nights lodging,  
Saturday meals, Sunday breakfast & registration.

**REGISTRATION MUST BE POSTMARKED BY MAR 5, 2021**

**Chairman:** Lynn S.  
[etxposse@yahoo.com](mailto:etxposse@yahoo.com)

**Registrar:** Nancy B.  
PO Box 42  
Coupland, TX 78615

SAVE THE DATE!

MAY 14-16, 2021

SPRING ASSEMBLY IN TYLER

HOLIDAY INN- 5701 SOUTH BROADWAY

TYLER, TX

(903) 561-5800