



The Light



3rd Quarter 2019

District 4 - Texas East Area 53

Page 1

District Officers/ Coordinators

District Representative
Carol B
etxd4.districtrep@gmail.com

Alt District Representative
Sue D
alanonsudy@gmail.com

Secretary
Renee G
prolawnmail@yahoo.com

Treasurer
Linda F
dfiegener1@comcast.net

Public Outreach
Pam J
pilgrims4@hotmail.com

Archives
Carla G
cgurley@smequipment.com

Spanish Coordinator
Rosario C
rosariocarothers@outlook.com

ISR Liaison
Laura B
laurabafg1972@gmail.com

District Representative Report

I hope everyone enjoyed their summer. Now that school has started, watch out for the school zones and the busy areas around schools.

I can't thank everyone enough for helping and participating in our Day In Al-Anon. It was wonderful to have our Delegate, Kay C, at the event. She was our workshop leader and shared her experience, strength and hope with us. It was a great day of recovery, fellowship, good food, and some first experiences for our district. Not only did we step out with technology and used Square to accept payments, but we had Spanish translation, including translators and specialized equipment. Our main focus for this event is to provide an additional day of recovery and fellowship, but we also raised monies for Al-Anon at our district level. We'll have a financial update at our next district meeting on Sept 21.

I'll be attending the next AWSC meeting Saturday, August 24, in Schertz, TX (near San Antonio). The AWSC is made up all the Texas East Area 53 district representatives, area officers, intergroup liaisons, past delegates and past chairs. We meet to discuss potential agenda items for the upcoming assemblies, address any issues impacting our area and districts, including reviewing & updating various policies and procedures. I look forward to our meeting and representing our district.

Please put on your calendar and plan to attend our next Assembly, Nov 1-3, in Victoria, TX. This is not far from us, south on 59, so it's a great opportunity to represent your group and provide a voice for voting at the area. Group representatives, or their alternates, are the only ones who can vote at the Assembly so the GR's attendance (or their appointed alternate) is important. We are a supporting district for this Assembly and have been asked to provide baskets for the fundraising raffle. Please encourage each of your groups to provide a basket as service and in gratitude. This is a fun opportunity to work together with your group. If no one in your group is attending Assembly, you're welcome to coordinate with me on delivering the basket.

I'm happy to see our members continue to identify health fairs and representing Al-Anon and sharing materials with the public. This is a great outreach opportunity and I encourage everyone to keep an eye out for health fairs in our community in which we can participate. Feel free to reach out to our outreach coordinator, Pam, if you'd like more information on what to share at a health fair.

I look forward to seeing everyone at our next district meeting September 21, at Margaret's house, at 6105 County Rd 203, Alvin, TX 77577. One item on our agenda will be District 4's 'Abundant Funds'. In addition to the funds we netted from our Day in Al-Anon, we have additional funds in the bank that need to be spent on outreach or other areas to help keep the doors of Al-Anon open and available for everyone. We'll be discussing ideas and looking for volunteers to help in this area.

Love in Service,
Carol B

INSIDE THIS ISSUE

DR Report	1
Minutes	2
Treasurer Report	3
Intergroup Liaison Report	4
Spanish Coordinator Report	4
Calendar of Events	5
Face to Face Flyer	6
Fall Assembly Flyer	7
ATAAC Conference Flyer	8

**AL-ANON/ALATEEN WORD HELP
FREQUENTLY USED ACRONYMS**

AA – ALCOHOLIC ANONYMOUS
AFG – AL-ANON FAMILY GROUP
AAPP – AREA ALATEEN PROCESS PERSON
AIS – AL-ANON INFORMATION SERVICE (AKA INTERGROUP)
AMIAS – AL-ANON MEMBER INVOLVED IN ALATEEN SERVICE
AT – ALATEEN
ATAAC – ALL TEXAS AL-ANON/ALATEEN CONFERENCE
AWSC–AREA WORLD SERVICE COMMITTEE (TEXAS EAST AREA 53)
CAL – CONFERENCE APPROVED LITERATURE
CMA – CURRENT MAILING ADDRESS
**D4 – DISTRICT 4 (ALL OF FORT BEND, MATAGORIA, BRAZORIA,
GALVESTON, WHARTON COUNTIES)**
DAC – DISTRICT ALATEEN COORDINTOR
DR – DISTRICT REPRESENTATIVE
ETAAA - EAST TEXAS AREA AL-ANON/ALATEEN ASSEMBLY
GR - GROUP REPRESENTATIVE
ISR – INFORMATION SERVICE REPRESENTATIVE

District 4 Minutes

Began: 2:30 pm , June 9, 2019

Carol B., District Rep, opened the meeting with the Serenity prayer and the group continued with reading of the Traditions, Concepts of Service and the Warranties.

Welcome and introductions. “Ask it” Basket

New Group Reps were encouraged to go online and register, or to make any changes.

Secretary: Sue filled in for Renee’s absence. Motion to Approve minutes of the last District meeting was made by Carla, seconded by Delia.

Treasurer report: Linda stated income was likely coming from A Day In Al-Anon. \$857 in donations have been received so far this year. Report was approved as published.

Alternate District Rep: Sue read a directive from the WSO stating two pamphlets, “Al-Anon Welcomes Gays and Lesbians” and “If Your Parents Drink Too Much” have been discontinued as of May 2019. New service manuals will be out November 2019.

Archives: Carla offered to bring archives to A Day In Al-Anon 2019.

Public Outreach: Pam reported success in getting publications into Fort Bend libraries. She also attended the Ft. Bend Symposium and stated the need for business cards to hand to mental health attendees. Brazoria and Galveston Counties also hold Coalition meetings every month. Sue is following up on Brazoria County.

Sue contacted the Pearland Neighborhood Center and they are willing to display Al-Anon pamphlets.

Rosario asked if there was Spanish Translation available for A Day In Al-Anon. Sue is following up.

Old Business: We are partnering with District 3 for the November Assembly. AF Groups need to bring baskets. Sherri and Teresa are doing a skit. It will be held November 1-3 in Victoria, Tx.

2019 Day in Al-Anon: Besides Spanish translation needed. Joyce brought up the ease of using “Square” and offered her assistance for streamlining literature sales and registration. Sue will follow up with Joyce, Linda and Pam.

New Business: Carol mentioned some districts are using conference calls for dist. Meetings, at least for those who cannot attend. Carol will check into this and provide an update at the next district meeting.

Margaret inquired if the Area website coordinator could come and teach the district board about the Texas website.

Next District meeting is Sep 21, 2019. 9:00 am Fellowship, 9:30 meeting open at the home of Margaret Ferguson. Pot luck lunch.

Treasurer Report

Date: 1/1/2019 - 12/31/2019	2018 Actual	1st QTR Jan-Mar	2nd QTR April -June	3rd QTR July -Sept	4th QTR Oct - Dec	2019 Actual	Budget for 2019
Income							
Contributions Income	\$ 2,241.62	\$ 315.35	\$ 542.01	\$273.74		\$ 1,131.10	\$ 2,000.00
District Meeting Donations	\$ 196.00					\$ -	\$ 175.00
Day In Al-Anon	\$ 5,728.97			\$2,652.84		\$ 2,652.84	\$ 200.00
P.O. Box Refund	\$ 6.00					\$ -	
Silent Auction	\$ -					\$ -	\$ 275.00
TOTAL INCOME	\$ 8,172.59	\$ 315.35	\$ 542.01	\$2,926.58		\$ 3,783.94	\$ 2,750.00
Other Expenses							
Alateen Coordinator						\$ -	\$ 100.00
Alt. District Representative						\$ -	\$ 50.00
Archivist						\$ -	\$ 50.00
District Representative	\$ 273.40					\$ -	\$ 600.00
Public Outreach Coor.	\$ 299.50					\$ -	\$ 1,000.00
Secretary						\$ -	\$ 100.00
Treasurer	\$ 146.82					\$ -	\$ 225.00
Delegates Expense	\$ 70.00					\$ -	\$ 200.00
TOTAL TRAVEL EXPENSES	\$ 691.02	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 2,225.00
Other Expenses							
P.O.S.S.E.						\$ -	\$ 125.00
Alateen Training				\$58.80		\$ 58.80	
Service Arms	\$900.00			\$300.00		\$ 300.00	\$ 600.00
Miscellaneous Expenses	\$166.25					\$ -	\$ 100.00
District 4 Day in Al-Anon	\$3,964.41			\$962.77		\$ 962.77	\$ 100.00
TOTAL OTHER EXPENSES	\$5,030.66	\$ -	\$ -	\$1,321.57	\$ -	\$ 1,321.57	\$ 2,750.00
TOTAL EXPENSES	\$5,721.68			\$1,321.57		\$1,321.57	
Total Net end of 2018	\$2,450.91			\$1,605.01		\$2,462.37	
Bank Balance as of 8/15/2019							\$9,210.81
Less Prudent Reserve							\$ 1,000.00
Working Balance							\$8,210.81
Prepared by L. Fiegenger 5/15/2019							

Day In Al-Anon 2019

	Income	Change	Actual	Expense	Total
Registration					
Pre-Registration					
On-Site Registration					
Total Registration	\$1,215.00	\$205.00	\$1,010.00		
Bake Sale	\$501.00	\$120.00	\$381.00		
Silent Auction	\$627.00	\$95.00	\$532.00		
Literature	\$919.84	\$190.00	\$729.84		\$2,652.84
Food				(\$187.07)	
Literature				(\$516.81)	
DR Expenses				(\$83.62)	
Committee Chair				(\$112.29)	
Hostess				(\$20.35)	
Square Fee				(\$12.63)	
Just for Tonight Gifts				(\$30.00)	(\$962.77)
Grand Total					\$1,690.07

Square Break Down

CONTRIBUTIONS TO DISTRICT 4—EAST TEXAS AREA 53**(Please attach this form to your check or money order) PRINT ALL INFORMATION**

Group Name: _____ Group # _____

City: _____ ST: _____ Zip: _____

Amount: _____ CK/MO #: _____

Sent by: _____

Send Self Addressed Stamped Envelope (SASE) or Email Address for receipt:

Make checks payable to: District 4 AFG. ***Please do not send cash by mail.*****Mail to: District 4 Treasurer 504 Hollyhock St., Richwood, TX 77531****Intergroup District 4 Liaison**

The meeting was held at the Chapelwood United Methodist Church July 28, 2019. The Board announced there is still a need for volunteers for phone calls and the bookstore. They have hired another employee to allow cover for Jori when needed. The budget is in the black. The contributions and literature sales have been better than projected.

Laura B

Spanish Coordinator Report

The Spanish Group, Nuevos Sernderos, (New Trails) is doing a book study during the last week of the month from 6:00 to 8:00 pm. "De la Supervivencia a la Recuperación" (From Survival to Recovery).

The Al-Anon Spanish Intergroup will celebrate their anniversary on October 27, 2019 from 2:30 to 5:30 PM. Everyone is invited and English translation will be provided at the event being held at the San Mateo Church, 6635 Alder Dr, Houston, TX 77081. For more information please contact Nora at 832-641-3720 or Jovita at 713-550-3484.

Rosario C

Articles for
The Light
 Please submit articles to:
Laura Bowen
 laurabafg1972@gmail.com
 By
November 16, 2019

**LINKS OF SERVICE
CONTRIBUTIONS**

- Sep 21 District 4 Meeting
Margaret's House
6105 County Rd 203
Alvin, TX 77577
9:30am-12:30pm

- Oct 19 Face to Face
Council on Recovery
303 Jackson Hill St
Houston, TX 77007
9am-3:30pm

- Oct 27 ISR Meeting
Chapelwood UMC
11140 Greenbay St
Houston, TX 77024
4 pm

- Nov 1-3 November Assembly
Victoria, TX

- Dec 14 District 4 Meeting
Surfside AFG
818 Angel Wing
Surfside, TX 77541
9:30am-12:30pm

- Feb 7-9
2020 ATAAC Conference
Houston Marriot Westchase
Online Registration
www.ataactx.com

- **District 4**
Check Payable to: District 4 Treasurer
Mail to: District 4 Treasurer—504 Hollyhock,
Richwood, TX 77531
- **East Texas Area Assembly—Area 53**
Check Payable to: ETAAA
Mail to: Treasurer ETAAA—P O Box 1324
Silsbee, TX 77656
- **Al-Anon World Service Office**
Check Payable to: AFG, Inc.
Mail to: 1600 Corporate Landing Parkway
Virginia Beach, VA 23454
- **Al-Anon Family Group Services (Intergroup)**
Check Payable to: AFGS
Mail to: 9800 Northwest Freeway. Ste 201
Houston, TX 77092



SAVE THE DATE!!!

Al-Anon/Alateen DAY IN RECOVERY

Saturday, October 19, 2019
9am-3:30pm



Want to join in the planning?
Contact the Intergroup Office to let us know
you are interested.

Face 2 Face Houston Intergroup Fundraiser

at

Council on Recovery
303 Jackson Hill Street
Houston, TX, 77007

-  **LUNCH**
-  **ALATEEN PROGRAM**
-  **SPEAKERS**
-  **WORKSHOPS**
-  **ICE CREAM SOCIAL**



A Kernel of Gratitude Changes Your Attitude

East Texas Area Al-Anon/Alateen Assembly
Fall Assembly 2019
November 1 - 3, 2019



Hilton Garden Inn, 123 Huvar Street, Victoria, Texas 77904 (361) 573-0303

Ask for ETAAA rates: Double \$129 (breakfast not included)

Hotel Reservation CUTOFF DATE: October 4, 2019

Doors and Registration open on Friday at 4:00 PM

Need additional info? Call or text Susan J. at (361) 676-7477

Alateen Notice: When registering, all Alateens must turn in a completed Behavioral Guidelines Form and be accompanied by a responsible registered adult. Notarized Permission and Medical Forms are to be kept by the responsible registered adult. Forms can be obtained from an Alateen AMIAS or Alateen Coordinator.

GR____ DR____ AMIAS____ First Assembly?(Y/N)____ No. of years in the Program____

Name: _____ Name on Badge: _____

Address: _____

City/State/Zip: _____

Phone: _____ Email: _____

District # _____ Group Name: _____

REGISTRATION: make checks payable to **District #3 – ETAAA**

Registration Deadline: October 4, 2019

After October, registration at event \$35

Mail registration to: **Jocelyn B., 3805 County Rd 419, Yoakum, TX 77995**

____\$30 Al-Anon ____\$30 AA ____\$5 Alateen ____\$16 Saturday Luncheon



41st ANNUAL ALL TEXAS AL-ANON/ALATEEN CONFERENCE

February 7-9, 2020

Houston Marriott Westchase Hotel
2900 Briar Park Dr
Houston, TX 77042
(713) 978-7400

Room Rate: \$99 Single/Double each night
Includes:

2 breakfast coupons/room each morning

[Online Registration @ www.ataacts.com](http://www.ataacts.com)

Speakers:

Ellen C., Addison, TX
Ric Buchanan, Fort Lauderdale, FL
Betty B., Houston, TX

Angie P., Cincinnati, OH - AA
Kent K., Houston, TX

Alateen Program	Raffle Banquet & Luncheon	Al-Anon Discussion Meetings	Workshops	AA Discussion Meetings Silent Auction
-----------------	------------------------------	--------------------------------	-----------	--

Return Registration to:

ATAAC
P.O. BOX 94, Alvin, TX 77512

Make Checks payable to ATAAC

For more information contact:

ataac2019@gmail.com

Pre-Registration for only \$25 and save \$5.00 (\$30 after Jan. 31, 2020)

Name: _____

Email Address: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Badge Name (print): _____ Al-Anon AA \$ _____

Additional Pre-Registrations:

Badge Name (print): _____ Al-Anon AA \$ _____

Badge Name (print): _____ Al-Anon AA \$ _____

Alateen Registration \$5.00 Badge Name (print): _____ \$ _____

NAME OF RESPONSIBLE ADULT FOR ALATEEN[®]: _____

Saturday Night Banquet^{**} (Must be registered to attend) \$37.00 each Quantity: _____ \$ _____

Luncheon/Speaker^{**} (Must be registered to attend) \$16.00 each Quantity: _____ \$ _____

Vegetarian OR Gluten Free Scholarship Fund / Need \$ _____

(Please make checks out to ATAAC) Total Amount Enclosed: \$ _____

*Alateens must be accompanied by a responsible adult and be age 13 or older.

** As Tradition 7 states "Every group ought to be fully self-supporting, declining outside contributions."

Attending the Luncheon and Banquet ensures that we meet our contract obligations and keeps registration costs down.