

THE BEACON

THE NEWSLETTER OF THE EAST TEXAS AREA AL-ANON/ALATEEN ASSEMBLY

A Message from the Chair ~ Lynn S. ~

First Things First – Happy New Year Area 53!

Our hearts were full of gratitude at the Fall Assembly as District 10 hosted with enthusiasm and hospitality. District 9 served as the Support District making sure the Group Representatives (GRs) were all signed in and ready for the business meeting Saturday. Thank you to both Districts for a successful weekend.

Another gratitude for this assembly was the four workshops held on Sunday morning. Your area coordinators facilitated workshops: a Walk through the Website; Public Outreach; Al-Anon Member Involved in Alateen Service (AMIAS) and Conference Approved Literature (CAL). All four were well attended and the feedback was very positive for future assembly workshops. Thank you to the workshop facilitators.

As we prepare for the second year of this panel, I remember a question that came up during a past district meeting. - **“Why does the GR need to attend the assembly if there is nothing on the proposed agenda to vote on?”** Because, the proposed agenda (published in *The Beacon*) is approved by the Area World Service Committee (AWSC) at the assembly before the business meeting and a matter to be voted on might appear on the approved Agenda after all. So, the GRs should be present and ready to vote in case of a last-minute addition to the Agenda!

That brings this question to my mind, “Why do we have assemblies?” I think it is best stated in the Al-Anon/Alateen Service Manual 2018-2021 (P-24/27). Read about it on page 141 under Duties of Assembly Members: Group Representative (GR) and page 157 under General Information for Assemblies section, then turn to page 171 to see the World Service Conference Structure chart. I encourage you to read and share what you learn with your group.

So, what if you are not the GR, why would you consider attending the assembly? The first thing that comes to my mind is the Fellowship, second is learning how service can take you to parts of Texas that you may never have the opportunity to visit. And last but not least it can just be the **experience to help you decide if service work is for you. You don't have to be a current trusted servant to be a part of the arel am looking forward to the Area World Service Committee (AWSC) Leadership Seminar weekend of March 29-31, 2019.** The goal of this seminar is to offer the AWSC members the opportunity to get to know each other and our service positions to the area and our districts and become better leaders together. As we begin the New Year 2019 let us keep our focus on these key ideas:

- Educate* – **“Listen and Learn”** *Communicate* – **“Keep an Open Mind”**
- Coordinate* – **“Let It Begin with Me”** *Facilitate* – **“Easy Does It”**



Calendar of Events

ATAAC

February 8-10, 2019
Houston Marriott
Westchase Hotel
2900 Briar Park Dr.
Houston, TX 77042

POSSE

March 22-24, 2019
Gonzales, Texas

May Assembly 2019
May 3-5 2019
Casa de Palmas
Renaissance Hotel
101 N. Main St.
McAllen, TX 78501

November Assembly
2019
Nov. 1-3, 2019
Victoria, Tx

Deadline for Submissions for
the next issue of *The Beacon*

April 1, 2019

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AREA WORLD SERVICE COMMITTEE - 2018-2020

For Contact Information for East Texas Area 53 World Service
Committee Member:

Contact your Group Representative or send request to: web@texas-al-non.org.



AREA CONTRIBUTIONS

MAIL To: ETAAA Treasurer

P.O. Box 1324

Silsbee, TX 77656

Delegate Report ~Kay C. ~

Greetings from your Delegate for World Service Conference (WSC) Panel 58! Life has been busy for me as I have moved to Horseshoe Bay, Texas. My email and cell phone will stay the same, but my physical address will change. My home phone service is disconnected. As Delegate I am your link of Service to World Service Office (WSO). Please contact me if you have any questions or comments on my report or AI-Anon in general. AI-Anon is definitely not standing still!

Safety in AI-Anon Meetings Tool. The WSO issued a *Safety in AI-Anon Meetings* document that should serve as a tool to have a conversation about safety in your group. The document was mailed to all registered AI-Anon meetings in the World Service Conference Structure in English in December. The Spanish and French translations will be mailed to meetings with these as their primary language as soon as possible in the new year as they are being translated. If you have not received this document, check with the person who receives your mail Current Mailing Address (CMA). If they did not receive it contact your District Representative (DR) as they have a copy. Hopefully this tool will promote an environment of safety and unity throughout the groups in your District so they may focus on their primary purpose—to help families and friends of alcoholics. Please note, this document applies to AI-Anon meetings, groups, events, and members: For Alateen safety, please refer to your Area Alateen Safety and Behavioral Requirements.

2019 World Service Conference. The 2019 WSC is in Virginia Beach, Virginia and will be April 12-18 due to religious holidays on April 19-21. At the 2018 WSC, the Conference Leadership Team asked everyone to put in ideas for the 2019 WSC. From these ideas, they chose the theme Action is Attraction – There is No Growth in the Comfort Zone. I will have more information at a later date as to where to mail gifts of appreciation. I do appreciate all the gifts I receive from the groups, individuals, and districts. As part of the WSC proceedings, I had to turn in highlights for our Area. With the help of Mattie T., our Alternate Delegate, I was able to summarize in 200 words a lot of the great things that we did as an Area. We have accomplished a lot as an Area to bring the hand of AI-Anon to the family and friends of alcoholics. I am so proud to be a member of this Area and humbled to be your trusted servant.

District Visits. This year I visited District 6 and District 4. I have contacted all the DRs for times that are convenient for **me to visit their Districts. Next year's scheduled is shaping up as follows:** District 2: January 19, 2019, District 1: January 25-27, 2019, and District 7: July 20, 2019. I am looking forward to these visits and visits to other Districts.

Road Trip 2018. You and Your Board Connect! This event was a great success even though the turnout was smaller than we had hoped (expectations get you every time). Those who attended had fun and learned a lot about being a trusted servant above the group level. I know I had a fun time! The Trustees had a great time and loved our enthusiasm for AI-Anon in our Area.

Delegate Musings. As I look back on the year, it has been a growth opportunity for me to be your Delegate. The first year of a new service position is always the most difficult because even though you think you know what the position **entails, you really don't. I know for me, being Delegate** has made the Concepts come alive in my program. During last Assembly, a group of members had a casual discussion about Concept eleven and how they apply to our Area Assemblies and AWSC meetings so I am inspired to share a little about the Concepts in my report each quarter. In this report, I will share about Concepts 1, 2 and 3.

Concept 1: *The ultimate responsibility and authority for AI-Anon world services belongs to the AI-Anon groups.* In AI-Anon there are two types of authority, ultimate and delegated. *The groups exercise their ultimate authority by wisely electing people to speak for them, keeping those representatives informed through the group conscience, and then trusting them to do their jobs.* Paths to Recovery (B-24) page 251. The GRs have delegated authority at the Assembly, the District Representatives (DRs) have delegated authority of the Districts at the Area World Service Committee Meeting (AWSC) along with the Area Coordinators, Area Officers, and AI-Anon Information Service (AIS) liaisons, and I have delegated authority at the World Service Conference (WSC). The pamphlet *The Concepts AI-Anon's Best-Kept Secret?* (P-57) page 5 speaks to this responsibility: *As long as there is balance of responsibility and authority in our groups and the groups' representatives in service, worldwide AI-Anon will continue to give hope and help to all whose lives have been affected by someone else's drinking.* My principle for this step is responsibility as my responsibility is to bring the voice of Texas East Area 53 AI-Anon members to the WSC in April and represent all of you through our week long informed group conscience and to keep members informed about WSO and the WSC activities.

Concept 2: *The AI-Anon Family Groups have delegated complete administrative and operational authority to their Conference and its service arms.* This Concept provides the principles of democracy in addition to the spiritual principles of trust, judgement, and responsibility. The GRs are trusted to make decisions for their groups, the district representatives are trusted to make decisions for their districts at the Area World Service Committee (AWSC) meetings along with the coordinators, information center liaisons, and the officers on matters to bring to the Assembly business meeting, I am trusted to make decisions at the WSC.

Concept 3: The right of decision makes effective leadership. This Concept is about the spiritual principles of trust and dignity. Allowing our trusted servants (GRs, DRs, Officers, Coordinators, Liaisons, Delegate, Board of Trustees, WSO staff, committee members, thought force members, task force members, meeting chair, meeting set-up person, newcomer greater, etc.) to act freely without being hassled or second-guessed and give the person dignity of doing that position. This is a change in our attitude for most of us, as before AI-Anon, we did not trust anyone with a decision. Having trust helps us to overcome harsh imposition of micro-managing (control) as a way of life. Trust, however, is a privilege, it has to be earned and not demanded. If the trust is violated by knowing breaking the Traditions, a

trusted servant can be removed from office through the result of a group conscience. (See, *The Concepts*, pages 8-9).

In closing, I would like to thank you for letting me serve as the Texas East Panel 58 Delegate. I look forward to seeing all of you in McAllen in at the Spring Assembly!

Alternate Delegate Report-Mattie T. ~

Happy New Year 2019

I hope everyone had a beautiful holiday with family and friends. Out with the Old and in with the New Chapters in our lives of recovery.

What a wonderful time at the Fall Assembly hosted by District 10. It was a weekend filled with fellowship, workshops and information gathering.

Congratulations to The Greggton Group (District 10) for winning The Book Mark Challenge. They were presented with a Spirit Pole. They wrote about how using the Conference Approved Literature (CAL) literature reminded them how truly blessed they were to have the Twelve Steps as their backbone for living. Thank you to all the Groups that participated in this wonderful challenge and using CAL in your meeting.

Are you ready for our next challenge? Let's see what District will have the most GRs to the Spring Assembly in May 3-5 in McAllen, TX.

As the Literature Coordinator for Area 53, I was asked by our Chair (Lynn S.) to do a literature workshop. Most of the members attending the workshop thought I was going to talk about **the many conference approved literature**. "My, Oh My!" were they surprised when they found out it was actually a writing workshop. We had about 16 members attending and each member wrote about their recovery and how it has affected their lives in a positive way. I gathered their sharing and submitted it to the Forum. Hopefully, we just might see our members sharing published.

From WSO:

As your group finishes up the year, what are your collective thoughts about 2019? Is it time to review your meeting format and consider changes? *Al-Anon and Alateen Groups at Work* (P-24) describes many different meeting ideas on pages 42-44; perhaps you could throw in an occasional speaker meeting? Maybe everything is going very well, and a group inventory would provide your group with a helpful reminder of what is working so you can continue to attract new members and support the regulars. The guideline *Taking a Group Inventory* (G-8a & G-8b) might be just the ticket.

WSO has just issued the attached Safety in Al-Anon Meetings document. A printed copy will be mailed to all registered Al-Anon meetings in the World Service Conference Structure in English in December. The Spanish and French translations will be mailed to meetings with these as their primary language as soon as possible in the New Year as they are being translated.

Please distribute to your groups. Hopefully this tool will pro-

mote an environment of safety and unity throughout the groups in your District so they may focus on their primary purpose—to help families and friends of alcoholics.

Please note, this document applies to Al-Anon meetings, groups, events, and members: For Alateen safety, please refer to your Area Alateen Safety and Behavioral Requirements. This document is should not posted on any district or information service websites at this time. Any questions should be directed to me as your link of service to WSO.

"Sharing needed for "CAL Corner": We always need more shading about how CAL has helped members with their recovery. Please urge members to send sharing. We'd love to hear members' thoughts about *To Parents of Alcoholics* (P-16) and *Hope & Understanding for Parents & Grandparents* (P-94).

Sharing is still needed for our new daily reader! This book will be a collection of meditations to help us throughout our day. Focus on a single insight that you found helpful in your personal growth and recovery. Apply an Al-Anon principle—a slogan, a Step, Tradition, or Concept; the Serenity Prayer; or other Al-Anon tool—to a real-life problem or challenge.

If printed, your sharing will remain anonymous, but please include your name and postal or e-mail address with your sharing so that we can acknowledge receipt.

Please mail, fax, or e-mail your completed sharing to:

Al-Anon Family Group Headquarters, Inc.

1600 Corporate Landing Parkway

Virginia Beach, VA 23454-5617

Attn: New Daily Reader

Fax: 757-563-1656 e-mail: wso@al-anon.org **(Please put "New Daily Reader" in the subject line)**

Area Alateen Coordinator ~ Jayne G. ~

Greetings to all. What a year this has been!!

First, I want to thank the GRs in attendance at the November 2018 Assembly for being generous and allowing the AAC budget to include some big changes.

But before I get to that, I want to let everyone know that the new and approved by legal counsel and approved by WSO application for Al-Anon Member Involved in Alateen Service (AMIAS) certification is finally finished and approved at the November Assembly. Recertification should be in full swing by the time everyone gets their *Beacon*, and hopefully the new application is available on the Texas website.

I will once again push for recertification workshops to allow current AMIAs to meet with each other for support and the sharing of Experience, Strength and Hope.

I hope to also have in place before the end of January a questionnaire for Workshop facilitators to use for AMIAs that are unable to attend a workshop. The idea being that as experienced AMIAs, it will not be necessary for us to have a manual to review, the original papers from the Initial Certification Workshop is the manual. The blank certification paperwork that needs to be sent in annually will be available on the Texas website.

At the November Assembly, I brought up that the largest expense a district has for the AMIAS workshop is paying for travel as we still do not have a trainer in each district. And the title these volunteers have is AREA trainers. I asked that the Area be willing to pick up that part of the expenses. And the Assembly gave approval to pay the travel expenses of trainers when they provide a workshop. For that I am grateful.

Also I asked that in the Area Alateen Coordinator (AAC) budget include the reimbursement of registration and travel to Program Of Sponsors Sharing Everything (POSSE) of anyone who is willing to become a trainer. That also was approved. I am hoping that this will encourage folks to step up for this opportunity to become a trainer. If you are interested, please see that you qualify first. POSSE is a wonderful week-end of workshops and fellowship that hopefully will be great foundation for future and current trainers.

These expenses will have to come through the AAC to be approved. And I hope I will get to approve a number of trainers to help with the workshops.

The POSSE registration will be available and I hope to see a number of new faces as well as the usual posse that comes each year. If you are interested, please contact your District Alateen Coordinator (DAC) or District Representative (DR) if your district does not have a DAC. This year POSSE will be March 22-24 at our usual place in Gonzales.

This year will be our first without an Alateen Conference. This breaks my heart but at this time, until we can bring up attendance at the Alateen meetings and have Alateen Group Sponsors willing to bring the teens as well as have an Alateen group that is willing to host and lead the conference, I believe this is what needs to happen. I personally have been encouraging A Day in Alateen when I do a workshop in hopes of encouraging Alateen groups to host a gathering for a day for other Alateens.

Next on my list of things I would like to accomplish is a formal questionnaire for folks who want to recertify that are unable to attend a re-certification workshop. Also I will be assisting in the Policy and Procedure group to put in writing the process of how changes to our application is to be handled. I discovered that if we change anything on the application, it has to not only go before the Assembly, but even before that, it has to have legal counsel as well as World Service Office (WSO) approval. Some changes in the current new application will hopefully cut down the number of times the Assembly will be asked for approval. An example being the constantly changing of the price of a background check.

And a formal Training Manual for all trainers so that we know everyone is getting the same information.

Still a lot on my plate. "One Day at a Time"; "Easy Does It;" and "Together We Can Make It".

Thank you for allowing me the privilege to serve as your Area Alateen Coordinator

Area Alateen Process Person ~ Brenda H. ~

Happy 2019! As winter wanes and spring breaks, I will begin the recertification process for all AMIASs who plan to continue in this service work. WSO will release the recertification database in April and it will remain open until June 30, 2019. The

Area 53 deadline for submitting paperwork is June 1, 2019. Keep watching this space and other forms of communication for information.

In March will be Program Of Sponsors Sharing Everything (POSSE) where AMIASs can attend training and submit their paperwork at the event. Check elsewhere in the *Beacon* for full details on POSSE.

Since the last report, three new Alateen groups have been established in Area 53: Corpus Christi, Rockport and Katy. Please check your local websites for meeting information and help promote these groups. And next time you see an AMIAS, please thank them for their service!

Public Outreach Coordinator ~ Lynn B. ~

The Purpose of Public Outreach is Step 12- "Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs."

The guide for Public Outreach is Step 11- "Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, and TV. We need guard with special care the anonymity of all A.A. members."

This is practiced through Attraction. We do not use Promotion in the Al-Anon/Alateen Service Manual 2018-2021 (pg117) also defines Promotion/Attraction.

I have fielded many questions regarding the difference between attraction and promotion. The most common question being, how is leaving literature and speaking to the general public at Health Fairs about Al-Anon not promotion?

When I use the words you ought to, you should, or you need to – I usually have an agenda, belief or idea of what is best for someone else. I am promoting my ideas and telling someone what is best for them. When I do not tell others how or what to do about their specific situation, handing out Al-Anon literature, and speaking with people about Al-Anon is an education process. This allows people who are bothered by someone **else's drinking to know that there is help if they seek it, on their own terms.**

The key difference for me between Promotion and Attraction **is: Promotion takes the dignity away from someone's choice to find help. Attraction brings dignity to someone's choice to seek help.**

Spanish Coordinator-Myrthala C. ~

No Report

Website Coordinator ~Dorie J. ~

After creating a few new pages on our website, I've noticed increased "number of views" - which means - you're visiting the website!! Yaaaaaaay!! Thank you for promoting the web-

site in your groups, sending in events, flyers, meeting updates and more. We want our website (<http://texas-al-anon.org/>) to be a resource for you, your groups, your district and Area 53 as a whole.

Here are a few updates you may have noticed:

- Newcomers tab: <http://texas-al-anon.org/members/newcomers/> (no password needed). This page includes links to “First Steps in Al-Anon” podcast, learning more about Al-Anon literature, slogans, acronyms, phone meetings, sponsorship and more! Feel free to share link with newcomers.
- Groups and member tab: <http://texas-al-anon.org/area-53-group-member-and-officer-information/> (password: anonymity). This page includes info for group business / finance, decision-making, public outreach and more.
- Districts tab: <http://texas-al-anon.org/area-53-district-information/> (password: anonymity). This page houses information and links for all East TX Districts. If your district would like your own page to post district-specific information, attachments, events, newsletters, etc. - please email me (doriejafg@gmail.com).

Group Records Coordinator ~ Al M. ~

Looking forward to a new year.

I have been getting a lot of annual Group Representative (GR) updates. This will be a way to insure that all group information on the World Service Office (WSO) list will be correct and up to date. When I was a GR, I was not aware of this task. As I work on these annuals I see groups that have very old information.

I still get incomplete GR-1s and have to send back for more information. When that happens it slows down the changes to WSO, AIS, Texas website, *The Beacon* and the DRs.

Now that WSO sends me a weekly report showing me what they changed I can update the DRs with those changes and the ones I receive.

The four AIS cities and I are now running smoothly with updating new information and the DRs and I are communicating on a regular basis when necessary.

The Beacon spreadsheet report will go out soon.

Work is still ongoing to get the Texas website up to date for the meeting schedule.

I still urge everyone to carefully fill out the GR-1: including all information. If I cannot complete them I have to send them back and this delays the updates.

I thank everyone for all their efforts.

Newsletter Editor~Rene Dymale~

Happy New Year to all.

The Beacon for January will be going out soon and I am ready and raring to go.

Lynn S. and I went to the Post Office, where we mail *The Beacon* and I learned how to add the barcode to the mailing labels. This process will alleviate some steps I take in getting the newsletter ready for mailing and will waive the yearly permit fee.

The next deadline for the April issue will be no later than April 1, 2019.

Archives Coordinator ~Dolores Wilson~

Success: Positive remarks from the spring assembly display and gratitude for the interest shown and for those who are donating to the Area Archives.

Challenge:

From Al-Anon Guidelines *Area Archives* (G-30) the **“PURPOSE:** The purpose of an Area Archives is to preserve the experience, history, and memorabilia of the Al-Anon fellowship from the beginning of the family movement in that locale. This history should be preserved so as to be available to the membership and the serious researcher, within the framework of our Traditions, for the good of Al-Anon as a whole.”

As Area Archivist I also serve as the link between the World Service Office (WSO) and the local trusted servants. G-30 lists 17 different areas of what to keep and what to build on possible categories. Also from the G-30 **“The extent of archival holdings depends largely on space. Common sense is a key factor in determining what history is, what will be history in the future, and what can be discarded.” With this in mind I will complete an inventory of the Area Archives before the next Area Assembly and post a listing of current contents for transparency to the Area and to attract interest.**

From WSO: *50th Anniversary One Day At a Time in Al-Anon* (B6-50th) first daily reader commemorative issue are still available from the WSO online store in English, Spanish (SB6-50th), and French (FB6-50th) while supplies last. Your local Literature Distribution Centers (LDC) may also have it in stock.

District Reports

District 1 ~Mandy T. ~

No Report

District 2 ~Ginny Mc. ~

District 2 has been very busy. We held our 3rd quarter District Meeting on July 28th at Padre Island AFG in Corpus Christi. Public Outreach reported attending a meeting at the Hector Garcia Medical Clinic and spoke with a group of 20-25 registered nurses about Al-Anon and handed out literature. Plans were made to go to the new Domestic Violence Court in **Nueces County and the Women’s Shelter to leave “Al-Anon**

Faces Alcoholism” brochures and meeting schedules. A thought force committee was formed to decide whether the district has a need for its own website or webpage. It was decided to focus on encouraging our members to use the WSO and Texas Al-Anon websites. There was discussion about the plans going on for the Rockport Recovery Roundup, October 26-28, with the proceeds going toward rebuilding their clubhouse. A flyer was sent to post on the area website.

I attended a planning meeting August 11 in Harlingen, TX for the 2019 Spring Assembly. Area Chair, Lynn S. was also present. The location of the hotel and rates were announced, committees were formed, and speakers were all discussed.

On August 25, we had 8 members (one from out of our District) attend our AMIAS training with Jayne G., our dedicated Area Alateen Coordinator. One local member did not quite qualify to become an AMIAS at this time, due to a technical issue, so we are all looking forward to having her join the AMIAS team hopefully next spring. As of this time, we have 8 trained and certified Alateen sponsors. District Alateen Coordinator, Kelly H., has been asked to write a proposal that can be given to local school principals for approval of Alateen presentations in the junior and senior high schools. GR, Katie I. has offered to help create the proposal having professional experience in grant-writing and education. They are on the agenda of the Region 2 Education Service Center meeting for December 11. Several Alateen sponsors have volunteered to be presenters and Kelly has scheduled training for them. We have a new Alateen meetings starting November 6, 2018 in Rockport and one on January 5, 2019 in Corpus. A new Al-Anon Spanish meeting started in September 2018.

District 2 hosted the AWSC meeting on September 8 in Corpus Christi and provided lunch for the group.

We just held our fourth quarter District Meeting on October 27 in Rockport, TX. A great lunch buffet was hosted by Safe Harbor AFG, New Hope AFG and Serenity Pass AFG. Liaison to A.A., Lisa W., gave us the flyer and registration information for the Coastal Bend Jamboree to be held January 25-27, at the Omni Bayfront Hotel in Corpus. The Al-Anon speaker will be Cathy M. from Buda, Texas. Chairs are needed for the Al-Anon meetings scheduled during the Jamboree. The District approved the 2018-2019 budget. Myrthala C. sent a report of the Spring Assembly planning meeting she attended on October 6. She also reported on a request for District 2 to host the Texas Hispanic Convention to be held in the summer of 2019. After discussion, it was decided I would get more details at the Fall Assembly about the guidelines of hosting the convention. It was decided to plan another Day in Al-Anon in 2019 as a fundraising event for the district. Delegate Kay C. will be our guest at the next District Meeting, January 19, 2019.

District 3 ~ Susan J. ~

Happy New Year from District Three! District Three consists of ten counties. Two of those counties house our five Al-Anon groups and one Alateen group which means some members travel thirty to sixty minutes one way to get to a meeting.

In 2019 our major focus is planning and hosting the 2019 Fall

Assembly. At the 2018 Fall Assembly, “Save the Date” cards were available, and if you missed or misplaced it the date is November 1 through 3, 2019, in Victoria. The theme is “A Kernel of Gratitude Changes Your Attitude”. District Four has actively offered their support and we’re grateful for that .

Goals for 2019:

1. Attract Alateens to the Alateen group using appropriate public outreach channels.
2. One meeting continues to meet without a Group Representative.
3. Plan for the 2019 Fall Assembly.

District 4~Carol B.~

Welcome 2019!

Several interesting and notable events have occurred in the **fourth quarter. Several of us in District 4 attended WSO’s “Road Trip! You and Your Board Connect”.** This was the first one I attended and it was very informative. Trustees told some of their own personal Al-Anon stories and then described their roles and/or committees they participate in as **part of their responsibilities. I’d recommend attending this event in the future as I learned a lot about how WSO works and was able to provide feedback to the trustees at my table.**

We’re excited about the Bay Area Club groups official approval to move from District 5 to District 4. Thanks to AI, the paper work has been submitted. We look forward to having them as District 4 members and working together to strengthen **Al-Anon participation in our District. They’ve already volunteered to host a quarterly District meeting in 2019 and are getting involved in other events.**

Kay C. our Area Delegate, joined us at our December 8 district meeting and shared with us her 1st year experiences in **her new role and updated us on this year’s World Service Conference.** We appreciated her visit, the knowledge she shared and getting to know her better.

We’ve had several District position resignations, but I was excited to see two of these filled at our December meeting. Sue D., will be our new Alternate DR and Laura B. is adding **ISR to her District responsibilities (she’s also our newsletter editor).** We still have our Alateen coordinator position open.

2019 District 4 quarterly meetings were set:

March 9

June 9

Sept 21

Dec 14

We’re looking forward to hosting the Jan 12 AWSC meeting.

Several of our District 4 members are on the ATAAC Committee and busy with planning. This is such a great recovery weekend. Add it to your calendar and plan to attend February 8-10 at Houston Marriott Westchase.

East Texas Area Al-Anon/Alateen Assembly (ETAAA)

November 3, 2018

Longview, TX

Opening: Lynn S. opened the meeting at 9:16 am with a moment of silence followed by the Serenity Prayer. Trish L. read the Twelve Concepts of Service. Lynn S. welcomed Assembly attendees, thanked District 10 for hosting, and thanked **District 9 for supporting District 10. Lynn S. read the Chair's report.** A copy of the report is filed with the minutes.

Delegate's Report: Kay C. presented a door prize drawing as gratitude to the Area for sending her to the World Service Conference (WSC). Since the last Assembly, Kay visited District 6 and District 4 and is planning to visit more Districts.

Kay mentioned a job opportunity that is available at the World Service Office (WSO) for a Group Service Specialist. She gave a presentation on the different types of Trustees, which are a Sustaining Trustee, a Regional Trustee, and a Trustee-At-Large. **Her complete Delegate's Report will be in *The Beacon*.**

The last item in her report concerned Chosen Agenda Items at the 2019 WSC. Chosen Agenda Items are areas of concern that affect Al-Anon as a whole. The 2018 Chosen Agenda Items are in the World Service Conference Summary, which is available on the **Al-Anon Members' website (www.al-anon.org/members)**. Kay asked for Chosen Agenda Items for the 2019 WSC by January 1, 2019. Those can be sent to her in an email; the area of concern should be 150 words or less.

Conversation Items:

1. ETAAA 2019 Budget – Diane B. presented 2019 proposed budget. Jennifer S., Carol B., and Allyn D. served on a budget committee to prepare the 2019 proposed budget. Lynn S. thanked the budget committee for their service. Also, at this time Diane presented the 2018 financial report for Jennifer S. The current income for 2018 is \$17,736.94. There is a deficit/loss of \$878.68. The checking account balance is \$38,895.61. The ample reserve is \$20,514.22.
2. District 7 The Woodlands Groups request to move from District 5 to District 7 -Allyn D. said that in the past The Woodlands Groups moved to District 5 from District 7. This move made District 7 imbalanced so District 7 reached out to The Woodlands Groups about moving back to District 7. Twelve out of the thirteen Woodlands Groups would like to move back to District 7.
3. District 4 League City Groups request to move from District 5 to District 4 –Eight groups in the Bay Area Club in League City who were originally in District 5 requested to move to District 4 because District 4 is geographically closer. The move will apply to all current and future groups.
4. ETAAA Safety and Behavioral Requirements Revision Jayne G. gave some historical background for the Al-Anon Member Involved in Alateen Service (AMIAS) Application and Certification Process. The original guidelines were not compliant with WSO guidelines because they had not been reviewed by legal counsel and some grammatical and wording changes were needed. The new proposed guidelines have been approved by WSO and are now legally compliant.

5. Memorial Contribution to WSO for Past Delegate Suzie Smith, Panel 22 – Pat E. gave a brief history of **Suzie's service to the Area and recommended a contribution of \$1000 to WSO in memory of Suzie.**

Coordinator Reports:

Coordinator reports were given by: Mattie T. (Literature), Jayne G. (Area Alateen), Dolores W. (Area Archivist), Al M. (Area Group Records), Rene D. (Newsletter), Lynn B. (Public Outreach), Myrthala C. (Spanish), and Dorie J. (Website). Reports from Coordinators are on file.

Meeting adjourned for lunch at 12:05 pm.

Meeting resumed at 1:09 pm. Roll call followed. 89 voting Group Representatives (GRs) were present broken down by District as follows: D1 (2), D2 (7), D3 (3), D4 (3), D5 (24), D6 (11), D7 (7), D8 (8), D9 (7), D10 (6), D12 (9), D13 (2).

Voting Procedure: Lynn S. asked the GRs to decide whether to vote by 2/3 vote, which would have been 55, or to vote by simple majority, which would have been 45. It was decided that a simple majority would be used, and the votes would be cast by ballot.

Minutes of the May 5, 2018 business meeting published in *The Beacon* (Vol. 50, Issue 3). Lynn S. called for corrections to the minutes for the business meeting held at the May 5, 2018 Assembly in Beaumont, Texas, as printed in *The Beacon* (Vol. 50, Issue 3). No corrections were made. The minutes were approved as printed in *The Beacon*.

Financial Report – Diane B. reported for Jennifer S. There were no questions regarding the 2018 Financial Report from the morning presentation. The report will be filed for audit.

Unfinished Business – None.

New Business-

1. 2019 Budget – There were four motions made regarding the 2019 budget. They are listed below.
2. Business from the floor – There were two motions made regarding the transfer of groups from The Woodlands to District 7 and from the Bay Area Club to District 4. They are listed below. There was also a motion to accept the ETAAA AMIAS Application and Certification. It is listed below.
3. Memorial contribution to WSO for Suzie Smith – There was a motion made, which is listed below.

Motion #1 I, Peggy D., move that \$3000 total be allocated for support of Past Delegates to attend the South Central Regional Delegates Meeting (SCRDM) in St. Louis, Missouri. This amount would help offset the additional expense. This is for the 2019 budget only.

Passed: 82 For, 4 Against, 1 Abstention

Motion #2 I, Teresa C., move to increase the Alateen Coordinator line item to a total of \$2,200.

Passed: 82 For, 5 Against, 0 Abstentions

Motion #3 I, Lynn B., move to add \$3000.00 as a line item to the 2019 budget for the Leadership Workshop for Area World Service Committee (AWSC) members as a one time budget item for attendees for travel expense and lodging for the weekend.

Passed: 66 For, 22 Against, 0 Abstentions

Motion #4 I, Debby C., make a motion to accept the 2019 budget as amended.

Passed: 86 For, 2 Against, 0 Abstentions

Motion #5 I, Kurt N., move that a one time donation of \$2000 be paid to the WSO in 2018 as a memorial contribution for Past Delegate Suzie Smith.

Passed: 73 For, 14 Against, 1 Abstention

Motion #6 I, Lora B., make a motion to move the Bay Area Club, including all of the current and future Al-Anon and Alateen groups in League City, TX, from District 5 to District 4, effective immediately.

Passed: 89 For, 0 Against, 0 Abstentions

Motion #7 I, Patty E., move that all The Woodlands and Montgomery County Al-Anon and Alateen groups, current and future, move from District 5 to District 7, effective November 3rd at 12:00 midnight.

Passed: 89 For, 0 Against, 0 Abstentions

Motion #8 I, Corrin R., motion to accept ETAAA Area 53 Al-Anon Member Involved in Alateen Service Application and Certification Process (Effective June 2, 2017)

Passed: 89 For, 0 Against, 0 Abstentions

5. Assembly Reports – Districts 8, 10, and 1 reports will be in *The Beacon*. Also, a report on Program of Sponsors Sharing Everything (P.O.S.S.E) will be in *The Beacon*.

6. Gratitude Basket Total – Diane B. reported that the gratitude basket total was \$800.

7. Links of Service Reports – District Representatives (DRs), Al-Anon Information Service Liaisons (AISLs) – Due to time constraints these reports were not given.

Deadline for submitting reports to *The Beacon* – January 1, 2019.

Meeting adjourned at 3:52 with the Serenity Prayer

Respectfully Submitted,

Paula Haschke
Area Secretary

SAVE THE DATE

2019 FALL ASSEMBLY

NOVEMBER 1-3, 2019

Victoria, Texas

**“A Kernal of Gratitude
Changes Your Attitude”**



District 5 ~Allison B.~No ReportDistrict 6 ~Judy W.~

Activities in the district include:

a) *Alateen Poster Distribution Task Force* - New team has been created and a large "thank you" to the various individuals that have supported this effort over the last few years. A couple of those supporting this effort will help mentor the new team as they document work accomplished to date, known school contacts (SHACs - Student Health Advisory Committees), and put together a strategy to get more posters into the other smaller ISDs in District 6. The team may also get more poster images approved with WSO.

b) *District Workshops Format Thought Force* - This team is continuing to help the district with ideas for new educational topics that district hosting groups may use as a pick list (if needed). It is not required to use this team's list when a group hosts, it is offered to help a group brainstorm what they may want to do to supplement the district's business meeting. Addressing a storage process/location to keep associated documentation used at the district meetings is part of this team's effort.

c) *Newsletter Processes and Distribution Costs Thought Force* - New team was created to address how to spend our money better for hardcopy newsletter distribution. Often newsletters are returned/duplicated and there is no process to remove folks from the existing distribution list.

d) *District Spanish Tab (with District Information) Thought Force* - New team was created to address how and what information in the district should be converted into Spanish.

At the last district meeting, our Group Representatives (GRs) discussed moving our agenda and processes to Knowledge Base Decision Making (KDBM) format. This means that the GRs prefer to receive the Officer / Coordinator reports before the District Meetings and will read them. This means the Officer/Coordinator will complete their reports early. The desired outcome is to have our district meeting agenda have less time on discussing the history and focus more time on the GRs current needs. We anticipate once we master this process, it will help us have shorter meetings.

District 7~ Allyn D.~

District 7 held its Fall quarter potluck brunch meeting in the Woodlands at Grace Presbyterian Church on November 10. There were 12 people in attendance including members from the recently added Woodlands groups who were welcomed with enthusiasm. District 7 acknowledges the careful work taken on the part of many to facilitate the transition of these meetings and looks forward to a bright future with them.

District 7 will be hosting the Fall ETAAA in 2020. A tentative date of November 6-8 was set. The Franklin facility has already been spoken for, so a new venue will need to be secured.

The 2018 and 2019 budgets were discussed and approved.

The 2019 budget was increased by 1.2% due to the addition of the Woodlands meetings. It will continue to include money to offset expenses for those attending POSSE.

District 7 still needs to fill the roles of Alateen Coordinator and Secretary. The treasurer is currently filling in as secretary.

Meeting reports indicate that although some meetings have gone inactive, most meetings in the District are stable or growing. We hope that we can reach out successfully to counties without meetings.

Recognizing the distance District 7 members need to drive to district meetings and in line with how the meetings are distributed in the district, the meetings are currently alternated between The Woodlands and Bryan. The next meeting will be in Bryan at the MHMR Building in February at which we will acknowledge the District 7 anniversary.

District 8 ~Jennifer S.~

Holiday Greetings from District 8! We held our last district meeting just before Halloween. In addition to having great participation in getting some business done we had some fun with our costume contest! This was our second year of having our October meeting in costumes and is becoming a fun tradition in District 8. We will be having our next District meeting on January 26, at Unity Church in Beaumont. AIS meeting begins at 9:00 with the District meeting immediately following. Bring a dish to share for the potluck and fellowship when the meetings conclude.

District 9 ~John B.~

Greetings and Happy New Year from District 9 is doing well. We have added a new meeting to our District in Athens, TX. The Athens AI-Anon Family Group meets on Thursday nights at 6pm at the First United Methodist **Church in Athens on Lover's Lane.**

This new group is energetic and exciting. There are some old hands and new hands, working together to bring recovery to their members and their community. Their attendance has been eight to twelve members they enjoy a great relationship with the other AI-Anon groups in nearby Palestine, TX. And, being only active for a few months, they have already had a guest speaker, eat and meet, and had several members of A.A. visit as well as other AI-Anons. Congratulations to the Athens AI-Anon Family Group, and best wishes for the future.

Our other meetings in District 9 are doing well. Some have been a little slow with the holidays, but with the holidays come newcomers reaching out for help. All are welcome to come through the door and stay as long as they like.

On January 11 through the 13, we will be assisting and attending the A.A. Anniversary in Tyler, TX. Looking forward to the speakers, the workshops and the fellowship. We are grateful to have such a close relationship with the A.A. groups and together we spread the message to those still suffering from the dreadful disease of Alcoholism.

Well, for now that is all I have to share. We enjoyed our Fall Assembly in Longview, and greatly enjoyed assisting where we were needed. It was a great Assembly, put on by a great District. Their enthusiasm and their great organization was just fantastic. Making us look forward to the May Assembly. I would like to thank the members from the 9th, who attended and helped with the Fall Assembly, we had twelve members attend, which was wonderful.

District 10 ~Susan L.~

District 10 has a DR. Our new DR is Sheila E, she will attend the AWSC meeting in Pearland, in January. District 10 is very excited about Sheila stepping forward to be our link of service to the Area.

The Fall Assembly that was held in Longview, Texas in November was a success. We received many favorable comments during the Assembly, immediately afterwards at Al-Anon group meetings in our District for weeks after the Assembly.

The final count for the 2018 Fall Assembly held in Longview, Texas was 157. Preregistered: 109 Al-Anons, 10 AAs, and 0 Alateens. On-site registrations: 38 Al-Anons.

All committee chairpersons and other volunteers worked very hard preparing for 12 months prior to Assembly. We appreciate everyone that was able to attend.

District 12 ~ Candy N.~

No Report

District 13 ~ Sarah W.~

No Report

AIS LIAISON REPORTS

South Texas AIS ~Bennie P.~

No Report

Austin AIS ~Cathy K.~

No Report

Beaumont AIS ~Suzanne R.~

As Liaison for Al-Anon Information Service (AIS) of District 8 **in Southeast Texas, I'm constantly awed by the huge spirit of service shown by our Al-Anon members, and I'm privileged to represent AIS at Area level.** There are 21 groups in our district, 2 of which are Spanish-speaking. Our AIS group enjoys a seamless relationship with the District and with District

90 A.A. Intergroup, as well. Our office location is shared **between the sister groups' Intergroup headquarters, making for** day to day relations and contacts an ongoing plus.

Ten Al-Anons from our district attended the ETAAA Fall Assembly in Longview hosted by District 10. Thanks to all of those members for a really enjoyable Assembly. And special thanks to District 10 for inviting us to sell CAL at the Assembly! Our attendees came from 7 of our 21 groups. I see a challenge to get more groups to attend our Assemblies.

Our continuing challenge is the absence of an Alateen group **in our district. Thanks to Jayne G's and Brenda H's efforts, our Area's Alateen support and structure is being improved. Now, it's up to us at the local level to facilitate interest and to nurture** the support Alateen can provide to young victims of the disease in their families.

An overall challenge is, like many districts, money. Our AIS Office Manager, Gloria S., watches carefully over spending, **but we remain on a "close to the edge" status. Fund-raisers** were discussed at our 10/27 Quarterly AIS Board Meeting; discussion and planning will continue at the 1/26/19 meeting, which will be hosted by Beaumont Listen and Learn AFG at Unity Church, 1555 S. 23rd Street in Beaumont. AIS meeting begins at 9:00 AM, with District 8 Quarterly Business Meeting following at 10:30. A pot-luck luncheon concludes our day with food and good Al-Anon fellowship.

Sending heartfelt wishes to all our ETAAA friends for a holiday season filled with peace and love!

San Antonio AIS ~Rene D.~

As I start off the New Year the San Antonio Al-Anon Information Service (SAAIS) is still having their Monthly Speaker Meetings on the first Saturday of every month starting January 5, 2019 at the Club Twelve location in the Al-Anon room. It starts at 7:00 and there is an Al-Anon Speaker and an A.A. Speaker. This is a monthly fundraiser for SAAIS.

I will be able to share more after our next SAAIS meeting in January.

Intergrupul Hispana De Houston ~Esperanza L.~

No Report

Houston AIS--Gretchen Van D. ~

The Houston Al-Anon Information Service (AIS) experienced a rewarding 2018, guided by our continuing commitment to serve as a trusted source of Al-Anon information for both the brand-new seeker, and the well-travelled, long-time member. We answer phones 24 hours a day, 7 days a week, and we work diligently to keep current our www.houstonalanon.org website, our online meeting locator, and our hard-copy meeting schedules.

2018 was also a *busy* year for the Houston AIS: in October alone we received 107 office calls and 30 after-hours calls. In November, we took 64 office calls and 25 after-hours calls. Bookstore/office hours are Monday-Thursday, 10a-3p.

In other good news, we were instrumental in helping District 5 with their Al-Anon for Professionals event, and we have been working on a means to efficiently keep ISRs informed of Intergroup news via a dedicated email service provider. Anyone who would like to subscribe may call or email the office.

The 2018 Houston Intergroup Face to Face fundraiser workshop realized a net profit of more than \$1,000, and our 2018 penny drive has raised more than \$1,200! Our quarterly speaker meetings are well-attended fundraisers that demonstrate the strong support for Al-Anon and Intergroup in Districts 4, 5, and 7.

In all, we continue to be ready, willing, and able to support our three districts.

CONTRIBUTIONS TO - EAST TEXAS AREA 53

(Please attach this form to your check or money order)

District Number: _____ Group # _____

Group Name: _____ ST: _____ Zip: _____

City: _____ CK/MO #: _____

Amount: _____

Sent by: _____

Please do not send cash by mail.

Make checks payable to: Treasurer- ETAAA.

Mail to: Treasurer – ETAAA, PO Box 1324, Silsbee, Texas 77656

WANTED



PARTICIPANTS

Program Of Sponsors Sharing Everything

TEXAS EAST AREA TWENTY-FIFTH ROUND-UP WEEKEND FOR ALATEEN SPONSORS, ADULTS INTERESTED IN SPONSORING AN ALATEEN GROUP, AND DISTRICT ALATEEN COORDINATORS

WHEN: MARCH 22, 23, 24, 2019

WHERE: DISCIPLES CONFERENCE CENTER, GONZALES, TX

WHAT: WORKSHOPS ON: SETTING BOUNDARIES, ATTENDING CONFERENCES, SPONSOR RESPONSIBILITIES, STARTING NEW GROUPS, PROGRAM IDEAS, AVOIDING BURNOUT

COST: \$125.00 PER PERSON - Included in the cost is two nights lodging, Saturday meals, Sunday brunch & registration.

REGISTRATION MUST BE POSTMARKED BY FEB 22, 2019

Chairman: Bennie P.

Registrar: Lynn L.

etxposse@yahoo.com

ETAAA Financial Report 2018	1 st Qtr 3/31/18	2 nd Qtr 6/30/18	3 rd Qtr 9/30/18	4 th Qtr 12/31/18	Total YTD	2018 Budget	Over/(Under) Budget
Income							
Assembly Surplus	712.00	0.00	2,014.76	0.00	2,726.76		
Fall 2017	712.00						
Spring 2018			2,014.76				
Beacon Income	78.00	30.00	12.00	198.00	318.00	200.00	118.00
Contributions Income	4,139.85	3,393.82	4,598.70	3,894.83	16,027.20	26,012.00	(9,984.80)
Fall Gratitude Basket				800.00	800.00		
Miscellaneous Income				25.00	25.00		
Total Income	4,929.85	3,423.82	6,625.46	4,917.83	19,896.96	26,212.00	(6,315.04)
Expenses							
Travel / Expenses	1,040.15	3,325.31	1,511.89	4,677.42	10,554.77	12,000.00	(1,445.23)
Alateen Coordinator	218.89	260.18	268.98	284.26	1,032.31	1,000.00	32.31
Alateen Liaison	41.25				41.25	400.00	(358.75)
Alateen Process Person		407.05	203.73		610.78	1,000.00	(389.22)
Alternate Delegate	41.25	320.05		383.93	745.23	600.00	145.23
Archives	169.37		151.28		320.65	500.00	(179.35)
Beacon Editor	112.81	135.76	75.50	95.70	419.77	500.00	(80.23)
Chair	158.73	395.54	157.20	612.89	1,324.36	800.00	524.36
Delegate	37.13	305.26		744.12	1,086.51	1,500.00	(413.49)
Group Records	24.52	242.05	113.85	378.97	759.39	500.00	259.39
Public Outreach				276.85	276.85	600.00	(323.15)
Past Delegates		552.38	170.63	344.59	1,067.60	1,500.00	(432.40)
Past Area Chairperson					0.00	500.00	(500.00)
Secretary		224.52	185.61	205.52	615.65	800.00	(184.35)
Spanish Coordinator				761.61	761.61	500.00	261.61
Treasurer	236.20	245.00	185.11	377.03	1,043.34	800.00	243.34
Website Coordinator		237.52		211.95	449.47	500.00	(50.53)
Other Expenses	4,988.48	96.97	1,673.22	2,142.92	8,901.59	7,612.00	1,289.59
Beacon Publishing	1,759.98		1,411.97	73.92	3,245.87	3,300.00	(54.13)
Storage Unit for Archives	100.19		246.25		346.44	1,080.00	(733.56)
Transitional AWSC Meeting	3,076.71				3,076.71	3,000.00	76.71
Web Hosting Fee			69.97		69.97	132.00	(62.03)
Audit Committee Expense					0.00	0.00	0.00
Miscellaneous Expense	51.60	27.00	15.00	2,069.00	2,162.60	100.00	2,062.60
World Service Conference	700.00	0.00	2,000.00	0.00	2,700.00	3,200.00	(500.00)
Area's Gifts to WSC	300.00				300.00	300.00	0.00
Delegate's Equalized Expense to WSC			2,000.00		2,000.00	2,500.00	(500.00)
Delegate's Incidental Expenses to WSC	400.00				400.00	400.00	0.00

SC Regional Delegate Meeting	1,141.31	164.10	0.00	0.00	1,305.41	3,400.00
Delegate	210.50				210.50	600.00
Chair		164.10			164.10	600.00
Immediate Past Delegate	203.55				203.55	600.00
Active Past Delegates	442.25				442.25	1,000.00
Alternate Delegate	285.01				285.01	600.00
Total Expenses	7,869.94	3,586.38	5,185.11	6,820.34	23,461.77	
Net Income Less Expenses	(2,940.09)	(162.56)	1,440.35	(1,902.51)	(3,564.81)	
Allocated Expenses					Total YTD	
Delegate's Expenses to 2018 International	699.00		\$509.63		1,208.63	1,500.00
Total Allocated Expense						
Extraordinary Income/Expense						
Income						
Returned Seed Money		3,500.00				3,500.00
Received Alateen Background Checks	53.12	371.70	107.94	20.43		553.19
Spring Birthday Basket		927.50				927.50
Total Extraordinary Income	53.12	4,799.20	107.94	20.43	4,980.69	
Expenses						
Seed Money		3,500.00				7,000.00
Fees paid Alateen Background Checks	59.76	338.64	141.14	20.43		559.97
Spring Birthday Basket to WSO		927.50				927.50
Total Extraordinary Expenses	59.76	4,766.14	141.14	3,520.43	8,487.47	
Net Extraordinary Income Less Expenses	(6.64)	33.06	(33.20)	(3,500.00)	(3,506.78)	
Profit/(Loss)	(3,645.73)	(129.50)	897.52	(5,402.51)	(8,280.22)	
Checking Account Balance						
Beginning Balance	39,774.29	36,128.56	35,999.06	36,896.58	39,774.29	
Increase/(Decrease)	(3,645.73)	(129.50)	897.52	(5,402.51)	(8,280.22)	
Transfer to CD						
	36,128.56	35,999.06	36,896.58	31,494.07	31,494.07	
Ample Reserve Fund (CD)						
Beginning Balance	20,311.43	20,371.26	20,432.60	20,494.12	20,311.43	
Increase/(Decrease)	59.83	61.34	61.52	61.05	243.74	
Ending Balance	20,371.26	20,432.60	20,494.12	20,555.17	20,555.17	

Your Board and You Connect Road Trip
 October 20, 2019
 Sharings

Road Trip Breakout notes for “Share ways in which you
 (individuals, groups and Areas) encourage the use of literature other than the daily readers in your meetings.”

Notes:

- Lead meeting with CAL
 - *Forum*
 - Page 21 of *Al-Anon Alateen Groups at Work* (P-24)
 - Pamphlets
 - Put a page number on a slip of paper – draw paper – read from that page in the book referenced on the paper.
 - Have a group conscience to put in meeting guidelines to chair meetings with literature other than the daily readers
 - Donate books to group
 - Read from daily reader, then put it away
 - Step and Tradition meeting rotate the books used.
 - Read about half the meeting from literature
 - Read a paragraph, share and pass the book on
 - **Do’s and Don’ts**
 - Alateen literature
 - Forum arranged by months kept in a box
 - Bookmark challenge to groups from Alt Delegate/ Literature Coordinator
 - Maturity checklist in the Family Disease pamphlet
 - Day in Al-Anon focused on literature, 4 pieces of CAL with workshops on those pieces
- Share ways in which you encourage use of literature other than the daily readers in a meeting?
- Keep meetings fresh and not stale.
 - Display the literature so people know what other books we have
 - Acknowledge when someone has other CAL
 - Modeling is important in a meeting – bringing the literature
 - Create book study groups or change the meeting format
 - Step study meeting using Paths to Recovery and/or Reaching for Personal Freedom
 - Take group conscience – talk about using other literature in a business meeting
 - **Share quotes or parts of the literature that “touch” me**
 - Encourage to purchase literature – the literature keeps the meeting focused on the solution
 - Our district has Big Book issues so even a daily reader would be welcomed
 - Create a sign-up list has one meeting a week that is non-reader
 - Create a fun and creative way to display the literature
 - Pass the literature form around with a literature sign-up sheet
 - Donate or give-away CAL
 - Have a workshop or presentation on CAL – one example was a presentation and Tom C. gave the publication dates of each piece of literature
 - Encourage Chairs to prepare and plan for the topic Put the literature out on display and not store it in a box
 - Credit card payments an option; keep up with technology, popcash, Messenger \$
 - Raffle *Forum* subscriptions
 - Newsletters – highlight a book in an article
 - Literature coordinators give more of a presentation instead of a report; keep it enthusiastic and fun
 - **Bring back the “worm” costume**
 - Someone made a tri-board display with printed book covers which made it very visible
 - Have a contest with CAL as a prize
 - Sponsors should encourage using CAL
 - DRs encourage GRs to have a Service Manual – Groups at Work gives good ideas of meeting formats
 - Electronic literature – encourage to use in meetings

Below is the address to send love gifts or cards to our Delegate Kay C. who will be attending the World Service Conference (WSC) April 13-17, 2019.

Please do not send anything until after April 10th and be sure you have the (Hold for WSC 4/13-4/17, 2019) just like below:

Name (Hold for WSC 4/13-4/17, 2019)
Sheraton Virginia Beach Oceanfront Hotel
3501 Atlantic Ave.
Virginia Beach, VA 23451

Remember to use Kay's home address on the return label.

Dear Area Newsletter Editors,

Your Area newsletter is instrumental in helping to inform the trusted servants, groups, districts about the *Al-Anon Faces Alcoholism (AFA)* magazine public outreach project. The steady growth of members' participation in the project is evident from the increased number of copies of the AFA magazines being ordered by the fellowship.

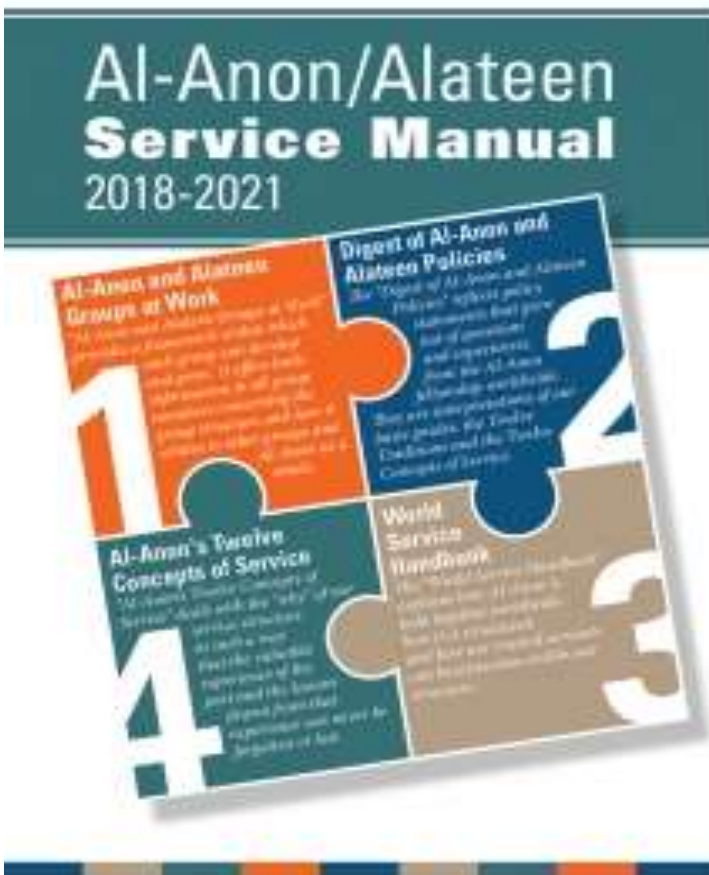
I am hoping that your Area newsletter can include one or more of the attached items in your fall (October/November 2018) and winter (December 2018 or January 2019) newsletters. The materials selected need to be provided to the fellowship prior to the February 6, 2019 5 pm ET deadline to order the second printing of AFA 2019 magazines.

PDF files of an ad, order form and tear-off tab flyer are attached.

Thank you for your continued service as the Area Newsletter Editor and for helping the WSO to provide information about the AFA magazine outreach project. Together, we are helping to carry Al-Anon's message of hope to more families and friends of alcoholics.

Yours in fellowship,

Claire R. WSO



East Texas Al-Anon/Alateen Fall Assembly (ETAAA)
 Longview, TX – Nov 2-4, 2018
 PROPOSED Business Meeting Agenda Subject to Change

- 8:00-9:00 a.m. GR Interchange –Alternate Delegate - Mattie T.
 8:00-9:00 a.m. DR Interchange – DR Discussion – Ginny McC.
- 9:15 a.m. ETAAA Business Meeting Opens - Lynn S. Chair
 9:30 a.m. **Delegate’s Report** – Kay C. – Panel 58
 10:30 a.m. Conversation Items - Details are printed in *The Beacon* 1- time at the microphone - 2 min limit
 In order to keep the meeting on track the following format will be used following the presentations:
 Each person may speak one time for 2 minutes. In order for everyone who wishes to be heard please do
 not speak if what you wanted to say has already been said. One may speak a second time to clarify a
 previous statement. If a vote is called for it will be by ballot under New Business.
1. ETAAA 2019 Budget – Jennifer S.
 2. District 7 The Woodlands Groups request to move from District 5 to District 7 – Allyn D.
 3. District 4 League City Groups request to move from District 5 to District 4 - Carol B.
 4. ETAAA Safety and Behavioral Requirements Revision – Jayne G.
 5. Memorial Contribution to WSO for Past Delegate Suzie Smith, Panel 22 – Pat E.
- 11:30 a.m. Coordinators – Hot Topics (5 minutes each please)
 Literature Coordinator –Mattie T.
 Area Alateen Coordinator – Jayne G.
 Area Alateen Process Person – Brenda H.
 Area Archivist – Dolores W.
 Area Group Records Coordinator – Al M.
 Newsletter Editor – Rene D.
 Public Outreach Coordinator – Lynn B.
 Spanish Coordinator – Myrthala C.
 Website Coordinator – Dorie J.
- 12:00 p.m. LUNCH BREAK
- 1:00 p.m. ETAAA BUSINESS MEETING RESUMES
 1:15 p.m. Roll call: Group Rep (GRs) MUST BE PRESENT TO VOTE – Paula H. and DRs
- VOTING PROCEDURE: Will this assembly use Majority or 2/3? Ballot voting will be provided.
1. Minutes of the May 5, 2018 business meeting published in *The Beacon Vol. 50 Issue 3*
 2. Financial Report – Jennifer S.
 3. Unfinished business None
 4. New Business
 1. 2019 Budget
 2. Business from the floor
 3. Memorial contribution to WSO for Suzie Smith
 5. Assembly Reports (2 minutes each please)
 - District 8 final report on Spring 2018 assembly
 - District 10 update on current assembly
 - District 1 report on Spring assembly
 - Program of Sponsors Sharing Everything (P.O.S.S.E.) – Bennie P.
 6. Gratitude Basket Total – Jennifer S.
 7. Links of Service Reports - District Representatives (DRs), Al-Anon Information Service Liaisons (AISLs): 1 challenge / 1 success (3 minutes each please)
- 4:00 pm Close ETAAA Business Meeting with Al-Anon/Alateen Declaration

Let it Begin with Me
 When anyone, anywhere reaches out for help,
 let the hand of Al-Anon and Alateen
 always be there, and – **Let it Begin with Me.**

Que Empiece por Mí
 Cuando alguien, dondequiera que sea, pida
 ayuda, que nunca falte allí la mano de Al-Anon y
 Alateen, y **Que Empiece por Mí**

AL-ANON FAMILY GROUPS
East Texas Area Al-Anon /Alateen
Spring Assembly
May 3-5, 2019
“Celebrating One Day at a Time”
Al-Anon Speaker: Judy P., Georgetown, TX.

Casa de Palmas Renaissance Hotel **\$89.00 Standard Room**
101 N. Main Street **Includes Breakfast**
McAllen, TX 78501 **Last Date to book rate: 04/3/19**
For Reservations call: 956-631-1101 **ETAAA District 1**

OR:

Click on this link below to make your reservation. A method of payment will be required. Once the reservation is made, you will receive a confirmation email.

LINK: [Book your group rate for East Texas AAA District One](#)

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GR ___ DR ___ AMIAS ___ FIRST ASSEMBLY (Y / N) ___ # of Yrs. in Program

Name _____ Name on Badge _____

Address _____ City/State/Zip _____

Group Name _____ District # _____

Phone # _____ Email _____

Registration fee [] Al-Anon \$35 [] Alateen \$5 [] AA \$30
Al-Anon Discount Registration Fee if paid by December 31, 2018 [] \$30
Banquet [] \$20 Cut off date April 20.

If you wish to attend the day trip to Nuevo Progreso, Mexico on Friday
Please let us know. Yes ___ No ___ Note: you must have passport or passport card

Make checks payable: ETAAA District 1

Mail to: ETAAA District 1
49 Pizarro Avenue
Rancho Viejo, TX 78575

Please email any questions to: arosastourigny@gmail.com

Alateen Notice: When registering, all Alateens must turn in a completed Behavioral Guidelines Form and be accompanied by a responsible registered adult. Notarized permission and Medical Forms are to be kept by the responsible registered adult. Forms can be obtained from an Alateen sponsor or Alateen Coordinator.

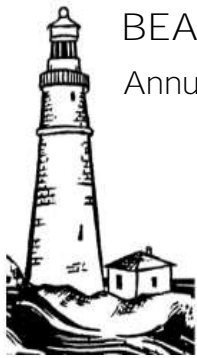
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Winter 2019



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Email _____

Group Only: District # _____ Group # _____

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