



The Light



**District Officers/
Coordinators**

- **District Representative**
- Carol B
- etxd4.districtrep@gmail.com

- **Alt District Representative**
- Sheri B
- luvmyjey2004@yahoo.com

- **Secretary**
- Renee G
- prolawnmail@yahoo.com

- **Treasurer**
- Linda F
- dfigener1@comcast.net

- **Public Outreach**
- Pam J
- pilgrims4@hotmail.com

- Alateen Coordinator □
- Josh J j
- justelien@yahoo.com

- **Archives**
- Carla G.
- cgurley@smequipment.com

- **Spanish Coordinator**
- Rosario C
- rosariocarothers@outlook.com

District Representative Report

I hope everyone had a wonderful Thanksgiving. I'm looking forward to the Christmas season and reflecting on 2018 while I start planning for 2019.

Several interesting and notable events have occurred since our last district meeting in September. Several of us in District 4 attended WSO's "Road Trip! You and Your Board Connect". This was the 1st one I attended and it was very informative. Trustees told some of their own personal AI-Anon stories and then described their roles and/or committees they participate in as part of their responsibilities. I'd recommend attending this event in the future as I learned a lot about how WSO works and was able to provide feedback to the trustees at my table.

The Fall Assembly had good overall attendance from the Area. Our Area Delegate, Kay, discussed the Trustee(s) position and asked for those interested to think about submitting an application. It requires 10 years of continuous AI-Anon membership and service beyond the group level, but does not require area service experience. It might just be your next calling!

The Bay Area Club groups have officially been approved to move from District 5 to District 4 and the paper work has been submitted. Join me in welcoming the groups from Bay Area Club. We look forward to having them as District 4 members and working together to strengthen AI-Anon participation in our District.

INSIDE THIS ISSUE

DR Report	1
Minutes	2,4
Treasurer Report	3
Alateen Coord Report	5
Calendar of Events	6
ANIAS Flyer	7
AI-Anon Conference	8
Spring Assembly Flyer	9
Spanish Flyer	10

As previously mentioned, Kay Colapret, our Area Delegate, will join us at our December 8th District Meeting to share with us her 1st year experiences in her new role and update us on topics discussed at this year's World Service Conference. You won't want to miss this meeting in Surfside, followed by lunch and an ornament exchange (optional).

I'm looking forward to seeing each of you at our 4th District meeting of 2018 on December 8, at 9am, in Surfside.

Love in Service,
Carol B

AL-ANON/ALATEEN WORD HELP FREQUENTLY USED ACRONYMS

AA – ALCOHOLIC ANONYMOUS
 AFG – AL-ANON FAMILY GROUP
 AAPP – AREA ALATEEN PROCESS PERSON
 AIS – AL-ANON INFORMATION SERVICE (AKA INTERGROUP)
 AMIAS – AL-ANON MEMBER INVOLVED IN ALATEEN SERVICE
 AT – ALATEEN
 ATAAC – ALL TEXAS AL-ANON/ALATEEN CONFERENCE
 AWSC – AREA WORLD SERVICE COMMITTEE (TEXAS EAST AREA 53)
 CAL – CONFERENCE APPROVED LITERATURE
 CMA – CURRENT MAILING ADDRESS
 D4 – DISTRICT 4 (ALL OF FORT BEND, MATAGORIA, BRAZORIA,
 GALVESTON, WHARTON COUNTIES)
 DAC – DISTRICT ALATEEN COORDINATOR
 DR – DISTRICT REPRESENTATIVE
 ETAAA – EAST TEXAS AREA AL-ANON/ALATEEN ASSEMBLY
 GR – GROUP REPRESENTATIVE
 ISR – INFORMATION SERVICE REPRESENTATIVE
 LDC – LITERATURE DISTRIBUTION CENTER
 PO – PUBLIC OUTREACH
 P.O.S.S.E. – PROGRAM OF SPONSORS SHARING EVERYTHING
 TEA AC – TEXAS EST AREA ALATEEN CONFERENCE
 WSC – WORLD SERVICE CONFERENCE
 WSO – WORLD SERVICE OFFICE

Articles for **The Light**
 Please submit articles to:
Laura Bowen
 laurabafg1972@gmail.com
 By
February 1, 2019

District 4 Minutes

Meeting Began at 1:36 p.m.

(19) Attendees; (9) of which were GRs & (2) Alt GRs

Meeting was opened with the Serenity Prayer followed by the reading of the Traditions, Concepts and Warranties.

Carol (DR) asked each to go around the table and introduce themselves, providing the name of their Home Group and any position held.

Secretary – Carol asked if all had read the minutes from the previous meeting provided in *The Light* and if there were any changes.

Linda F. made a motion to accept the minutes as read; Delia B. seconded, motion passed by acclamation. Renee G. (District Secretary) took a moment to thank Linda F. and Delia B. for taking the minutes in her absence during the last two District meetings.

Treasurer - Linda F. explained why the financial statement was not in *The Light*. After submission to Laura B. for the quarterly newsletter she discovered an error, therefore requested Laura not include in the printing.

Much discussion was had regarding The Day In Al-Anon numbers and how to record them. Should literature sales be just the actual sales (not showing monies allotted or refund from Intergroup)? Linda F. brought up that in order to balance the bank account the monies taken to purchase the books and the monies deposited for the refund had to be accounted for in some manner. This is most important should an audit be conducted.

Delia B. made a motion to accept the financial report as submitted; Raquel L. seconded, motion passed by acclamation. Delia also brought up donating to Taylor Street for the use of the building during A-Day in Al-anon. Discussion pursued regarding what the District has done in past years. Barbara H. made a motion to donate \$100.00 to Taylor Street for the use of the building during A Day In Al-Anon; seconded by Laura B., passed by acclamation.

Alternate GR – Sheri B. summarized her report printed in the 3rd quarter edition of *The Light*.

Alateen Coordinator – Josh J. stated he will be stepping down as the Alateen Coordinator beginning with the first of the year. He also mentioned that there would be an AMIAS training on September 22nd in The Woodlands if anyone was interested.

Archivist – Carla G. asked about monies allotted for the Archivist stating a need for new binders. It was noted that \$50 is allotted in the yearly budget.

Public Outreach - Pam J. reported that she had not had the opportunity to provide a report for submission in *The Light*, however did have a report for the meeting. Pam spoke of an outreach opportunity she learned about through Bev L. known as ROSC (Recovery-Oriented System of Care). The meeting took place on June 12, 2018. One of the goals for ROSC is “establishing a stronger relationship with the 12-step community” which is why they’ve invited Al-Anon to participate. Pam was able to provide *Al-Anon Faces Alcoholism* booklets to have on hand for the clients.

A second opportunity was in Fort Bend County where Pam was invited to participate in the June 28, 2018 meeting for FBCPC (Fort Bend Community Prevention Coalition). Pam stated they agreed for her to put Al-Anon information out for the coalition members to take and use as needed.

A third opportunity was in partnership with the Hispanic Intergroup Public Outreach Coordinator, Elena E. Elena had donated two Al-Anon books in Spanish, “How Al-Anon Works” and “The Dilemma of the Alcoholic Marriage”, to the library system in Fort Bend County through Monique Franklin, the Fort Bend County Libraries Adult Collection Development Coordinator. Pam asked how many of the same books would they needed in English. The request was for ten (10). The books were ordered and are now ready to be delivered. Pam mentioned learning of another opportunity just prior to today’s meeting. The ROSC will be holding a recovery walk and has invited Al-Anon to participate. The walk is planned for September 29th at Freedom Park in Angleton followed by a Mini Recovery Rally at Gulf Coast Center located at 101 Tigner. The walk will take place from 10:00 – 11:30 a.m. Alateen was invited to participate as well. There has not been a flyer made, however if interested the contact person is Andre at (713)865-1611.

Meeting adjourned at 3:55 p.m. and was closed with the Al-Anon Declaration.

Continued Page 4

Treasurer Report

	1st QTR Jan-Mar	2nd QTR April -June	3rd QTR July -Sept	4th QTR Oct - Dec	2018 Actual	Budget for 2018
Date: 1/1/2018 - 12/31/2018						
Income						
Contributions Income	\$ 237.90	\$ 274.78	\$ 377.30	\$ 568.62	\$ 1,458.60	\$ 2,000.00
District Meeting Donations		\$ 79.00	\$ 117.00		\$ 196.00	\$ 175.00
Day In Al-Anon			\$ 5,728.97		\$ 5,728.97	\$ 200.00
P.O. Box Refund	\$ 6.00				\$ 6.00	
Silent Auction					\$ -	\$ 375.00
TOTAL INCOME	\$ 243.90	\$ 353.78	\$ 6,223.27	\$ 568.62	\$ 7,389.57	\$ 2,750.00
Expenses						
Alateen Coordinator						\$ 100.00
Alt. District Representative						\$ 50.00
Archivist						\$ 50.00
District Representative	\$ 28.10		\$ 41.01	\$ 105.59	\$ 174.70	\$ 800.00
Public Outreach Coord.				\$ 299.50	\$ 299.50	\$ 800.00
Secretary						\$ 100.00
Treasurer	\$ 105.23		\$ 41.59		\$ 146.82	\$ 125.00
Delegates Expense						\$ 200.00
TOTAL TRAVEL EXPENSES	\$ 133.33		\$ 82.60	\$ 405.09	\$ (621.02)	\$ 2,225.00
Other Expenses						
P.O.S.S.E.						\$ 125.00
Service Arms				\$ 900.00	\$ 900.00	\$ 200.00
Miscellaneous Expenses (Love Gifts)				\$ 166.25	\$ 166.25	\$ 100.00
District 4 Day in Al-Anon			\$ 3,964.41		\$ 3,964.41	\$ 100.00
TOTAL OTHER EXPENSES			\$ 3,964.41		\$ 5,030.66	\$ 2,750.00
TOTAL EXPENSES	\$ 133.33	\$ -	\$ 4,047.01	\$ 1,066.25	\$ 5,651.68	
TOTAL NET					\$ 1,737.89	

	Bank balance as of 11/14/2018	\$ 6,667.95
Bank balance available 20th of month	Less Prudent Reserve	\$ 1,000.00
	Working Balance	\$ 5,667.95

CONTRIBUTIONS TO DISTRICT 4—EAST TEXAS AREA 53**(Please attach this form to your check or money order) PRINT ALL INFORMATION**

Group Name: _____ Group # _____

City: _____ ST: _____ Zip: _____

Amount: _____ CK/MO #: _____

Sent by: _____

Send Self Addressed Stamped Envelope (SASE) or Email Address for receipt: _____

Make checks payable to: District 4 AFG. **Please do not send cash by mail.****District 4 Minutes Continued**

Last, Pam mentioned that the 2019 copies of *Al-Anon Faces Alcoholism* has made its arrival. She requested assistance in adding District 4 stickers on them following the meeting or it could be planned for the next District Meeting.

Pam's full report with the details will be submitted to Laura B. for adding to the 3rd Quarter edition of *The Light*.

Intergroup- Barbara H. reported that she was unable to attend the last intergroup meeting.

Newsletter- Laura B. stated that if you wish to submit a report for the current issue of *The Light* to please do so by the upcoming Monday. She will edit and resubmit for circulation on the following Wednesday.

Submissions for the 4th Quarter issue should be provided no later than November 18th. It was discussed that the newsletter should be sent out a week prior to the next District Meeting.

District Representative – Carol B. thanked everyone for their assistance with The Day In Al-Anon District fund raiser stating it was a great success. She also reported that she had attended the 2nd yearly AWSC meeting and highlighted some of the minutes; the WSO donations are down and a work group was created to address translation and translation equipment. She also spoke regarding the official requirement for Bay Area Club to move into District 4 and stated that the final decision would be addressed during the November Assembly.

Old Business

Carol B. spoke of the AWSC Meeting planned for January 12, 2019, from 10 a.m. – 4 p.m., stating District 4 would be hosting and needed a place to hold the meeting. Lakeeta suggested Grace Episcopal Church in Alvin and Delia mentioned the church in Pearland. They both will check for availability. Sheri B. stated she would do some checking as well. Margaret F. suggested a committee to organize the hosting of the AWSC meeting and volunteered to make the committee. Delia B. and Debra N. volunteered to be a part of the committee as well.

A Day In Al-Anon was discussed and Delia made a request for feedback that could be shared with the next year's committee. She stated the feedback could be sent to her through email at deliablair@hotmail.com. Joyce Y. suggested that a survey be available for next year.

The Area Delegate, Kay, will be visiting the next District Meeting which is planned for Saturday, December 8th at Surfside AFG.

New Business-

Carol B. brought up discussion to provide love gifts for the "Meet the Board" and stated she thought hundred (100) would be needed. Linda H. suggested getting with the Santa Fe High School to use their print shop to make notepads with a letterhead. Linda stated she would check into the cost and Joyce Y. volunteered to do the letterhead design. Laura B. made a motion to provide love gifts to the "Meet the Board" with a budget of \$200; Delia B. seconded, motion passed by acclamation.

Carol B. mentioned her and Sheri B. discussing going and visiting groups that don't seem to be very active in the District. Carol asked about some of these groups to see if anyone in attendance was aware of their status.

Carol B. made mention of the increase in the District's funds asking the group if we would like to spend more monies on outreach.

Linda F. mentioned that there is too much money in the bank for a non-profit organization and suggested to use some of the funds to purchase books for local libraries and a donation to the WSO. Esperanza commented on checking with the libraries and getting literature into the prisons. Delia mentioned getting with school administrators. Carol suggested a committee for thinking "Big" on outreach due to the extra funds. Pam J., Linda F., Linda H., and Esperanza volunteered to be the committee.

Renee G. made a motion to contribute \$500.00 to the WSO. Barbara H. brought forth a separate motion of a \$2,000.00 donation. After discussion, Renee G. restated her motion; Linda F. seconded, motion passed by acclamation.

There were two questions in the "Ask The Basket".

Question: Who do I ask if this District wants to sell Al-Anon literature at the 2019 SETA AA Convention? Beaumont has offered to provide literature, but I stated I needed to check with this District first.

Discussion & Answer: Houston Intergroup requires literature be bought and then literature not sold can be returned for a refund.

This makes keeping up with the funds difficult. Beaumont has offered to provide literature on consignment. It was noted that we need to use Houston Intergroup to support them. Joyce Y. suggested getting with Intergroup on the issue of paying for literature first.

Question: Is it acceptable for one Al-Anon group to donate literature to another Al-Anon group?

Discussion & Answer: Yes, although groups are self-supporting and autonomous the exception is with matters affecting another group or Al-anon as a whole (Tradition 4).

Carol B. requested GRs provide reports for the next edition of *The Light*.

Public Outreach Coordinator Report

Hi everybody,

The third quarter of 2018 included another opportunity to bring Al-Anon's light of hope to an event in Angleton, TX. Thanks to Bev L for passing along the information for The Brazoria County ROSC meeting on June 12, 2018. ROSC, Recovery-Oriented System of Care, is a countywide effort to address as many aspects of alcoholism and addictions as possible in Brazoria County. I was very impressed by the many organizations represented; from Drug Court, recovery centers, counseling centers, housing assistance to community health services to AA and now, Al-Anon. One of the goals for ROSC is "establishing a stronger relationship with the 12-step community" which is why they've invited Al-Anon to participate. I was able to give them each some Al-Anon Faces Alcoholism outreach booklets to have on hand for their clients.

The second Al-Anon outreach opportunity was in Fort Bend County. I was invited to participate in the June 28, 2018 meeting of the Fort Bend Community Prevention Coalition. The FBCPC has united to prevent substance abuse among youth and young adults by building healthy family, school, and community environments. The attendees represented law enforcement, the Fort Bend County Independent School District, recovery centers, healthcare, and the council on substance abuse. I was welcomed as a representative of Al-Anon. They agreed to me putting Al-Anon information out for the coalition members to take and use as needed.

The third opportunity was in partnership with the Hispanic Intergroup public outreach coordinator, Elena E. She and I met with Monique Franklin, the Fort Bend County Libraries Adult Collection Development Coordinator. Elena gave her a donation of the Al-Anon books "How Al-Anon Works" and "The Dilemma of the Alcoholic Marriage" in Spanish. I asked how many English copies of the same books she would need and she said they could use 10, one for each library. The books were ordered and have been delivered.

The fourth quarter has been relatively quiet. One thing I'd like to report is that District 4 received a request from Claire R., Associate Director-Professionals with AFG Headquarters. "The WSO recently received a literature request from a professional in your Area. The WSO has sent an interim supply of English and Spanish Al-Anon Faces Alcoholism magazines and Outreach bookmarks (M-76 and SM-76) to the Gulf Coast Center, Texas City, TX. Your assistance is requested. Please inform a group, District, trusted servant or interested member in or near Texas City about this inquiry so that the professional can be contacted and have a local Al-Anon contact to replenish the supply of literature. Many professionals also appreciate receiving local meeting schedules, Al-Anon Introductory meetings, or Al-Anon workshops/presentations." Texas City is on the opposite end of District 4 from my home. If someone in District 4 who would like to serve as the contact for this organization and bring literature as needed, please let me know. I will work with you to get you connected and provide literature.

As always, if anyone hears of an upcoming event or knows of an organization that might be interested in Al-Anon participation, please contact me.

Grateful for this service and growth opportunity,

Pam J., District 4 Public Outreach Coordinator

Alateen Coordinator

I am very grateful to be a part of the District 4 group and I have learned a lot and I hope someday to be a part of this again. Thanks and God bless everyone in the room.

Josh J

- Dec 15** **AMIAS Workshop**
6301 Manchaca Rd
Austin, TX

- Jan 12** **AWSC Meeting**
2019 **New Life Lutheran Church**
3521 E Orange St
Pearland, TX

- Feb 8—10** **ATAAC Conference**
2019 **Houston Marriott Westchase**
Houston, TX

- Mar 9** **District 4 Meeting**
Parkway UMC
5801 New Territory
Sugar Land, TX

- May 3-5** **East Texas Assembly**
2019 **McAllen, TX**

- Jun 9** **District 4 Meeting**
Bay Area Club
League City TX

- Sep 21** **District 4 Meeting**
Margaret's House
6105 County Rd 203
Alvin, TX 77577

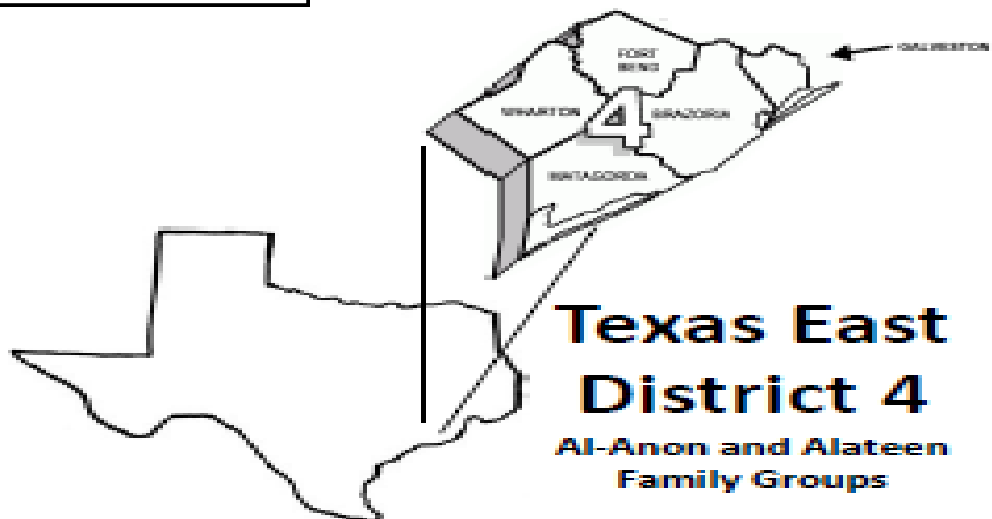
- Dec 14** **District 4 Meeting**
Surfside AFG
818 Angel Wing
Surfside, TX 88652

LINKS OF SERVICE CONTRIBUTIONS

- **District 4**
Check Payable to: District 4 Treasurer
Mail to: District 4 Treasurer—504 Hollyhock, Richwood, TX 77531
- **East Texas Area Assembly—Area 53**
Check Payable to: ETAAA
Mail to: Treasurer ETAAA—P O Box 1324 Silsbee, TX 77656
- **Al-Anon World Service Office**
Check Payable to: AFG, Inc.
Mail to: 1600 Corporate Landing Parkway Virginia Beach, VA 23454
- **Al-Anon Family Group Services (Intergroup)**
Check Payable to: AFGS
Mail to: 9800 Northwest Freeway. Ste 201 Houston, TX 77092

Serenity Prayer

God grant me the serenity To accept the things I cannot change, Courage to change the things I can, And wisdom to know the difference.



A.M.I.A.S. Workshop

(Al-Anon Member In Alateen Service)

For certification or if you're just curious

Hosted by District 6

Saturday December 15, 2018

10:00 AM to 4:00 PM

Austin Al-Anon/Alateen Information Center

6301 Manchaca Rd. Austin, Texas

Bring a sack lunch and drinks.

Bring your Alateen Conference Approved Literature (if you have any)

A basket will be passed but there will be no fees to attend.

RSVP by December 8, 2018
Text to Bill at 512-238-9667
"RSVP, your full name, AMIAS"

Love is Light

40th ANNUAL ALL TEXAS

AL-ANON/ALATEEN CONFERENCE

February 8-10, 2019

Houston Marriott Westchase Hotel

2900 Briar Park Dr

Houston, TX 77042

Room Rate: \$99 Single/Double each night
includes

2 breakfast coupons/room each morning

Online Registration @ www.ataactx.com

Speakers:

Jeannie P, AFG, Eureka Springs, AR

Anna H., AFG, Houston, TX

Nancy J., AFG, Bay Area, TX

Catherine K., AFG, Dallas, TX

Ralph W, AA, Los Angeles, CA

SPANISH TRANSLATION EQUIPMENT AVAILABLE

Alateen Program	Raffle	Al-Anon Discussion	Workshops	AA Discussion Meetings
Spanish Translation	Banquet & Luncheon	Meetings	Spanish Workshop	Silent Auction

Return Registration to:

ATAAC

P.O. BOX 94, Alvin, TX 77512

For more information contact:

ataac2019@gmail.com

Pre-Registration for only \$25 and save \$5.00

Name: _____

Email Address: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Badge Name: _____ Al-Anon AA _____ \$25.00

Additional Pre-Registrations:

Badge Name: _____ Al-Anon AA _____ \$25.00

Badge Name: _____ Al-Anon AA _____ \$25.00

Alateen Registration \$5.00 Badge Name: _____

NAME OF RESPONSIBLE ADULT FOR ALATEEN*: _____

**Saturday Night Banquet (Must be registered to attend) \$35.00 each Quantity: _____ \$ _____

**Luncheon/Speaker \$15.00 each Quantity: _____ \$ _____

Special Needs: _____ Scholarship Fund Contribution: \$ _____

(Please make checks out to ATAAC) Total Amount Enclosed: \$ _____

*Alateens must be accompanied by a responsible adult

** As Tradition 7 states "Every group ought to be fully self-supporting, declining outside contributions."

Attending the Luncheon and Banquet ensures that we meet our contract obligations and keeps registration costs down.

AL-ANON FAMILY GROUPS
East Texas Area Al-Anon /Alateen
Spring Assembly
May 3-5, 2019

“Celebrating One Day at a Time”

Al-Anon Speaker: Judy P., Georgetown, TX.

Casa de Palmas Renaissance Hotel **\$89.00 Standard Room**
101 N. Main Street **Includes Breakfast**
McAllen, TX 78501 **Last Date to book rate: 04/3/19 For Reservations call: 956-**
631-1101 **ETAAA District 1 OR:**

Click on this link below to make your reservation. A method of payment will be required. Once the reservation is made, you will receive a confirmation email.

LINK: [Book your group rate for East Texas AAA District One](#)



GR ___ DR ___ AMIAS ___ FIRST ASSEMBLY (Y / N) ___ # of Yrs. in Program

Name _____ Name on Badge _____
Address _____ City/State/Zip _____
Group Name _____ District # _____
Phone # _____ Email _____

Registration fee [] Al-Anon \$35 [] Alateen \$5 [] AA \$30
Al-Anon Discount Registration Fee if paid by December 31, 2018 [] \$30 Banquet [] \$20
Cut off date April 20.

If you wish to attend the day trip to Nuevo Progreso, Mexico on Friday
Please let us know. Yes ___ No ___ Note: you must have passport or passport card

Make checks payable: ETAAA District 1

Mail to: ETAAA District 1
49 Pizarro Avenue
Rancho Viejo, TX 78575

Please email any questions to: arosastourigny@gmail.com

Alateen Notice: When registering, all Alateens must turn in a completed Behavioral Guidelines Form and be accompanied by a responsible registered adult. Notarized permission and Medical Forms are to be kept by the responsible registered adult. Forms can be obtained from an Alateen sponsor or Alateen Coordinator.

4.º Foro Hispano

de Oficinas Intergrupales
e Intergrupos del Estado de Texas
Ciudad Sede San Antonio, Texas

Marzo 8, 9 y 10 del 2019



AA

Juntos Por el Sendero Del Destino Feliz

Hotel La Quinta
Inn & Suites

4431 Horizon Hill Blvd.
San Antonio, Texas 78229

Para Reservaciones
llamar al Teléfono:

(210) 525-8090

Clave: Evento de AA, Foro Estatal