

# THE BEACON

THE NEWSLETTER OF THE EAST TEXAS AREA AL-ANON/ALATEEN ASSEMBLY

## A Message from the Chair ~ Kay C.~

Hi Texas East Area 53,

I want to thank all of you who *participated* in the Texas East Area 53 2016 Spring Assembly (“Assembly”) in Kerrville, Texas! Thank you District 13 for hosting the event and District 1 for being the support district. You did a great job! A special BIG thank you to the entire 79 Group Representative (GRs) who attended. I hope you caught the Joy of Service that I have and will find a GR in your district that has not been to Assembly and invite them along to the November Assembly Nov. 4-6 in Corpus Christi, Texas so they can catch the Joy of Service Bug! We have a great Area with lots of Recovery, Passion and people willing to carry the message to those families who are still suffering from the disease of alcoholism.

Since we only had 18% participation of our groups at the Assembly (435 active groups) We are brainstorming on how to increase participation in the Assembly so any feedback you have, please send me an email at [etaaa.panel55.chair@gmail.com](mailto:etaaa.panel55.chair@gmail.com). Do we need more break-out topics, circuit instead of local speakers, start on Friday night-end on Saturday night, start on Saturday-end on Saturday, start on Saturday-end on Sunday morning at 12, etc.? This is your Assembly so let me know. We have formed a Thought Force to discuss the idea. We will be discussing this more at the Area World Service Committee meeting in August- hosted by District 5 in Houston, TX.

**In closing**, I encourage everyone in the Area to give feedback to your DR or to me concerning the Assemblies, the Area or any other Al-Anon related topic.

### **Come One Come All to Texas East Area Assemblies.....**

**District 2 is excited to announce that we will be hosting the next Fall 2016 Assembly. The assembly will be held in Corpus Christi, November 4-6, 2016. The theme for this assembly is A SEA OF MIRACLES.**

**We are having entertainment, great speakers, and of course business.**

**So make plans to attend Fall assembly in Corpus Christi, don't forget your bathing suit and flip flops. See you in November.**

**District 4 hosting the ETAAA Spring Assembly May 19-21, 2017 :**

**We have secured the T. E. Harman Senior Center located at 226 Matlage Way, Sugar Land, TX to host the ETAAA Spring Assembly 2017. The Hyatt Place Hotel will be our host hotel located at 16730 Creek Bend Dr., Sugar Land, TX.**



### **Calendar of Events**

**AWSC Meeting**  
**August 6, 2016**  
**Zion Lutheran Church**  
**3606 Beauchamp**  
**Houston, Texas 77009**

**Fall Assembly 2016**  
**November 4-6, 2016**  
**Holiday Downtown**  
**Marina**  
**707 N Shoreline Blvd**  
**Corpus Christi, Texas**  
**78401**

**POSSE**  
**March 24-26, 2017**  
**Gonzales, Texas**

**TEA AC**  
**May 5-7, 2017**  
**Gonzales, Texas**

**Spring Assembly 2017**  
**May 19-21, 2017**  
**Hyatt Place Hotel**  
**16730 Creekbend Dr.**  
**Sugar Land, Texas 77478**

**Deadline for Submissions**  
**for the next issue of**  
**the Beacon Sep 1, 2016**

### **Inside this issue:**

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## AREA WORLD SERVICE COMMITTEE - 2015-2017

For Contact Information for East Texas Area 53 Area World Service Committee Members

Contact your Group Representative or Send a Request to: [web@texas-al-anon.org](mailto:web@texas-al-anon.org)

### AREA CONTRIBUTIONS

Mail to: ETAAA Treasurer

P.O. Box 34102

San Antonio, TX 78265

## Website Coordinator ~ Lisa W.~

The website coordinator serves as a "virtual link of service" between existing and prospective members, groups, and districts in the East Texas Area.

**Last Report Submitted:** February 28, 2016

**Current Report Submitted:** June 2, 2016

### **2<sup>nd</sup> Quarter Website Visits**

- ) Daily Average = 497
- ) Monthly Average = 15,361

### **Action Items Completed:**

- ) Presented "Website navigation" for District 12 Day in Al-Anon on Saturday, March 13<sup>th</sup>
- ) Attended the ETAAA Spring Assembly in Kerrville, TX – May 13 – 15, 2016
  - o Presented navigating the website at the Friday evening workshop
  - o Met with Thought Force regarding Web housing of meeting lists to review and discuss the answers to the KBDM questions. It was determined that the Texas Al-Anon website as well as the district websites could both house meeting lists. More info is better than less even though the margin for human error would increase.
- ) We reimbursed Texas West (Marcia H.) for 2016 website domain charges.
- ) Coordinated reading and responding to approximately 116 Texas Al-Anon website emails with Texas West Website Coordinator, Marcia H.
- ) Added 5 events <http://texas-al-anon.org/events/>
- ) Updated 2 events: ETAAA 2016 Fall Assembly Flyer & District 4: A Day in Al-Anon
- ) Added several new meetings in the area and updated the printable meeting lists
- ) Made several other meeting changes that came down from WSO group records
- ) Updated website plug-ins
- ) Changed the Spanish Speaking meetings to S instead of E and 12 steps to SS instead of S on the meetings and the legend for San Antonio

### **Action Items In-progress/Pending:**

- ) The Google Maps plug-in went down to our meeting lists due to a system update. Marcia H and I are looking for a new plug-in and the maps will have to be rebuilt.
- ) A request was made to add a "Page Visits Counter" to the Home page and Members page of our website. I am currently experimenting with this and there is one on all pages at the bottom if you care to check this out.

### **Announcements:**

"AFG Connects" offerings added to the website include the following:

- ) **Alateen Talks** in 3 languages on the Members page under Public Outreach
- ) Updated the letter from Chairperson of the Board <http://goo.gl/uhNHGy>
- ) Added a link "**Contribute Now**" to make contributions to WSO online <https://goo.gl/TAF20A>
- ) Updated Group e-News for June in 3 languages <http://goo.gl/c16lk1> Scroll down to GR Information divider.

I continue to encourage you to submit events for posting to the Texas Al-Anon website to increase attendance by all members.

\* <http://texas-al-anon.org/events/>

All East Texas District meetings that are housed on the Texas Al-Anon website may now be printed and reproduced with confidence for distribution within your District cities and areas.

The "printable meeting list link is located just above the meeting list in the left corner.

<http://texas-al-anon.org/meetings/>

### **Delegate Report ~ Joyce Y.~**

Spring flowers and beautiful sunrises over the Atlantic brought joy and serenity for “**Realizing Our Spiritual Potential**” during the 56<sup>th</sup> World Service Conference in April, 2016. At the beginning of the conference, Board Chair Paula B shared Ric B. is no longer with the World Service Office. WSO under his leadership was an era of moving from New York, blending New York and local talent, creating a strong, skilled and diverse workforce. If any of you would like to send expressions of gratitude for his service, you may do so through the WSO and these will be forwarded to him.

Moving forward into World Service Office’s next exciting chapter resulted in some changes to WSO organizational structure for increased communication between departments and streamline activities. Mary G., Past Trustee, will serve as **interim Executive Director** for a period of time to ensure the new office structure is functioning well. **Director of Programs** will be responsible for participating in the development, implementation, and evaluation of all World Service Office activities that serve members and potential members. **e-Platforms Manager** will oversee all aspects of technology and innovation to expand services and products to the fellowship, professionals, and the general public. Position descriptions are being finalized and will be posted on the Member’s Web site at <http://al-anon.org/members>, click on the WSO tab, then click on *Employment Opportunities*.

Check out the **2016 Annual Conference Summary** (which will be available late summer on members website as well as hard copy of summary) for more complete details and discussions. Here are some highlights:

**Financial:** Average cost of services per group is \$268.12. USA/Canada Total Groups is 15,237, and only 51.75% contributed to WSO for an average of \$119.52 per group. In Texas East the 54.6% of groups contributed an average of \$148.49. Breakout sessions were held during the conference to provide a better understanding of financials. One member stated “Healthy relationships discuss finances.”

**Public Outreach:** The Al-Anon Public Service Announcement (PSA) was in the top 1% of all PSAs in 2015. It was shown 8500 times for 80 million viewers. Please express Thank you to stations playing the PSAs In your community. There have been 1,100,000 hits so far with likes on Facebook. The new PSAs - Parents of Young People Affected by Someone’s Drinking and Children of Drinking Parents, will be available for release in May. Closed Caption PSAs are available for use in airports and restaurants.

**Literature:** The trial period for the CAL calendar quotations has ended and the project now continues on an ongoing basis. 20 quotes per year are available from WSO. Because groups are no longer receiving complimentary copies of *The Forum*, the June Group e-News will include a link to the “News from the 2016 World Service Conference” report that will be posted on the Members’ site. The July and August issues of *The Forum* will have a full-page ad detailing where to find the report as well. Placing it on the Web site makes it more accessible (In previous years, this report was included in the July and August issues of *The Forum*.)

**Alateen:** There were continued conversations related to the

current model of Alateen, and results of the recent Alateen survey were shared. The focus continues on securing ways to encourage participation of teens. One interesting result of the Alateen survey centered on the use of technology. The Alateen members participating in the survey overwhelmingly shared that technology is of no interest. The shared preference was face-to-face meetings.

**Task Forces:** Four Task Forces were presented: **Anonymity and Technology; Communication and Strengthening our Links of Service; Meeting Types; and Acceptance of Communities, Cultures, and Beliefs.** One member shared how she realized she had limited herself in reaching her own spiritual potential through the presence of preconceived ideas. All four presentations were powerful and worthy of use in our Areas. These will be shared more at future assemblies and when visiting districts.

**Concept 11:** Conference members approved amendments to the descriptive text of Concept Eleven on pages 207-214 in the 2014-2017 Al-Anon/Alateen Service Manual (P-24/27) to allow for updates reflecting various structure changes of Standing Committees, as well as the addition of Thought and Task Forces and Work Groups, while keeping in mind that Al-Anon is a worldwide fellowship and that not all International structures have made the same changes.

**Memorial Fund:** The Conference approved language regarding a limited, one-time memorial contribution in memory of deceased Al-Anon members, by family members who are not Al-Anon members. This language was requested by the 2015 WSC. The Service Manual will be updated to reflect this change.

**Meet the Board:** The next Meet the Board will be held on October 22, 2016 at The Chancellor Hotel, 70 North East Avenue, Fayetteville, AR 72701. Registration is \$30 and includes lunch (*gourmet sandwiches/wraps, salad and dessert*) and afternoon snack. This sounds like a great service road trip and an opportunity to see how it works. The three year trial period for Meet the Board has been extended to 2017-2019. Our AWSC talked about possibly putting in a bid for one in East Texas. More details will be provided to the AWSC on the bidding process for further review and discussion. Dates for 2017 Meet the Board is October 21, 2017. Bids must be submitted by September 16, 2016.

As of May 16, 2016 – Do you know what is happening in **2 years, 1 month, 18 days???** Have you figured it out yet???

That will be **Al-Anon’s 6<sup>th</sup> International Convention - Baltimore, Maryland - July 6-8, 2018.** Let’s show Maryland that Texas East Al-Anon is alive and well with a huge attendance from our area. This is an awesome opportunity to meet and share with members worldwide. Additional information can be found on members’ website at <http://al-anon.org/members/wso/events-and-conventions/>

Also the announcement to begin planning for the **2023 International Convention was made.** Detailed information outlining the bid process, meeting and hotel room requirements, and all the information needed for presenting a bid were handed out to each Conference member. Our AWSC discussed and will be looking at two possible locations and bring back information to the next AWSC to determine if Texas East would like to make a bid by the December 1, 2016

deadline.

**Congratulations to Rosie M.** as a new Trustee-At-Large to serve her first three-year term.

On Saturday afternoon following the conference I attended Open House and Tour of the World Service Office – “our home”. It was an exciting time and opportunity to meet the staff and express my gratitude for all the work they do to keep the flow of information working and moving. The turnout was tremendous. Thank you World Service Office Staff and Board for your hospitality that day!!

Celebration and Party Time was definitely in the air as we attended the Al-Anon’s 65th Anniversary Celebration held on Saturday evening following the Conference. Three hundred and fifty members and friends of our fellowship gathered to celebrate our beginnings and our future. Our two speakers had a combined total of over 105 years in the fellowship. Their personal sharings were gifts of unconditional love, tolerance, and absolute devotion to carrying our message of hope.

Thank you Texas East Area for allowing me the honor and privilege of serving as your Delegate. The outpouring of love, encouragement, and support continually flows. The love gifts you provided to share with other Areas were fantastic. The other delegates certainly took notice of your “Texas Talents and Hospitality”. The cards, phone calls, and text messages were welcomed “hugs” from all of you during very long but rewarding days of the Conference and have continued throughout my entire term as Panel 55 delegate. Service has been the lifeline of my program from very early on. The Joy and growth it brings is beyond words as I continue on this path of “Realizing Our Spiritual Potential”. THANK YOU!! You are a very important part of this recovery program!!

Please always remember – **Concept 4 - Participation is the key to harmony.** “Talk to each other, reason things out”.

Hugs of Gratitude through Service,

Joyce Y. – Delegate, Panel 55

### **Alt. Delegate Report ~ Margaret F.~**

To help make the new book become a reality, I am encouraging members to share their favorite recent *Forum* story with the WSO. We need to know the title, month, and year in which it appeared in the magazine. You can e-mail your suggestions ([wso@al-anon.org](mailto:wso@al-anon.org)) or submit your suggestions on-line. Go to the Members’ Web site at [al-anon.org/members](http://al-anon.org/members). Click on “Individuals,” “Featured Publications,” “*The Forum*,” then “THE FORUM BOOK (working title). Thanks for all your help!

In the next issue of our public outreach magazine, *Al-Anon Faces Alcoholism (AFA)*, Al-Anon and Alateen members from all over the U.S. and Canada share what it was like to attend their first AlAnon meeting. Also featured are articles by professionals explaining why they refer their clients to Al-Anon, as well as basic information about the Al-Anon program.

Here is a sneak preview of the content:

) “My Mom took me to Alateen meetings and saved me because she saved herself by getting help from Al-Anon.”

) “I told my kids ‘I don’t know how this Al-Anon thing is going to go, but I know we need something...let’s go in.’”

) “I realized this group understood my suffering, sympathized, empathized, and wanted to help me.”

Within the last year, members have distributed over 380,000 copies of *AFA* in their local communities. They’ve helped share the hope that Al-Anon offers. Carry the message. Share *AFA* in your community.

The deadline for placing individual or group orders of the first printing of *AFA 2017* magazines is **Wednesday, July 6, 2016, 5 p.m.**

**Did you sign up to chair the next meeting at your home group?**

The “Inside AlAnon Family Groups” article in the June issue of *The Forum* has some ideas for making it more interesting. Click here to read it now: <http://www.al-anon.org/members/pdf/IA.pdf>

Please share what your Area is doing to spread the word about CAL, or publish reviews of various CAL books and pamphlets in your Area newsletter. WSO relies on these articles for the content of the WSO newsletter, Area Highlights, which is posted quarterly (March, June, September, and December) exclusively on the Members’ Web site, [www.al-anon.org/members](http://www.al-anon.org/members). Read the latest one here: [http://www.al-anon.org/members/pdf/AreaHighlights/AH47\\_4.pdf](http://www.al-anon.org/members/pdf/AreaHighlights/AH47_4.pdf)

### **Area Alateen Coordinator ~ Norma W.~**

I’m Norma W. your Texas East Area Alateen Coordinator. Some of you may have noticed my last name has changed, in February I married. In March, I had a job relocation, and my son got married. My life has been pretty crazy, but I am finally finding some balance.

There has been several Alateen Sponsor Trainings Workshops this year in Districts 1,2,4,6, and 12. I want to say thank you to Bennie, Judy, Lynn, and Jayne for your service as trainers. We did have several members who could not attend a workshop, use the Self-Guided Alateen Sponsors Training Manual this year.

P.O.S.S.E. Round up Weekend (Program of Sponsors Sharing Everything) was held on March 18-20, 2016, there were 18 in attendance. It was a great weekend of sharing by all. POSSE report to follow.

TEA-AC was held on April 29-May 1, 2016, TEA-AC report to follow.

**Area Alateen Process Person ~ Bennie P. ~**

## GREETINGS FROM YOUR AAPP

AMIAS Recertification 2016 is not going very well this year. There has been a huge delay in getting AMIAS applications in a timely manner. Thinking that the storms and flooding situation in East Texas had something due with the delay. I extended the deadline from June 1, to June 7th. As I write this, I still have at least a dozen or so AMIAS that have not sent their applications. I will not have statistics for you for this report but after recertification is complete, I will send a report directly to the District Representatives and/or District Alateen Coordinators.

**You want to be an Alateen Sponsor?** Check with your District Representative, District Alateen Coordinator, AAC (Area Alateen Coordinator) or AAPP (Area Alateen Process Person). You can also go to our Texas Website <http://texas-al-anon.org> to download the [Al-Anon Member Involved in Alateen Service \(AMIAS\) Safety and Behavioral Requirements and Registration Forms](#).

Please read the instructions carefully to ensure you meet all of the Area Safety and Behavioral Requirements before submitting your application forms:

1. **AMIAS Registration Form – make sure you note the date of your training, where or who did the training.**
2. **Criminal Record Release Authorization**
3. **Al-Anon Member Involved in Alateen Service.**

AMIAS Certification is done year-round. Anyone interested in serving as an AMIAS (Alateen Sponsor) must participate in an AMIAS Sponsor Training prior to submitting their application. Training is required for the first two consecutive years and every three years thereafter, during continuous service as an Alateen Sponsor. Joy in Alateen Service.

**Spanish Coordinator ~ Anita C.~**

No Report

**Archives Coordinator ~ Becky F.~**

No Report

**Group Records ~ Candy N.~**

I have been working with a Thought Force concerning the prospect of housing all Area 53 meeting information on the Texas website. It was helpful to employ Knowledge Based Decision Making toward those efforts. I look forward to working with those on the Thought Force in trying to improve our communications with both new and existing Al-Anon members.

I am really happy to report that there are several new groups in our area. The following information is helpful to those who inquire about starting a new group:

“The Al-Anon/Alateen Groups At Work (The Service Manual) Page 30 provides an abundance of information about starting a new group. A downloadable version of the manual is available

from the Members page of the Al-anon website [www.al-anon.org](http://www.al-anon.org). Once you have all the information together about your new meeting, then fill out and submit a Group Records Change Form (GR-1).

An editable version of the GR-1 is available on the Texas website. Go to [texas-al-anon.org](http://texas-al-anon.org), click on the Members tab\* (\*password is [afg](#) or [anonymity](#)), scroll down to and click on **Access Area 53 (Texas East)**, scroll down to **GR Information**, and click on **Texas East Al-Anon Registration/Group Change Forms [here](#)**. Type in the information, save the edited form as a .pdf file (be sure to remember what you name it and where you save it). Then e-mail it to me as an attachment. I will enter the information in the database and turn it over to the World Service Office (WSO) for approval. WSO will notify you when your new group has been approved.”

Gratefully in Service.

**Newsletter Editor ~ Lynn S. ~**

The following is the report I sent to be read at the Spring assembly but it was unintentionally left out of the coordinators' reports. So here it is....

Aloha! I am unable to attend this assembly because my granddaughter, Victoria, (2 ½) has moved from Germany to Hawaii and needed Grandma to take care of her while her parents moved into their new home.

The 1<sup>st</sup> Quarter issue resulted in 5 “Not Able to Forward” and 2 “Forward”. The problem is when the *Beacon* is forwarded we do not know if the CMA of that group has moved and is still the CMA or if s/he has moved on from that group. The fee for forwarding is \$.59 per piece.

The 2<sup>nd</sup> Quarter issue resulted in 6 “Not Able to Forward” and 1 “Forward”. Total fee for these returns and forward is \$7.57.

I pass the information on to the area Group Records Coordinator and hopefully she is able to locate the correct CMA for these groups.

Since I will not be back on the mainland until May 31<sup>st</sup> and the *Beacon* deadline for reports is June 1, please do your best to be on time. I would like to have the *Beacon* to the printer on Monday, June 6.

Please remember I cannot edit your reports if you send them in pdf. Please use Word. Thank you. Aloha!

While I was on the island of Oahu, Carolyn A., took me to her group Makahilo AFG. I was able to attend twice while I was there and it was a great experience. If you have never attended a meeting while on vacation or a family trip you should try it sometime it is fun.

### **Public Outreach ~ Judy W. ~**

Great activities continue in the districts by the District Public Outreach Coordinators (DPOCs)! Some reported activity highlights over the last quarter (March to May 2016) include:

**From WSO:** Received and distributed the Public Service Announcements (PSAs) into the districts. Activities are underway for the districts to work together to ensure all TV stations are contacted. Radio PSAs were down in the past 6 months with only one PSA being played in Corpus Christi.

**District #5:** Continued to order Al-Anon Faces Alcoholism (AFA) magazines for distribution to GRs to use at businesses, hospital, churches, etc. Also, continuing to create "A Day in Al-Anon for Professionals". Contact has been made to reach the judges and law enforcement and working on proposal to share with professionals on why others may have an interest in Al-Anon. Budget will be approved by the district. Volunteers are needed to help support this large effort. Please contact Lynn B or district rep for more information to get involved.

**District #6 (North):** Participated in two health fair over the past month; Killeen & Fort Hood. Prescription pads are being used with professionals to give to their clients. A new meeting started in Cedar Crest Hospital (Belton) to attempt connection with families of the patients.

**District #7:** Planning to contact the GRs in the district to seek public outreach volunteer support. Continued effort to support the Woodlands Parents Group AFG (District 5). Attendance is up to 35+ and an effort to get the parents involved with public outreach is starting.

**District #8:** Spoke with the Franklin House North & Unity House several times. Setup an Al-Anon Information table at the Christus Health Fair. Distributed AFA magazines to doctors & hospital waiting rooms.

**District #9:** Voted to order AFA magazines at the last district meeting. Reported (as part of Tradition Six) to be cooperating with the local AA Central Service Office to share the magazine copies. Pamphlets (less cost) are also being considered for purchase & distribution. Began working other radio and TV stations that are not currently receiving the PSAs.

**District #12:** Two volunteers spoke at a Baptist Hospital System chaplain's breakfast meeting on Al-Anon and Alateen. As a result of that meeting, three chaplains want to distribute literature into 3 hospitals. More focal points are needed to help the chaplains. District 12 does not currently have a DPOC, but is seeking those that may have an interest to fill this position and/or assist in being the focal point contact for the other hospitals. For more information, contact the district rep ([dmw78247@aol.com](mailto:dmw78247@aol.com)) if you have an interest to be of service.

At the last assembly, the DPOC team met to begin brainstorming ideas to carry the message into the area. Lots of good ideas were noted and a conference call to continue the discussions is scheduled for Saturday, June 6<sup>th</sup>, 10am.

### ***The Forum***

and

### ***AlAnon Faces Alcoholism* :**

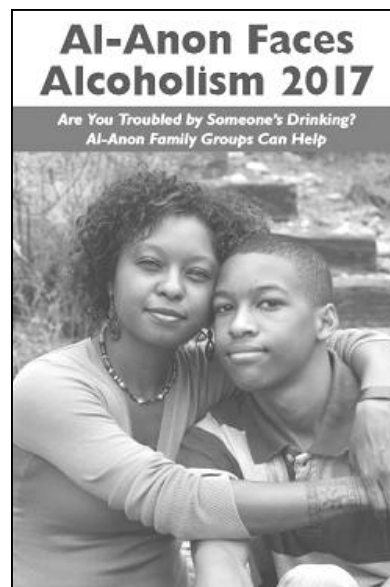
### **Two very different purposes!**

Many of us had to overcome multiple challenges before we were ready to give AlAnon Family Groups a try. We had to overcome denial that there was a problem with a loved one's drinking. Some of us didn't want to ask for help because it was embarrassing, and we didn't want anyone to know what was going on at home. Even if we were aware that AlAnon existed, perhaps the misconception that it's a religious group kept us away. Still others believed that no one could possibly understand what they were going through.

*AlAnon Faces Alcoholism* is designed to address those challenges. Members write about their own denial, or share how they overcame the fear of reaching out. Most of all, members share hope, understanding, and compassion with the potential newcomer.

In *The Forum*, members share how the various tools of the program including the Twelve Steps, Traditions, and Concepts of Service have helped them find—and keep recovery! Even the newcomer walking through the door for the first time, someone who has already overcome the challenges of reaching out for help, could benefit from reading the experience, strength, and hope that we share in *The Forum*. They may be confused by our Legacies and even some of the language we use, but AlAnon and Alateen members will be there to help. Imagine how daunting it could be for a potential member, someone who may have never even heard of AlAnon, to read about Concept Three or Tradition Five for example.

With that in mind, please encourage members and groups in your area to share *The Forum* with one another and share *AlAnon Faces Alcoholism* with their community!



## District Reports

### District 1 ~ Flor P. ~

Hello everyone, my name is Flor from District One, a grateful member of Al-Anon. We just had our district meeting last week in Harlingen, where we had to elect a District Representative for the 3rd time this term. We had a small turn out and since there were no volunteers I chose to volunteer again to finish the term and Barbara, GR from One Day at A Time, will be the Alternate DR. We just celebrated 2 anniversaries for two different groups, which we had a very good turn out. We had three speakers: a doctor, a preacher and an AA member. We also have been talking about how we can increase the attendance of Alateens, but with very little success. We are open to any suggestions to increase our Al-Anon attendance to district meeting and to also encourage them to attend area assemblies.

### District 2 ~ Myrthala C. ~

Hello from District 2, our last District meeting was held April 16, 2016 in Corpus Christi, Texas hosted by Santa Fe Serenity.

District 2 has 4 new GR stepping up in service, 3 from the Corpus Christi area and 1 from Laredo area.

District 2 working away on our plans for hosting Fall 2016 ETAAA Assembly. The dates for Assembly are November 4-6, 2016. Hope to see all of you in Corpus Christi.

Joyce Y., WSO delegate, invited to our District meeting on October 8, 2016. All are welcomed to come and meet her.

Some group reported sometimes they are not able to send their contributions to district, area and WSO, and I shared with them the message of Spiritual Abundance.

Destine, from Libertad group in Laredo, spoke at the Day in AA with Al-Anon participation in Corpus Christi. It was an inspiring story based on our Traditions.

Our quarterly speaker held May 16 in Corpus Christi, Veronica from Step Together Step was the speaker for this quarter, it was well attended.

Next District meeting will be July 23, 2016 in Alice, Texas hosted by Alice AFG.

### District 3 ~ Jocelyn B. ~

No report

### District 4 ~ Mattie T. ~

The summer is now here and I hope you all have plans to enjoy family and friends during the holidays. I must always give thanks to all the Group Representatives, Officers and members in District 4 for the support, hugs and love. This position would not be possible without all of you.

Planning meeting for our Day In Al-Anon will be held June 18, 2016 after our quarterly District Meeting at 1:00pm at 2425 FM 1092. Please come and join in the planning for this wonderful day of workshops and fun and fellowship on July 30, 2016. Judy P. will be sharing her experience, strength

and hope from *Reaching for Personal Freedom and Paths To Recovery*.

Our delegate, Joyce Y., has shared many times about Spiritual Abundance, which is more than just our gratitude for our recovery program. We want to continue to carry the message of recovery to others and sometimes we just need to make sure that the message is out there. When we pass the basket we usually put in \$1, well back in the day a \$1 went a long way, but today the \$1 does not go so far, so I encourage each of you to give what you can so that the message of recovery will continue to be there and I quote from our declaration "When anyone anywhere reaches out for help, let the hands of Al-Anon/Alateen always be there and Let It Begin With Me"

### **DID YOU KNOW**

The World Service Office is pleased to announce we have refined the process for making contributions online. This new process allows for a friendlier user experience, as well as the ability to make a recurring monthly contribution with the click of a button. If you are interested in making a contribution, visit the Members' Website and click the "Contribute Now" icon. An email receipt will be sent within minutes of your having made a contribution and the email receipt will serve as your tax documentation. PayPal supports the new payment portal, however we do not endorse PayPal or any other electronic commerce providers. A PayPal account is not required to make a contribution.

Several members have asked me about the role of dual members. Page 47 of the Service Manual address the role of GRs and Alternate GRs

Save the Date: ETAAA Spring Assembly 2017:

We have secured the T. E. Harman Senior Center located at 226 Matlage Way, Sugar Land, TX to host the ETAAA Spring Assembly 2017. The Hyatt Place Hotel will be our host hotel located at 16730 Creekbend Dr., Sugar Land, TX. We had our first planning meeting on April 24, 2016 at the Lamp-lighter's Club in Missouri City, TX (minutes from the meeting was sent to all GRs).

News From Around The District AFGs:

District 4 Host AFG Groups

June 18, 2016. - Courage To Change AFG

September 10, 2016. - Margaret F's Home

December 10, 2016. - Eldridge AFG

If you have any changes in your group (time change, location change, GR change), please submit a GR1 change form to Candy N. Candyn07@icloud.com

There is a new Al-Anon Group: Parent of Alcoholics this group meets every Friday at 7:00pm at Parkway United Methodist Church, 5801 New Territory Blvd., Sugar Land, TX 77479. Please support the groups that have low attendance and share your ESH.



**District 5 ~ Anita C.~**

Greetings to all,

Expectations are about things I can't control, THEM AND THINGS. Boundaries are about the things I can control, ME. This has been some kind of a growing experience being a DR. I have experienced learning good things as I attend my home group meeting when I bring back a great report from an Assembly.

On our last Sunday district meeting our new Alternate DR, Jeannie, gave a remarkable report on the Kerrville, TX assembly. A good incentive was to give away a free registration for one of our GRs to attend the Corpus Christi Assembly in November.

Our district meeting members are getting slowly larger in attendance. Progress has been made to get in touch with some of our group reps to inform them about "service" in Al-Anon and Alateen through the information from our Area Group Records Coordinator report.

The next strategy is to visit as many groups as we can to get our groups CMA and group reps information as current as we can.

Always glad to report that one of our Alateen groups has had a remarkable attendance increase. The Spanish Al-Anon, Vive y Deja Vivir, group is supporting this group in sending teens to our meeting on Mondays 6-8 pm as mothers or other relatives attend their meeting.

Thank you for your support with trusted servants.

\*\*\*\*\*

Saludos a todos,

Las expectativas son acerca de cosas que no puedo controlar, AQUELLOS Y COSAS. Los límites son acerca de las cosas que puedo controlar, EN MI. Esta ha sido una especie de una experiencia de crecimiento de ser un RD. He experimentado el aprendizaje de cosas buenas como asistir a mi reunión de mi grupo base cuando yo puedo traer de vuelta un gran informe de una Asamblea. En nuestra última reunión de distrito el pasado Domingo nuestra nueva alterna RD, Jeannie, dio un notable informe sobre la asamblea en Kerrville, TX. Un buen incentivo era de regalar un registro gratuito para uno de nuestros representantes de grupo para asistir a la Asamblea de Corpus Christi en Noviembre. Los miembros de nuestro distrito han sido cada vez más grande lentamente en la asistencia. Se ha avanzado en ponernos en contacto con algunos de nuestros representantes de grupos para informarles acerca de "servicio" en Al-Anon y Alateen a través de la información de nuestro informe de la Coordinadora de Zona de Registros de Grupo.

La siguiente estrategia es visitara los grupos como sea posible para conseguir su información de CPA y representantes lo más actualizada posible. Siempre complace informar que uno de nuestros grupos de Alateen ha tenido un incremento notable de asistencia. El grupo Hispano de Al-Anon, Vive y Deja Vivir, está apoyando a este grupo en el envío de los adolescentes a nuestra reunión del Lunes 6-8 pm como madres u otros familiares asisten a su reunión. Gracias por su apoyo con los servidores de confianza.

**District 6 ~Lori L.~**

Our last District 6 meeting was held on April 16, 2016, in Temple, Texas, hosted by Temple New AFG and Temple ODAT. They performed a skit based on recovery in a court room setting! Once again, there was a great deal of laughter!

We began the business meeting with the Officers' and Coordinators' reports. We did lose our Public Outreach North Coordinator position due to health issues but fortunately, we had another member that was able to step in to fill it! The only positions that are lacking at this time are the District Alateen Coordinator and the Spanish Coordinator. Hopefully those positions will be filled soon. After lunch Alice M., the Secretary, took roll call to which we had 38 in attendance, 17 voting Group Representatives (GRs), and 1 abstention. Anna gave a final report on our Cap Metro campaign where we had placards made to put on the Cap Metro buses. It ended in March. Unfortunately we were unable to retrieve the signs to use for future public outreach purposes. Peggy gave an update on getting the Alateen posters into the schools where there are current/active Alateen meetings being held. She needed volunteers to contact the schools to place the posters. Judy had the 250 posters that she ordered ready to hand out. She made suggestions of where to place the posters. She asked for the volunteer's name and to let her know if they were successful.

District 6 is scheduled to host the Fall Assembly 2017 with District 7 as the cohost! It will be held in Austin November 3-5<sup>th</sup> at the Holiday Inn Austin Midtown located at 6000 Middle Fiskville Road. We were able to fill 9 of the 14 chairperson positions. Here are the positions that need to be filled: Speaker Chairperson, Registration, Public Outreach, Speaker Host, and Hospitality. This is a one time commitment service position! The duties are in the Assembly Guidelines. Our next District meeting will be held October 15<sup>th</sup> and will be hosted by Just for Today AFG in Elgin! So ask yourself: is there any reason why I could not be the (you fill in the blank!) for the Fall Assembly 2017? Be listening closely to what your Higher Power has in store for you!

**District 7 ~Jane M.~**

Howdy ETAAA. District 7 is recovering from May flooding and hopes to dry out soon. At the April district meeting, we decided to hold the spring AWSC meeting in Waller, TX at the United Methodist Church, Feb. 4<sup>th</sup>. There are two hotels within blocks of the meeting place, Holiday Express and American Best. Joyce Y., WSO delegate, will visit the district's July 16<sup>th</sup> meeting. All are welcomed to come meet her. Most of our groups are doing well. The Waller Hope for Today AFG has had three potlucks with the AA group that meets in the same place. The Bryan Tues. AFG changed their meeting time from 7:30 to 7:00 pm. College Station Freedom Alateen group meets 5:30 pm Mondays at A&M United Methodist Church. Right now they have one Alateen. The district has five Alateen sponsors. Regrettably the Columbus AFG has closed. The Juvenile Justice group in Conroe has been suspended until a Spanish translator can be found.

Next district meeting will be July 16<sup>th</sup> in Bryan, TX at 804 Texas Ave. Registration is at 9:30; meeting starts at 10:00. A potluck lunch will be at 12:00.

**District 8 ~ Jennifer S. ~**

Hello from District 8!

I had a wonderful time at our Spring Assembly in Kerrville! I enjoyed the fellowship and getting to know people outside my district. Thanks to District 13 for being such great hosts.

We had good attendance at our last district meeting and welcomed a couple new GRs! We also had some exciting news as we have a new meeting in our district. We hope to encourage more participation in the future. Our biggest challenge right now is our Alateen program. We have no meetings currently and need some new volunteers to be certified for future meetings to be possible. Our next district meeting is July 23rd.

**District 9 ~ Debby C. ~**

Greetings to all from District 9,

I missed the last assembly due to un-foreseeable circumstances, but I understand District 9 was well represented. Thanks to our Alternate District Representative, Pat Ragan, for covering for me. I am looking forward to attending the Fall Assembly a Sea of Miracles in Corpus Christi.

We have a district meeting planned for July 16<sup>th</sup> @ 10am 1034 E. Lake Street in Tyler, TX. I am looking forward to seeing all the GRs there to discuss business, fellowship and work on planning our fundraiser. Your input is needed and greatly appreciated.

So much good information is communicated at the district meetings and at our area assemblies. This last assembly had great ideas of how to increase participation and SPICE up your meetings by using a variety of CAL (Conference Approved Literature) as well as ideas for carrying the message to those who are still out there hurting in despair, without hope. Al-Anon offers a better way of life and so many principles to help recover from this cunning, baffling and powerful disease. Help us get the message out to those who are still hurting.

See you soon and remember; "When I got busy, I got better."

**District 10 ~ Susan L.~**

No Report

**District 12 ~ Dolores W. ~**

Our District meetings still need to fill the Spanish coordinator and Public Outreach coordinator positions. The Alternate DR Lynn S and I were able to fulfill a Public Outreach in March speaking to a group of Chaplains from the Baptist Hospital monthly breakfast prayer business meeting. A number of the people at this meeting were surprised to learn about Alateen.

District 12 also held a successful A Day in Al-Anon in March with approximately 50 people attending this day of workshops and fellowship.

Continued Blessings and Hugs

**District 13 ~ David S.~**

Howdy Area 53!

District 13 is breathing a sigh of contented relief after hosting the ETAAA Spring Assembly on May 13-15, 2016.

I am so proud of our District for all the hard work and for the wonderful job they all did. I received nothing but compliments from those in attendance.

I am still working on the final numbers but it looks like we had 136 registered attendees, 128 Al-Anon and 8 AA. Unfortunately we had no Alateens in attendance. I have received most of the final reports from the committee members and will be turning everything into the Area at the next AWSC meeting August 6<sup>th</sup> in Houston.

I want to thank all of you who attended and help to make the event a great success.

I also want to once again thank all of the District 13 committee members:

David S.-Chairperson/Treasurer, Dana S.-Registration, Becky F.-Co-Chairperson/Speaker Chair, Sarah W.-Secretary/Speaker Host, Andy M.-Alateen Chair/Raffle, Julie A.-Literature, Tammy (and her committee)-Decorations, Waverly J.-Hospitality/Entertainment, Jan P.-AA Liaison and Lorraine C.-Raffle Chairperson.

Thanks also, to our two wonderful speakers, Lynn P. and Nancy H. and to Bill P., Literature Coordinator for the San Antonio Al-Anon Information Service/Literature Distribution Center!

Our next Business meeting will be held July 16<sup>th</sup>, 2016 in Kerrville at a location to be determined.

### Al-Anon Registration/Group Records Change Form (GR-1)

Please send this form through your Area Process or the WSO

#### 1. Group Record

WSO I.D. Number \_\_\_\_\_

District Number \_\_\_\_\_

Area Name (Abbreviation) \_\_\_\_\_

#### 2. Status

- New
- Change
- Inactive
- Not Sure If Registered

#### 3. Changes (Check all that apply)

- Group Name
- Current Mailing Address (CMA)
- Mtg Place
- Mtg Day       Mtg Time
- GR               Contact

#### 4. Group/Registration Overview

Group Name \_\_\_\_\_ Mailing Language \_\_\_\_\_

*Reflects Al-Anon principles and is inviting to all. See Instructions to fill out the GR-1 Form. Please note that group names not in compliance with the Al-Anon policy will delay processing of the registration. Contact your Area Group Records Coordinator or the WSO for further information.*

Location: Meeting Place \_\_\_\_\_

Meeting Address \_\_\_\_\_

City \_\_\_\_\_ State/Province \_\_\_\_\_ Zip/Postal Code \_\_\_\_\_ Country \_\_\_\_\_

Group e-mail \_\_\_\_\_

Contact First Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Contact First Name \_\_\_\_\_ Phone Number \_\_\_\_\_

#### 5. Meeting Details

Day \_\_\_\_\_ Time \_\_\_\_\_  AM  PM

Type:  Open  Closed

Spoken Language \_\_\_\_\_ Member Count \_\_\_\_\_

Beginners\*  Introductory\*\*  Limited Access\*\*\*

Handicap Access  Babysitting  Fragrance Free

Smoking Permitted  Sign Language

Location Instructions \_\_\_\_\_

#### Additional Meeting

Day \_\_\_\_\_ Time \_\_\_\_\_  AM  PM

Type:  Open  Closed

Spoken Language \_\_\_\_\_ Member Count \_\_\_\_\_

Beginners\*  Introductory\*\*  Limited Access\*\*\*

Handicap Access  Babysitting  Fragrance Free

Smoking Permitted  Sign Language

Location Instructions \_\_\_\_\_

*\* Held in conjunction with a regular Al-Anon group meeting; not considered an Al-Anon group. Provide newcomers a simple introduction to Al-Anon.*

*\*\* Attendance changes frequently; not considered an Al-Anon group. Attendees are invited to go to regular Al-Anon meetings.*

*\*\*\* Meeting access is limited due to the facility's entry restrictions. These groups meet at sites such as military bases, institutions, industrial plants, or schools.*

#### 6. Current Mailing Address (WSO mail for the group is sent to the CMA postal and e-mail addresses)

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Street/PO Box \_\_\_\_\_

City \_\_\_\_\_ State/Province \_\_\_\_\_ Zip/Postal Code \_\_\_\_\_ Country \_\_\_\_\_

Phone Number \_\_\_\_\_ E-mail \_\_\_\_\_

*CMA e-mail address is entered here. Please enter Group e-mail address in section #4 (See instructions for more information)*

#### 7. For Area Use

Group Rep  Other \_\_\_\_\_

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Street/PO Box \_\_\_\_\_

City \_\_\_\_\_ State/Province \_\_\_\_\_ Zip/Postal Code \_\_\_\_\_ Country \_\_\_\_\_

Phone Number \_\_\_\_\_ E-mail \_\_\_\_\_

*The WSO will register any group designating itself as an Al-Anon Family Group with the understanding that it will abide by the Traditions and that meeting will be open to any Al-Anon members. Al-Anon/Alateen Service Manual (P-24/27), "Digest of Al-Anon and Alateen Policies"*

Submitted by: \_\_\_\_\_ Date: \_\_\_\_\_ Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

**Austin AIS/LDC ~ Paula H.~**

The AAIC Board met on May 16, 6:30 P. M. at the Austin Al-Anon Information Center. Thirteen voting members were present.

The AAIC Chair, Joyce, is working on several items. She is in the process of updating the office manager guide, as well as filing a necessary report with the Secretary of State. Also, items have been donated to the AAIC for possible future computer use. A PC and iMac have been donated, as well as a printer, modem, and router. Joyce will continue to work to see if the donated items are compatible and will investigate Internet access. Also, another board member will investigate to see if the AAIC can get a less expensive phone, as the current bill is around \$90 a month.

The AAIC treasurer, Peggie, reported that the AAIC financials are up to date with the IRS and that it is currently operating in the black. However, Peggie suggested that another appeal letter might be sent to groups, and the Board will vote on sending another appeal letter at the August AAIC meeting. There was quite a bit of discussion regarding the AAIC budget, and it was determined that literature sales needed to be lowered to \$50,000. The budget was amended, and the amended budget was approved. Currently, the AAIC only has a checking account, but Peggie will open a savings account by June 1, 2016.

Two items of new business were discussed and votes were taken. The AAIC Board voted to bypass the By-Laws to extend the current secretary's term through December, 2016. Also, the Board voted to raise the .03 pamphlets to .04 for a bulk order of 100, and to raise the price of individual .03 pamphlets to .05.

Two discussions were tabled until the August AAIC Board meeting. The two discussion items concerned the volunteer committee and the literature committee. Concern was raised over the limited office hours that the AAIC is open, and the volunteer committee may look into extending office hours. This would entail soliciting more volunteer help for the AAIC. Also, literature sales were a concern, as sales have been dropping slightly. The literature issue will also be discussed at the August AAIC Board meeting.

Kitty, the AAIC office employee reported that daily calls and daily walk-in's had increased slightly over the past quarter. This increase may be a result of the District 6 public outreach project of putting Al-Anon posters on Capital Metro buses.

The next AAIC Board meeting is Tuesday, August 16, 2016, at 6:30 P. M. at Northland.

With gratitude in Al-Anon service,

**Intergrupala Hispana de Houston ~ Virginia L. ~**

Antes que nada les envío un saludo esperando todos se encuentren gozando de salud y las mieles que nuestro maravilloso programa nos ofrece.

Les comparto que se han enviado cartas a los Grupos con la intención de comunicarles y a la vez invitarles a unirse a un evento que se estará llevando a cabo el día 4 de Septiembre del 2016. Es una Kermés en la cual como individuos o como Grupos podremos aportar nuestro granito de arena como forma de agradecer lo mucho que hemos recibido. Para mas detalles si no recibió carta, pueden hacerse presentes en la reunión de Asuntos de Intergrupo que se lleva a cabo el último Domingo de cada mes. Estaremos visitando los Grupos y de antemano agradecemos del amor, la disposición y buena voluntad con que nos reciben.

En un reporte anterior les compartimos que tomando en cuenta las guías a seguir para Información pública ( Actualizadas ) encontramos que se pueden llevar a cabo "reuniones ambulantes" Después de una información en una institución. Se pueden realizar cierto número de reuniones solo como seguimiento y luego referirlos a un grupo. El comité de Información pública se hizo presente a pasar el mensaje en La escuela "Amigo por vida" localizada en el 5503 El camino del rey. Se les dejaron paquetes de información de Alateen para los jóvenes, de el recién llegado para las esposas y demas familiares y el de hijos adultos. Se repartieron folletos a los presentes y el recetario de Al-Anon (sugerido en la guía de Lo Mejor de la información Pública) se le entregó a la consejera de la misma. Se les recuerda que siempre son bienvenidos a hacer la unidad en cada una de estas intervenciones.

Aprovecho para recordarles que el Comité de Literatura mantiene un surtido permanente de (LAC) folletos, pamfletos y otros. La demanda por parte de los Grupos y miembros fluye constantemente. Pueden enviar sus pedidos por correo electrónico, llamando o haciéndose presentes en la Reunión de asuntos de Intergrupo el último Domingo de cada mes a las 11am en la dirección 6160 Glenmont Dr. Houston, Tx. 77081 Apt 155.

La participación es la clave de la armonía. ( Cuarto Concepto )

**INTERGRUPAL HISPANA DE AL-ANON - AIS**  
 Reunión de asuntos de Intergrupo: Ultimo Domingo de cada mes de 11:00am – 1:00pm.  
 Dirección física: 6160 Glenmont Dr. Houston, Tx. 77081  
 PO BOX: 1975 Bellaire, 77402  
 Pag web: [alanonhispano.org](http://alanonhispano.org)  
 e-mail: [intergrupohispanohouston@gmail.com](mailto:intergrupohispanohouston@gmail.com)  
 Tel: 713-6811296

**Beaumont AIS/LDC ~ Carole L. ~**

No Report

**Houston Al-Anon Intergroup ~ Ann R. ~**

No Report

**South Texas AIS/LDC ~ Bennie P. ~**

No Report

**San Antonio AIS/LDC ~ Nancy M.~**

No Report

**Waco AIS**

No Report

**Area 53 Financial Checks N' Balances**

All of our officers (Delegate, Alternate Delegate, Chair, Secretary and Treasurer) are signors on our checking account. Our duplicate checks require two signatures. The account has been set up so that both the Chair and the Treasurer have full online access to both the checking account and the CD account so that at any given time both individuals may check the status of the accounts and may view statements and copies of checks presented to the bank. A notification is also sent to the Chair in the event the balance on the checking account drops below a predetermined level. Additionally, an audit is conducted annually to insure that best practices are met.

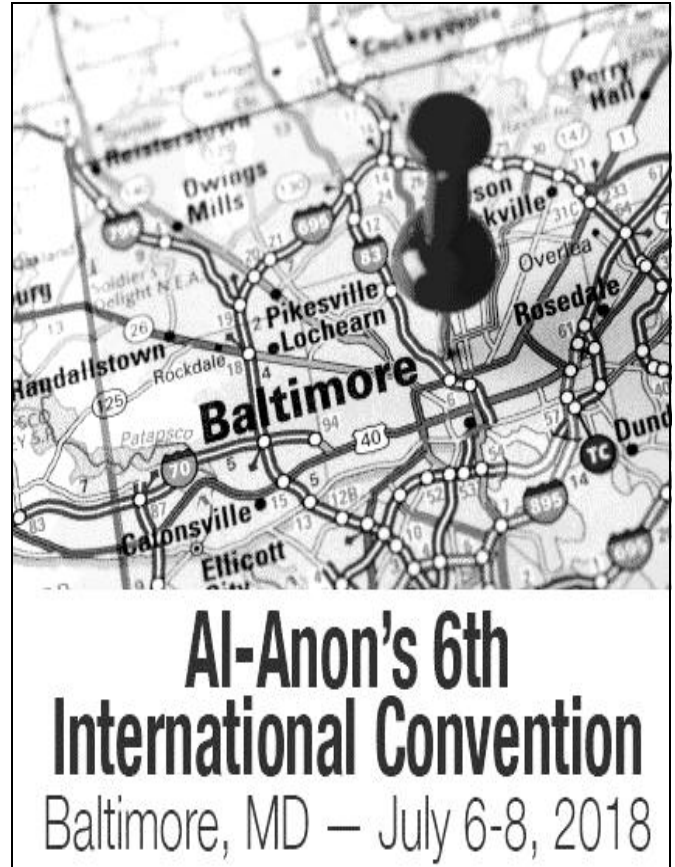
All contribution checks received are copied and placed in a 3-ring notebook, memorializing the contribution. All reimbursement requests and paid invoices are also placed in this notebook. Backups are made of the check register and the spreadsheet on a regular basis.

Finally, the P.O. Box has been set up to allow the Chair full access. The Chair has a key to the box and the Post Office has her contact information in the event of an emergency.

In service,

Tricia L.  
Area 53 Treasurer

Al-Anon International Conventions are a great way to celebrate recovery, meet old friends, make new ones, and perform public outreach! Al-Anon's International Convention is held every five years; our next one will be in Baltimore, Maryland July 6-8, 2018. Al-Anon also participates in A.A.'s International Conventions.



**Our next Al-Anon/Alateen International Convention will be July 5-8, 2018 in Baltimore, Maryland! Now is the best time to start planning your budget to attend. A few important things to consider:**

1. Estimate your travel expense
2. Think about how many others you may want to room with
3. Plan on registering early for the lowest registration price
4. Total these items for a preliminary budget
5. Divide this number by weeks remaining to determine how much to save each week

ETAAA Financial Report 5/07/2016	1 <sup>st</sup> Qtr 3/31/16	2 <sup>nd</sup> Qtr 5/07/16	3 <sup>rd</sup> Qtr 9/30/16	4 <sup>th</sup> Qtr 12/31/16	Total YTD	2016 Budget	Over/(Under) Budget	YTD Validation
<b>Income</b>								
Assembly Surplus	(524.47)	0.00	0.00	0.00	(524.47)			0.00
Fall 2015	(524.47)				(524.47)			
Spring 2016					0.00			
Beacon Income	48.00				48.00	200.00	(152.00)	
Contributions Income	5,387.29	1,004.40			6,391.69	22,800.00	(16,408.31)	
Fall Gratitude Basket					0.00			
Miscellaneous Income					0.00			
<b>Total Income</b>	4,910.82	1,004.40	0.00	0.00	5,915.22	23,000.00	(17,084.78)	0.00
<b>Expenses</b>								
<b>Travel / Expenses</b>	854.04	353.27	0.00	0.00	1,207.31	12,000.00	(10,792.69)	0.00
Alateen Coordinator	125.00	114.84			239.84	1,000.00	(760.16)	
Alateen Liaison					0.00	400.00	(400.00)	
Alateen Process Person	171.93	172.43			344.36	1,000.00	(655.64)	
Alternate Delegate					0.00	600.00	(600.00)	
Archives					0.00	500.00	(500.00)	
Beacon Editor	81.91				81.91	500.00	(418.09)	
Chair	130.68				130.68	800.00	(669.32)	
Delegate					0.00	1,500.00	(1,500.00)	
Group Records		66.00			66.00	500.00	(434.00)	
Public Outreach					0.00	600.00	(600.00)	
Past Delegates					0.00	1,500.00	(1,500.00)	
Past Area Chairperson					0.00	500.00	(500.00)	
Secretary	192.72				192.72	800.00	(607.28)	
Spanish Coordinator					0.00	500.00	(500.00)	
Treasurer					0.00	800.00	(800.00)	
Website Coordinator	151.80				151.80	500.00	(348.20)	
<b>Other Expenses</b>	2,106.45	275.00	0.00	0.00	2,381.45	4,400.00	(2,018.55)	0.00
Beacon Publishing	1,821.45				1,821.45	3,100.00	(1,278.55)	
Storage Unit for Archives	270.00	270.00			540.00	1,080.00	(540.00)	
Transitional AWSC Meeting	0.00	0.00	0.00	0.00	0.00		0.00	
Web Hosting Fee					0.00	120.00	(120.00)	
Audit Committee Expense					0.00		0.00	
Miscellaneous Expense	15.00	5.00			20.00	100.00	(80.00)	
<b>World Service Conference</b>	0.00	700.00	0.00	0.00	700.00	3,200.00	(2,500.00)	0.00
Area's Gifts to WSC		300.00			300.00	300.00	0.00	
Delegate's Equalized Expense to WSC						2,500.00	(2,500.00)	
Delegate's Incidental Expenses to WSC		400.00			400.00	400.00	0.00	

<b>SC Regional Delegate Meeting</b>	2,010.89	0.00	0.00	0.00	2,010.89	3,400.00	(1,389.11)	0.00
Delegate	379.20				379.20	600.00	(220.80)	
Chair	505.82				505.82	600.00	(94.18)	
Immediate Past Delegate					0.00	600.00	(600.00)	
Active Past Delegate	770.87				770.87	1,000.00	(229.13)	
Alternate Delegate	355.00				355.00	600.00	(245.00)	
<b>Total Expenses</b>	4,971.38	1,328.27	0.00	0.00	6,299.65	23,000.00	(16,700.35)	0.00
<b>Net Income Less Expenses</b>	(60.56)	(323.87)	0.00	0.00	(384.43)	0.00	(384.43)	0.00
<b>Extraordinary Income/Expense</b>								
<b>Income</b>								
Returned Seed Money	3,500.00					3,500.00		
Received Attn. Background Checks	52.00	136.50			188.50			
Spring Birthday Basket					0.00			
<b>Total Extraordinary Income</b>	3,552.00	136.50	0.00	0.00	3,688.50			
<b>Expenses</b>								
Seed Money					0.00			
Fees paid Attn Background Checks	52.00	91.00			143.00			
Spring Birthday Basket to WSO					0.00			
<b>Total Extraordinary Expenses</b>	52.00	91.00	0.00	0.00	143.00			
<b>Net Extraordinary Income Less Expenses</b>	3,500.00	45.50	0.00	0.00	3,545.50			
<b>Profit/(Loss)</b>	3,439.44	(278.37)	0.00	0.00	3,161.07			
<b>Checking Account Balance</b>								
Beginning Balance	32,964.99	36,404.43	35,709.36	9/30/2016	11/30/2016			
Increase/(Decrease)	3,439.44	(278.37)	0.00	0.00	3,161.07			
Ending Balance	36,404.43	35,709.36			36,126.06			
<b>Ample Reserve Fund (CD)</b>								
Beginning Balance	13,808.93	13,812.36	0.00	0.00	13,808.93			
Increase/(Decrease)	3.43	0.00	0.00	0.00	3.43			
Ending Balance	13,812.36	0.00	0.00	0.00	13,812.36			

**POSSE Report ~ Norma W.~**

The 22 annual P.O.S.S.E (Program of Sponsors Sharing Everything) Round-up-Weekend was held on March 18-20, 2016. This weekend is a great time for current Alateen Sponsors and Al-Anon members wanting to become certified, to come together for training as well as sharing their struggles and success. There were 20 signed up to, with only 18 attending. We had 2 ladies from Louisiana attend this year. One was the newly elected Area Alateen Coordinator along with another Alateen sponsor. Louisiana does not have a training program in place, so they came to Texas and joined us for the weekend. It was good to share each Area's experience, strength and hope.

This year we used the Texas East Area 53 Alateen Sponsors Training Manual for the training portion of the weekend. It was well received and everyone who attended was given a manual to take home for future reference.

P.O.S.S.E Round up Weekend 2017 will be March 24-26, 2017. Judy R. the District 4 Alateen Coordinator was elected Chairman for next year and Bennie P. will be the registrar.

In Alateen Service

Norma W., P.O.S.S.E. Chairman 2016

**TEA AC Report ~ Pat E. ~**

Dear Al-Anons and Alateens:

The Texas East Alateen Conference was held the last weekend in April at the Disciple Oaks Retreat in Gonzales, Texas. The attendance was down but those attending had a very good conference with the teens bonding and enjoying the weekend.

The original Host Group elected at the end of TEA AC 2015, Way Out Recovery Alateen, League City, notified TEA AC Chairperson, Pat E., that they would not be attending the conference this year and would not host the conference. Pat contacted the Bastrop Alateen Group, Ride to Sanity and they volunteered to be the host group. The conference theme HOPE was selected. In attendance from the entire area, Texas East, was 7 Alateens, 4 boys and 3 girls plus six sponsors, 5 female and 1 male. I talked with the camp director and advised that we could attend with this small number, but they would like to have a minimum of 20 attendees because of the food service.

We had attendance of two groups from District 6, one group from District 4 and one group from District 3. District 4 group, Courage to Change Too, Missouri City, was elected to be the host group for 2017. Pat English was elected for a second term as Chairperson. Bill H. was elected to replace Norma W. as Registrar/Treasurer and Maria D. was elected Secretary for 2017 conference. We are striving to see what can be done to increase the attendance at our Alateen Conference. One of the workshops included Alateens and AMIAS (Al-Anon Member in Alateen Service) was a brainstorming session with suggestions for increasing attendance in Alateen meetings and TEA AC. We have also asked the Area World Service Committee for some input from

members as well as districts to help with suggestions for our concern. This is the 9<sup>th</sup> year that I have attended our Alateen Conference and the attendance has gone down each year.

**~ TEA AC 2016 Brain Storm Session ~**

Bill H. (AMIAS Northland ATN) requested the Sunday closing session to be an open discussion as to what we as Al-Anon and Alateens could do to increase attendance at Alateen meetings and to the Alateen Conference.

- ) Use of fliers and posters. Work with district and Area Public Outreach
- ) Speak to school counselors
- ) The Alateens speak to the counselors, provide pamphlets with information as to what Alateen is
- ) Approach Treatment Centers of availability of Alateen meetings
- ) Bumper stickers
- ) Have Alateens visit Al-Anon and AA meetings and speaking
- ) Have Alateens visit with other Alateen meetings to encourage Conference attendance

The biggest issue the Alateens brought up was transportation to meetings

In regard to lack of male AMIAS for overnight events including Assembly meetings and Conferences

- ) When Alateens speak at meetings, ask for male members to be willing to serve
- ) Have experienced male AMIAS at training workshops to share with newcomers
- ) At Conferences/Conventions/Assembly that Alateens ask for male members to be willing to serve

How to fund conference finances

- ) Donation cans at Coffee stand
- ) Sell desserts at family nights and city speaker events

What can we do to retain newcomers at our Alateen meetings

- ) Have a newcomer meeting
- ) Welcoming atmosphere, no "joking around"
- ) Avoid clique behavior, leave no one out
- ) Engage with the newcomer after the meeting
- ) Always have a warm and friendly atmosphere

It was suggested that Alateens write articles to their District newsletter and the Area newsletter



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Fall Assembly 2016  
November 4 – 6, 2016



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 Group Name \_\_\_\_\_ District # \_\_\_\_\_  
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 \_\_\_\_\_ \$5 Alateen Registration              **PO Box 10022**  
 \_\_\_\_\_ \$20 Luncheon                              **Corpus Christi, TX 78460**  
 Email questions to: [fallassembly2016@gmail.com](mailto:fallassembly2016@gmail.com)  
 When registering, all Alateens must turn in a completed Behavioral Guidelines Form and be accompanied by a responsible, registered adult. Notarized Permission and Medical Forms are to be kept by the responsible registered adult. Forms can be obtained from an Alateen Sponsor or Alateen Coordinator.  
 BUT FOR THE GRACE OF GOD    **KEEP AN OPEN MIND**    Principles Above Personalities    Progress Not Perfection    Listen and Learn  
 Let It Begin With Me    Together We Can Make It    One Day/At A Time

**Area World Service Committee Meeting****May 13, 2016****Kerrville, Texas**

**Chairman:** Kay C. opened the meeting at 9:15 pm.

**Secretary:** David S. called Roll. 24 voting members of the AWSC present. The following AWSC Officers or Coordinators were not in attendance: Beacon Editor. The following Districts had no representative in attendance: District 11. The following AIS/LDCs had no Liaison in attendance: Houston AIS/LDC, Houston Hispanic AIS, San Antonio AIS/LDC, Waco AIS.

A motion was made and approved to accept the Meeting minutes from the AWSC Meeting in Pearland on February 6, 2016 as published in the *Beacon*.

**Treasurer:** Tricia L. gave update on the Area's bank balances. Reported that the interest rate on the ample reserve CD was very low this last year and will be discussing with bank getting a better rate when the CD is renewed. Requested that all officers and coordinators turn in all unpaid expense reports to her by December 1, 2016.

**Area Delegate Report:** Joyce Y. reported that she had a good trip at the 2016 World Service Conference held April 11-15, 2016. Will give a fun or full report on the WSC tomorrow at the business meeting. Presented some opportunities coming up that the area might be interested in.

The 2023 Al-Anon International Convention. Bids must be submitted to WSO by December 1<sup>st</sup>, 2016. Takes a lot of people for host committee (100). Texas West and East would work together to support it. After discussion, Dolores W. will contact the San Antonio Visitor's Bureau and Mattie T. will contact Houston's to check on availability of facilities for June 30-July 2 or July 7-8, 2023.

Meet the Board. Bids must be submitted to WSO by September 16, 2016.

Team Meeting. Area last held one in Austin in 2012. Opportunity to get to know the WSO Board. We set a date and WSO checks to see if they are available for that date. WSO presents workshops and sharing meetings.

Kay C. instructed those in attendance to take back topics of the Meet the Board and Team Meeting to their districts to see if there is interest in having either of these events. Districts interested in hosting the Meet the Board need to bring back a bid to the next AWSC meeting on August 6, 2016. Also bring back ideas regarding the Team Meeting to the AWSC meeting.

**Alternate Delegate Report:** Margaret F. will give her report at tomorrow's Business Meeting. Announced Group Representatives to have a workshop in the morning. She is looking for more participation from GRs and would like to have officers there.

**Unfinished Business:**

**Assembly Guidelines Task Force:** Diane B. reported that work is still in progress.

**Conflict/Resolution (Leadership Support Committee):** Kay reported she has now received job descriptions from all of the officers/coordinators.

**New Business:**

**Alateen Thought Force and Texas East Alateen Conference:** Pat E. and Bill H. gave reports about the last Texas East Alateen Conference. Attendance was very low. Looking for help from the Districts to try increase Alateen interest in the Conference as well as attendance to Assembly. Shortage of male Alateen sponsors. Encouraged Districts to have brainstorming meetings about how to increase Alateen participation.

**Meet the Board, 2023 Al-Anon International and Team Event Interest:** These topics were discussed during Delegate Report (see above).

**Approval of ETAAA Business Meeting Agenda for 5/14/16:** Kay presented the agenda for tomorrow's business meeting. After discussion and amendments motion was made and passed to accept the agenda.

**Assembly Reports:**

Spring 2016 – Kerrville, David S. glad to see everyone here!

Fall 2016 – Corpus Christi, Myrthala C. reported dates of assembly are November 4-6, 2016 in Corpus Christi at the Holiday Inn Downtown. Theme to be "Sea of Miracles". October 14, 2016 hotel reservation cut off.

Spring 2017 - District 4. Mattie reported Spring 2017 Assembly will be held in Sugar Land at the Hyatt Place on May 19-21<sup>st</sup>.

Fall 2017 – District 6. Lori reported Fall 2017 Assembly will be held in Austin at the Holiday Inn Midtown on November 3-5<sup>th</sup>.

**Upcoming AWSC Meetings:**

August 2016 (District 5) Houston, Zion Lutheran Church on Beauchamp

January 2017 (District 7)

August 2017 (District 3)

Meeting was closed with the Al-Anon/Alateen Declaration.

Respectfully Submitted,

David R. S.

## *Al-Anon Faces Alcoholism*

Without member sharings, *Al-Anon Faces Alcoholism*, our most comprehensive annual outreach magazine, wouldn't be possible. Within the last year, Al-Anon members have distributed over 380,000 copies throughout the U.S., Canada, Bermuda, and Puerto Rico. Please help us continue to make this the most successful outreach project in our history!

The goals of *Al-Anon Faces Alcoholism*:

- ) to help potential Al-Anon members get past the obstacles we typically face before we reach out for help, i.e., denial, not wanting to rock the boat, shame and embarrassment to let people know there is a drinking problem, the «myth» that Al-Anon Family Groups is religious, resentment that «they» have a problem, not me, etc.
- ) to let potential members know that we understand
- ) to give comfort and offer a possible solution
- ) to give potential members basic information about Al-Anon and Alateen and let them know we'll be there if and when they want help

Can you go back in time and remember what it was like and write down your thoughts? Would you consider writing a few words about any one of the bulleted items? For instance, perhaps you didn't want to go to Al-Anon because you thought it was religious, or you remember how hard it was to go to your first meeting and what you discovered when you finally got there.

You have something to say to a potential newcomer that will help them find their way to us and we want to hear it.

### **Writing Guidelines**

1. Share an experience from the heart with the focus on yourself, not the alcoholic or others.
2. Relate a personal experience based on a program principle such as detachment, acceptance, a Step, Tradition, or Concept of Service, etc., and give an instance of how and where you used it.
3. Use the first person (I, me, we, us). True personal sharings do not give direction; they express your own experience, strength, and hope. Please avoid the use of the pronoun "you."
4. Avoid generalities, outside issues, treatment center language, and religious philosophy or doctrine. Al-Anon members in other Twelve Step programs, including Alcoholics Anonymous, are asked to write only of their experience in the Al-Anon program.
5. Kindly observe Al-Anon's Twelve Traditions when sharing.

[Send your sharing to \*Al-Anon Faces Alcoholism\*](#)

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